

Manaaki

**He aroha whakatō
He aroha ka puta mai**

If kindness is sown, then kindness
is what you shall receive

We support, care for, tend to, and show generosity to others in all that we do. We seek to uphold the dignity, and protect and enhance the mana of others through our work. We take time to know people and what is important to them, and establish positive and authentic relationships.



Keeping it real
Kia pono te tika

Respect, Manaaki, Hope, Kotahitanga, Wellbeing, and Whanaungatanga are the Keeping it Real | Kia Pono te Tika values

For more information go to: tepou.co.nz/keeping-it-real

Hope

**He rā ki tua, he rā
mokopuna pea**

Tomorrow is another day,
a superb day perhaps

We believe that hope is fundamental to wellbeing, and a life that has meaning and value for the person is always possible. We support people to have hope.



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Kotahitanga

**Huihui ka tū,
wehewehe ka hinga**
United we stand, divided we fall

We work together in unity and with a common purpose to promote wellbeing. We weave together the rich diversity of our perspectives, acknowledging the work of those who have come before us, to enhance our collective effectiveness.



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Wellbeing

Tū pakari tonu mai e te Whare Tapa Whā

Let the house of health and
wellbeing stand strong

We focus on wellbeing, encompassing all dimensions of health: tinana (physical), hinengaro (mental and emotional), whānau (social), and wairua (spiritual). We work to understand tāngata whai ora perspectives of wellbeing.



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Whanaungatanga

**Ka haruru te tapuwae
ki te marae, ka ea, ka ea**

The sharing of both joy and anguish
with whānau is healing and heartening

We believe that a sense of connection and belonging is fundamental to wellbeing. We prioritise being in relationship with people and support their relationships with others, to enhance a sense of belonging for all. We value communities and connections to communities.



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Respect

Manaaki atu, manaaki mai

Valuing all people, ourselves
and those we work with

We respect tāngata whai ora and whānau, their world views, values, and choices they make. We believe respect is fundamental to all human relationships. We understand respect as a right.



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