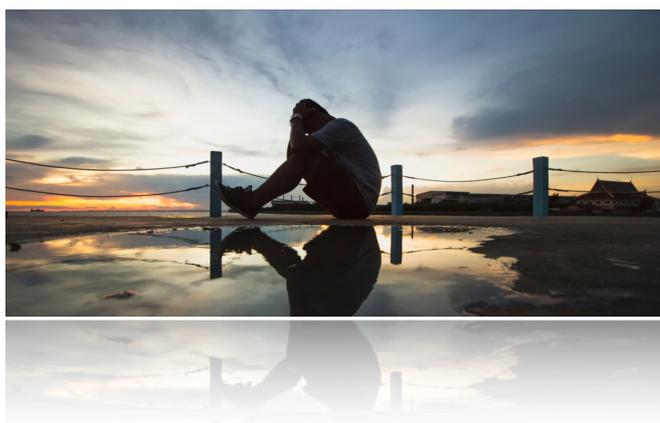


A workforce confident and competent in assessing suicide risk and providing ongoing support to the suicidal person is essential for the prevention of suicide



CONFIDENT & COMPETENT SUICIDE PREVENTION TRAINING SERIES

*An advanced professional
development opportunity for clinicians, therapists, counsellors
and support workers*



TaylorMade Training & Consulting

Promoting wellbeing and facilitating effective suicide prevention and postvention through evidence-based practice and evaluation

P.O. Box 16, Paekākāriki 5258

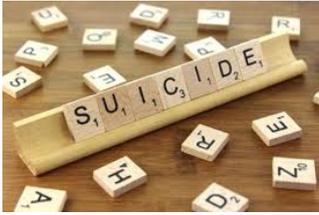
Email: registration@4wellbeing.nz

Office: 04 280 0146

Website: www.4wellbeing.nz

Mobile: 022 104 5060

Me mahi tahi tātou mo te oranga o te katoa - Work together for the wellbeing of everyone



This advanced workshop addresses the concerns raised by coroners and is pitched at the level appropriate for the scope of practice for clinicians, counsellors, psychotherapists or & support workers.

Risky Business: The art of assessing suicide risk and imminent danger

Recent coroners' findings highlighted the need for workers in the health, social services and counselling / psychotherapy sectors to regularly update their knowledge and competency in suicide risk assessment and intervention. This training should be a core part of practitioner's ongoing professional development.

Advanced practitioners such as counsellors, psychotherapists and clinicians should not only be knowledgeable about suicide risk assessment but also highly competent in undertaking an assessment and assessing the level of risk.

The training attended should match the worker's scope of practice. Those working in the non-mental health sectors must be also be competent in making an informed referral to crisis services.

Workshop Description [Click here to view Barry giving an overview of the workshop.](#)

Undertaking a suicide risk assessment is not without its complexities. One size does not fit all. This advanced level workshop provides the opportunity for participants to depth their knowledge and competency in the "art" of assessing suicide risk and imminent danger through empathetic dialogue rather than a more traditional 'checklist' assessment interview process.

The **Conversation of Enquiry** is a series of mini conversations that is client-focused and where the conversation of distress is the primary focus of the enquiry rather than presence of risk factors. This conversation model has been shown to be an effective process in enhancing engagement and eliciting the information required to make an informed assessment of suicide acuity. The conversation ends with a summative assessment task that focuses on nuance and subtlety; degree of reflective insight; wairua; despair to hope and if the person moves from alienation to engagement and reactive to responsive.

Building on foundational or gatekeeper suicide prevention training, the workshop provides a critical analysis of suicide risk factors and the risk assessment process and emphasises the importance of investigating in detail the suicidal moment and interrupting the suicide thought. The research that informs and the rationale for asking the assessment questions will be explored. This assists practitioners to confidently and competently adapt the content or assessment process to best meet the context and the needs of the client, particularly in crisis situations and facilitates greater depth of enquiry It examines the elements essential for establishing a good assessment: rapport.

The content of this course is relevant and applicable to the work of mental health and primary health clinicians; mental health support workers; counsellors and psychotherapists in private practice; school counsellors; frontline health, youth, social service and community workers. Those without previous suicide prevention training would also benefit from attending this workshop.

