



Do you know about ADOM?

The Alcohol and Drug Outcome Measure (ADOM) is a tool that helps you and your Alcohol and Other Drug worker to look at changes in your health, wellbeing and circumstances over time.

ADOM can be used to support your recovery planning and progress. It's completed by you – your worker can help you with this.

To discuss your ADOM ratings and feedback with your worker or to find out more, go to:

www.tepou.co.nz/initiatives/alcohol-and-drug-outcome-measure