



Health Coach

Permanent Part-time (0.8 FTE)

Stepping Stone Trust (SST) is a Charitable Trust that offers a range of community-based support services for adults, youth and families who live in Canterbury and Dunedin. We currently have a vacancy for a Health Coach (0.8 FTE) within the Te Tumu Waiora partnership in the Adult Community Team that will involve working across GP practices in Christchurch.

Mō Te Tūnga | About the role

As a Health Coach you connect directly with patients to assist and motivate them to make positive lifestyle changes to improve their health and wellbeing. The role involves being an integral part of the general practice team and working closely with individuals and their families to promote behaviour changes and develop behaviour-change action plans. Often you would serve as the patient's liaison person to bridge the gap between clinician and patient and provide cultural as well as emotional support.

This is a permanent part-time role – (0.8 FTE) based at Village Health, Spreydon.

Mōu | About you

We would like you to have the ability to build and maintain positive working relationships with tāngata and colleagues. You are a skilled practitioner who can help people achieve and/or set clear goals and support them to implement the plan in a culturally safe way.

- You have a compassionate and caring nature combined with a strong work ethic.
- Ability to engage and develop good relationships with tāngata and kaimahi within the medical practice.
- A willingness to commit to and support the bicultural journey that Stepping Stone Trust is on as we live out our partnership under Te Tiriti o Waitangi principles.
- A Level 4 Certificate in Health & Wellbeing (Mental Health & Addictions) or equivalent.
- A background in nutrition with established skills in advocacy.
- Strong organisational and communication skills across a variety of formats.
- Be able to contribute to a multi-disciplinary team setting.
- A strong level of computer literacy demonstrating your confidence in using MS Office, email and internet applications and the skills to learn new systems (such as the practice patient management system).
- A full, clean driver's licence.

Tā mātou mahi | We offer

We offer a supportive environment where you can learn and grow in your expertise. You will join whānau that lives by our values and enjoys making a difference in lives of our tāngata. You will be looked after as much as we look after our tāngata. We would like you to thrive in your role and offer training where needed. Paid birthday leave (after six months employment).

Mō mātou | About us

The Canterbury Te Tumu Wairoa service is a partnership between General Practice's and Non-Governmental organisations to help people in the community to improve their wellbeing.

Stepping Stone Trust is a faith-based organisation, delivering mental health recovery services, and our mission is to journey with people to find a place of standing, hope, recovery, and wellness. We champion our values of **Faith, Grace, Hope, Love, and Integrity** in our work by bringing the best of ourselves to every situation and put the wellbeing of all the people we care for, first.

Applications close 5pm Friday 28th February, 2025.

If you are interested in this role and have a passion for helping and supporting tāngata in our community, then we would love to hear from you. For further information and/or a Position Description please contact Rachel on 03 338 6390 or email recruitment@stepstone.org.nz. We look forward to receiving your cover letter and CV.

Applications are reviewed as we receive them, and interviews may take place prior to the closing date. We reserve the right to hire employees and close a job before the advertised closing date. We are unable to consider applications from anyone who does not currently have the right to legally work in Aotearoa. All applicants **must** be eligible work in New Zealand.

Stepping Stone Trust is an Equal Opportunities Employer, and we strive to attract and maintain a diverse workforce. We are committed to providing a working environment that embraces and values diversity and ensures a positive culture for people to work in.

*** Our organisation has a strong commitment to safeguarding vulnerable people; and any employees will be vetted to a level appropriate to the role for which they have applied.*