

Who I am
is important to me.
Acknowledge my
life story



Take a moment and think about the message on this card.

Who I am is important to me. Acknowledge my life story.

- What does this mean to you?
- What could this mean for the older adults you support?
- What is one thing you could do to meet this need for the older adults you work with?



My spirituality
is important to me.

Ask me about
my wairua

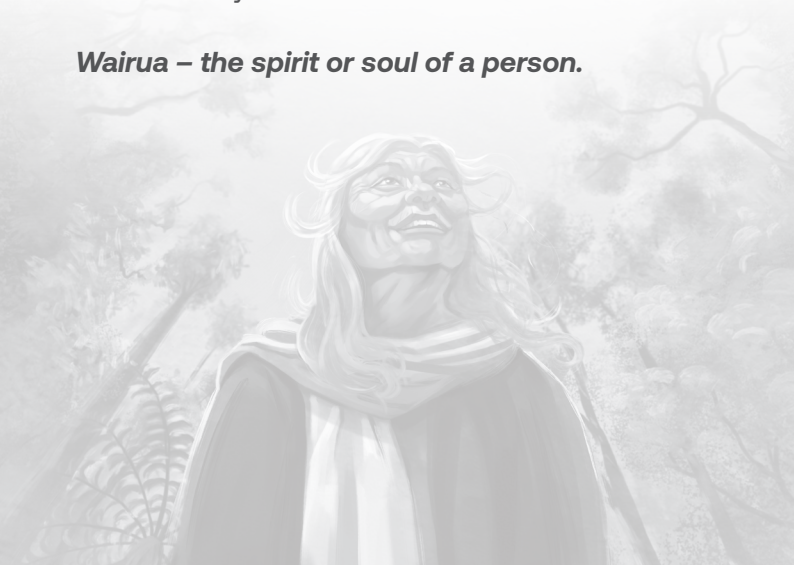


Take a moment and think about the message on this card.

My spirituality is important to me. Ask me about my wairua.

- What does wairua mean to you?
- What could this mean for the older adults you support?
- What is one thing you could do to make sure you are meeting this need for the older adults you work with?

Wairua – the spirit or soul of a person.



Whānau and friends
are important to me.
Involve the people
I care about



Take a moment and think about the message on this card.

Whānau and friends are important to me. Involve the people I care about.

- What does whānau mean to you?
- What could this mean for the older adults you support?
- What is one thing you could do to make sure you are meeting this need for the older adults you work with?

Whānau – family, extended family. The term is sometimes used to include friends.



Having a voice
is important to me.
Listen to my
choices



Take a moment and think about the message on this card.

Having a voice is important to me. Listen to my choices.

- What does this mean to you?
- What could this mean for the older adults you support?
- What is one thing you could do to meet this need for the older adults you work with?



I have mana.
Uphold my dignity



Take a moment and think about the message on this card.

I have mana. Uphold my dignity.

- What does mana mean to you?
- What could this mean for the older adults you support?
- What is one thing you could do to meet this need for the older adults you work with?

Mana – prestige, authority, control, power, influence, status, spiritual power, charisma.