Topics covered in this practical workshop:

- Overview of the phenomenon of suicide and the 'suicidal moment'
- What is meant by suicide risk? - Predisposing, Precipitating and Perpetuating Risk Factors
- The context of risk – understanding the suicide narrative and contextualising the suicidal thought or act
- A holistic approach to assessment - taking into account physical, emotional, cultural, socio-economic, and spiritual factors or influencers
- The art of assessing suicide risk: From assessment checklist to a conversation of enquiry
- The Summative Risk

What others have said about this workshop

"I have learnt more about risk assessment in this workshop than all the other suicide prevention workshops I have attended combined"
Psychotherapist

"Gave me new insights into something I do everyday"
Mental Health Clinician

"A must attend for counsellors. A rich experience"
Counsellor

"Appreciated how you constantly drew upon the participants' experience. Will leave thinking / reflecting on my current practice"
School Counsellor

"I feel more reassured that our staff have both the knowledge and the competence to undertake a high quality assessment that is person-centred and appropriate for the numerous cultural communities that we work with"

Manager

Confident and Competent Training Series

Consisting of two one-day workshops the Confident and Competent training series provides a comprehensive suicide intervention training programme. Rather than a siloed approach to assessment and support strategies, this training programme highlights the interconnection of the two and presents the two as part of a continuum of suicide care. The two workshops are:

Risky Business: The art of assessing suicide risk and imminent danger

Custodians of Hope: Supporting the suicide person

The training series is designed as a two workshop package but you can opt just to attend one. However because the content and process is designed for a continuum of learning across the two workshops, attendance at only the Custodians of Hope workshop will likely mean a disjointed learning experience for you as the topics covered in Risky Business workshop is referred to throughout the workshop. Evaluation feedback from previous participants shows that the two workshops provided a well rounded training package.

[Click here to view Barry giving an overview of the training series.](#)

Register for both workshops and receive a 20% discount on both registrations - a \$100 saving



Custodians of Hope: Supporting the suicidal person

The primary aim of supporting the suicidal person is to engender a sense of hope and inviting the person to live.

Identifying suicide risk is only one aspect of working with the suicidal person. The increasing demand on mental health services means that front line workers are often having to provide ongoing support for those assessed as not being in imminent danger of suicide.

Coroner's findings have highlighted the need for counsellors in private practice and workers in NGO mental health support organisations and front-line health and social services to be up to date in their competency and capability to engage with the suicidal client and to have good referral processes in place.

Workshop Description [Click here to view Barry giving an overview of the workshop.](#)

Workshop participants will explore a range of engagement, support and safe containment outcomes for supporting the suicidal person post the risk assessment process. These outcomes can be applied to any clinical, counselling, psychotherapeutic or support model. The outcomes are grouped into:

Manaakitanga, Anchoring, Kōrero, Illumination, Interrupting the suicidal thought, Invitation to Live, Custodian of Hope, Restoring the Wairua, Strategies for coping

Also covered are legal and professional practice obligations and implications when working with suicidal people - scope of practice, duty of care, confidentiality and privacy.

This workshop is of value for those working in counselling, psychotherapy or social support settings. While the workshop is focused primarily around non-mental health settings, the workshop content is also relevant to workers in mental health settings.

Topics covered in this practical workshop:

- Legal obligations and implications - Duty of Care, Confidentiality and Privacy Act
- Including whānau and significant others as part of the support team
- Overview of the phenomenon of suicide and the 'suicidal moment'
- Key principles in engaging and supporting the suicidal person
- Custodians of Hope model
- Coping vs Safety plan

"Supportive approaches addresses those factors that distorts, depletes, or suppresses the suicidal person's mauri / life force, and reawakens the enablers that nurtures and sustains it with the aim of the restoring of the person's wairua."

What others have said about this workshop

"The easy to understand concepts and the model of support reduced my anxiety about working with a suicidal person. I leave far more confident and trusting of my skills to be an effective support"
AOD Counsellor

"The many examples you shared from your work enhanced my learning and made the application of the model relevant to my work"
ACC Counsellor

"Insightful, informative and passionate presentation along with your humour engaged me for the whole day."
Psychologist

"Your cultural sensitivity and drawing on Māori understandings of wellbeing made the workshop relevant to my practice."
Counsellor



HEAR AWARD WINNING AND INTERNATIONALLY RESPECTED SUICIDE PREVENTION PRACTITIONER BARRY TAYLOR

Barry has proven leadership over 30 years at local, national and international levels in using community initiatives and strength-based approaches to improve individual and community wellbeing and the prevention of suicide. He has extensive experience in the development, implementation and evaluation of prevention programmes, especially creating collaborative partnerships to prevent or respond to suicide.

