

STATEMENT OF ACCOUNTABILITY

Clinical Youth Mobile Worker

Role Context

The Youth Mobile service provides support for young people (age 14 to 24) who are experiencing significant distress regarding their mental wellbeing. The goal of the team is to work towards recovery and assist tāngata to function within the community. This team works closely alongside CDHB Specialist Mental Health Services.

Role, Purpose and Scope of Role

Clinical Youth Mobile staff provide a brief and intensive service to young people and their whānau. This role has regular contact with tāngata, visiting frequently as required.

Key Relationships

Accountable / Reports to

Youth Mobile Team Lead and Community Services Manager

Relationships With

- Senior Leadership
- Other SST Services
- SMHS / other health professionals
- CAF case managers
- Community groups
- Youth Groups, Schools, Sports Clubs
- Tāngata / whānau
- Other professionals.

Core Functions of Role

CLIENT ENGAGEMENT & SUPPORT

- Establish and attend appointments with tāngata, as arranged.
- Support tangata to attend other pertinent appointments as required.
- Break down goals into manageable steps and support them in achieving the goals set.
- Engage with other significant people in the tangata's life (with their permission)
- Seek to increase tāngata social functioning and engagement – e.g. supporting sport and recreational activities, school attendance, participation in community activities etc.

Expected Outcome

Working towards recovery, engage regularly with tangata for the purpose of monitoring their mental health, supporting tangata through crisis, and working towards goals in a way that reflects your professional practice competencies

CLIENT FILES, PLANNING AND REPORTING

- Complete forms as required to ensure tangata files are comprehensive and up to date.
- Establish, record, monitor and review tangata goals, in liaison with the tāngata and CAF case manager.
- Write thorough and professional individual tāngata progress notes each shift, reflecting tangata mental health state, and progress on goals.
- Ensure the tangata has an up-to-date safety plan that is reviewed regularly to manage and assess risk.

Expected Outcome

To have thorough and accurate individual client files, easy to follow client goal plans, and accurate statistics about work undertaken

LIAISON WITH TANGATA SUPPORTS

- Communicate frequently to the services connected to the tangata.
- Seek to engage with and work together with other significant people in the tangata's life – e.g. parents, flatmates, school supports.
- Work collaboratively with colleagues and SMHS to provide support/assistance/advocacy in complex situations.

Expected Outcome

To communicate frequently and effectively with significant support people in the tangata's life.

SELF-LEADERSHIP AND DEVELOPMENT

- Plans own professional development and course participation across each year, in consultation with Youth Mobile Team Leader scoped within the Performance Appraisal goal setting process.
- Arranges and proactively engages in regular external Supervision.
- Manages time across shift to meet all expectations of the role.
- Effectively uses any down time for tasks useful for the wider team.
- Recovery skills applied reflect best practice therapeutic models.

Expected Outcome

Self-manages workload and clinical work practice. Proactively seeks out professional development and demonstrates the ability to take on leadership aspects when needed.

TEAM PARTICIPATION

- Liaise with other team members to ensure personal safety and promote professional best practice for all members.
- Communicate clearly with others around tangata wellbeing, needs and risk concerns.
- Attend and be an active contributor to team meetings and peer supervision
- Communicate proactively about operational matters.

Expected Outcome

To be a lead contributor to a culture of clear communication and teamwork which fosters inclusive and supportive team functioning.

Education and Qualifications

Full registration as a Social Worker or Occupational Therapist, or full membership with either NZAC or NZCCA and Te Whatu Ora accreditation for Counsellors.

Technical or Professional Knowledge, Skills and Experience

Attributes

- Experience in working with young people experiencing mental distress and/or substance abuse issues.
- Knowledge and utility of networking in the youth context.
- Proven skills in client engagement, planning and implementation.
- Demonstrates short-, medium- and long-term planning capability, with managed follow up processes
- Experience working across a range of youth services.
- Ability to co-ordinate administrative functions to ensure timely reporting
- Awareness of changes in service delivery needs from funder and adjusts strategies to reach a result
- Strategically uses communication to produce enthusiasm and foster an atmosphere of open exchange and support
- Develops rapport easily; addresses issues positively; competent in verbal and written communication
- Aligns with team's values and composition; aware of own strengths and how they affect other people in the team
- Works collaboratively

Knowledge

- eg. The specific knowledge required for the role (legislation, training etc).*
- Knowledge of Youth Health issues (physical, sexual & and recovery in mental distress)
 - Experience and knowledge working in the community context
 - Demonstrates an understanding of administrative systems that ensure clinical processes are properly supported

General Competencies

Alignment to Core Values

Alignment to the vision, mission and core values of SST

- **Faith** – supporting tangata and staff to explore spiritual beliefs as a pathway to wellness
- **Grace** – accepting and respecting people regardless
- **Hope** – every person has value, potential and new possibilities
- **Love** – being professional and showing respect in all of our relationships
- **Integrity** – practising accountability with each other and stakeholders.

Teamwork

Maintains healthy team relationships especially with respect to handling conflict; aware of differences in personalities and the importance of positive relationships to achieve outcomes

Teachable

Desires to learn best practice; follows instruction. Able to adapt learned skills to the SST environment.

Communication

Develops rapport easily; addresses issues positively; competent in verbal and written communication

Team Fit

Aligns with team's values; aware of own strengths and how they affect other people in the team

Verification

We agreed that this Statement of Accountability accurately reflects the key responsibilities of the position at today's date.

Employee Name:

Signature: _____

Date Signed: _____

Service Manager:

Signature: _____

Date Signed: _____

This Statement of Accountability will be reviewed at least once a year during the course of the Performance Review Meetings. Any changes which need to be made will be signed off by the responsible Senior Management Team member, and People & Capability.