

Manaaki

He aroha whakatō
He aroha ka puta mai

If kindness is sown, then kindness
is what you shall receive

Respect, Manaaki,
Hope, Partnership,
Wellbeing and
Whanaungatanga are the
Let's get real values

For more information
about Let's get real go to:
www.tepou.co.nz/letsgetreal

Let's get real 

*Real Skills for working with people and whānau
with mental health and addiction needs*

We support, care for, tend to and show generosity to others in all that we do. We seek to uphold the dignity and protect and enhance the mana of others through our work. We take time to know people and what is important to them, and to establish positive and authentic relationships.

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MANATŪ HAUORA



Hope

He rā ki tua, he rā
mokopuna pea

Tomorrow is another day,
a superb day perhaps

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Partnership

Kia kotahi te hoe

Paddle in unison



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Wellbeing

Tū pakari tonu mai e te Whare Tapa Whā

Let the house of health and
wellbeing stand strong!

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Whanaungatanga

Ka haruru te tapuwae
ki te marae, ka ea, ka ea

The sharing of both joy and anguish
with whānau is healing and heartening

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 MINISTRY OF
HEALTH
MANATŪ HAUORA


TE POU

Respect

Manaaki atu, manaaki mai

Valuing all people, ourselves
and those we work with



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