Barry's insights are informed by a comprehensive and critical understanding of the research and latest thinking in both the national and international suicide prevention sector. Drawing also on his over 30 years of engaging and supporting suicidal people from different cultures, age groups and genders he offers practical and time proven approaches to assessing risk and providing safe containment and therapeutic support to those experience acute suicidality.

As a health sociologist Barry offers a unique insight into the evolving phenomenon of suicide in the New Zealand context and the critical social and cultural determinants that have influenced it. The workshop is enriched by the learnings from Barry's own lived experience of depression and suicidality and his pathway to recovery. In 2016 he was awarded the NSW Mental Health Commissioner Award in recognition of his outstanding contribution to mental wellbeing and suicide prevention. After a number of years overseas, Barry has returned to New Zealand both passionate and enthused to make a contribution to effective and evidence-based suicide prevention activity.

Workshop Cost

Register online through Humanitix

Earlybird ¹	\$250 + GST
Full	\$320 + GST
Confident & Competent Series ²	\$400 + GST (register for both workshops and save \$100)

Registration Fee includes course readings, workshop notes, morning and afternoon teas and lunch.

¹ Earlybird registration closes 4 weeks prior to workshop

² Arrangements can be made to pay registration fee by instalments. Contact Barry to discuss.

Payment: Payment by Visa or MasterCard. Organisations can request to pay by invoice. At the payment method select Invoice. Payment of invoice must be made within seven days to confirm registration

For further information contact

Barry Taylor, Principal Consultant

Office: 04 280 0146

Mobile: 022 104 5060

Email: registration@4wellbeing.nz

Website: www.4wellbeing.nz

Workshops Locations and Dates Click on dates to register online and further course information

Location	Confidence & Competence Series	Risky Business	Custodians of Hope	Location	Confidence & Competence Series	Risky Business	Custodians of Hope
Auckland	8 July	8 July	10 August	Auckland South	2 July	2 July	29 July
Christchurch	17 August	17 August	15 September	Dunedin	4 August	4 August	3 September
Greymouth	2 August	2 August	31 August	Hamilton	1 July	1 July	27 July
Napier	26 October	26 October	30 November	Nelson	3 August	3 August	1 September
New Plymouth	7 July	7 July	11 August	Palmerston North	23 September	23 September	28 October
Rotorua	19 August	19 August	17 September	Tauranga	29 September	29 September	27 October
Wellington	18 August	18 August	16 September	Whangarei	30 September	30 September	3 November

These workshops can also be delivered in-house for organisations, professional bodies or communities. Contact Barry Taylor to arrange the training. As the business name suggest, TaylorMade does not subscribe to the "one training package fits all" approach and prides itself on ensuring the workshop content is tailored to the training needs of your organisation or community.

WHY CHOOSE TMTC WORKSHOPS

There are now many suicide prevention training courses being offered, so why choose to attend a TaylorMade course over the others. Workshops are designed specifically for the New Zealand context and populations. As a point of difference the TMTC training is at a more advanced level that builds on the information covered in foundation or gatekeeper level courses. That is not to say that people who have had no suicide prevention training would not benefit from attending TMTC workshops. Barry Taylor brings to all his training a wealth of knowledge and experience:

- Extensive experience in working with suicidal people of diverse backgrounds: culturally, sexuality and gender diverse, socio-economic.
- Recognised leading thinker in promoting mental wellbeing and applying wellbeing principles to community and clinical settings
- Connected to suicide prevention researchers and practitioners internationally
- Comprehensive coverage of subject matter evidence-based, culturally wisdom informed and aligned to the latest best practice wisdom
- Workshops are rich with many teaching examples and case studies of people worked with and the clinical insights gained
- Informed lived experience
- Commitment to Treaty of Waitangi and inclusive of diverse cultural models in training.
- Sat on numerous clinical, government and international advisory committees on wellbeing and suicide.
- Evaluation feedback unanimously rates the training to be of a high standard, with concepts communicated in plain language and offering practical strategies that can readily be implemented.