



PRIMHD summary report – HoNOS

Health of the Nation Outcomes Scales – working age adults report for New Zealand

This report summarises national Programme for the Integration of Mental Health Data (PRIMHD) data submitted by Te Whatu Ora Districts. In particular, it presents Health of the Nation Outcomes Scale (HoNOS) data for working aged adults, from services where HoNOS is the primary measure.

This report is organised into three major sections that provide information about:

- 1. Outcomes related information:** This provides indications about what changes have occurred for service users between entering and leaving the service. Outcome is assessed by comparing the group admitted and the group discharged from the service in the same time period. This should provide a reasonable indication of outcomes achieved unless the service user mix has changed significantly over the usual period for which service is delivered.
- 2. Service related information:** This provides information about the services, such as the overall severity of service users who use different services.
- 3. Collection completion and validity:** This details the completeness of the data set provided by your mental health services. This is important because it indicates how valid and reliable the data sets are likely to be. The less complete the data set, the less valid the information is likely to be.

In many cases the data is presented graphically for New Zealand, and then presented as a table for the individual team types (see team type classification factsheet).

The time period covered differs for the different data presented. See the title or the notes under the graphs or tables for information about the time period covered. Unless otherwise stated, the notes under the graphs also apply to the corresponding table.

For all graphs and tables, if there are less than twenty cases in the data set, then the information is not presented. This is because small samples frequently provide inaccurate and potentially misleading results. See the notes and user guide for other important information about the graphs and tables.

Where appropriate, the statistical **confidence interval** is presented. This is shown by error bars (small lines above and below the average) on the graphs, and a score range in some tables. As a rule of thumb, if the confidence intervals of two data points do not overlap, the two points can be considered to be significantly different. If the confidence intervals of the data points do overlap, we assume the points are not significantly different. It is important to note that statistical significance may not indicate a clinically significant difference.

See the associated user guide for more information about how to understand and use the data presented in this report.

Data for tables and graphs was extracted 26 July 2026 from PRIMHD by Te Whatu Ora, then analysed and formatted by Te Pou.

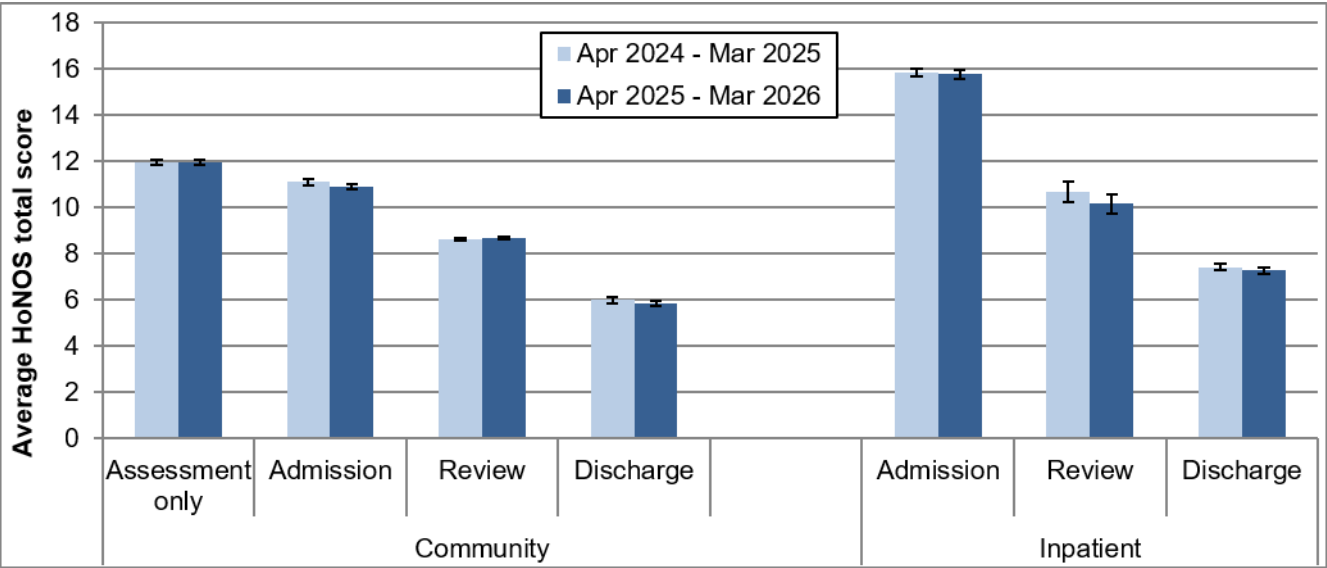
PLEASE NOTE:

For this period a few Te Whatu Ora Districts have incomplete data which will affect New Zealand totals.

1. Outcomes – changes in service user status

This section presents HoNOS data indicating the status of service users at different stages of their contact with Te Whatu Ora District mental health services. Graph and Table 1, and Graph 2 show results from HoNOS total scores. Graphs and Tables 3 to 5b show results related to the percentage of HoNOS items in the clinical range. Table 6 shows results from the Index of Severity derived from HoNOS scores.

Graph 1: Average HoNOS total score (12 items) by collection type: New Zealand, Apr 2024 – Mar 2025 and Apr 2025 – Mar 2026



Notes: Error bars indicate the confidence intervals around the data point. If error bars overlap, the data points are not significantly different. Community discharge does not include discharge to an inpatient unit.

Interpretation: Decrease between admission and discharge is an indication of the outcomes achieved by the service user and service. The greater the decrease between admission and discharge, and the lower the average HoNOS score at discharge, the more positive the outcome.

Target: A greater decrease from admission to discharge and lower average rating at discharge.

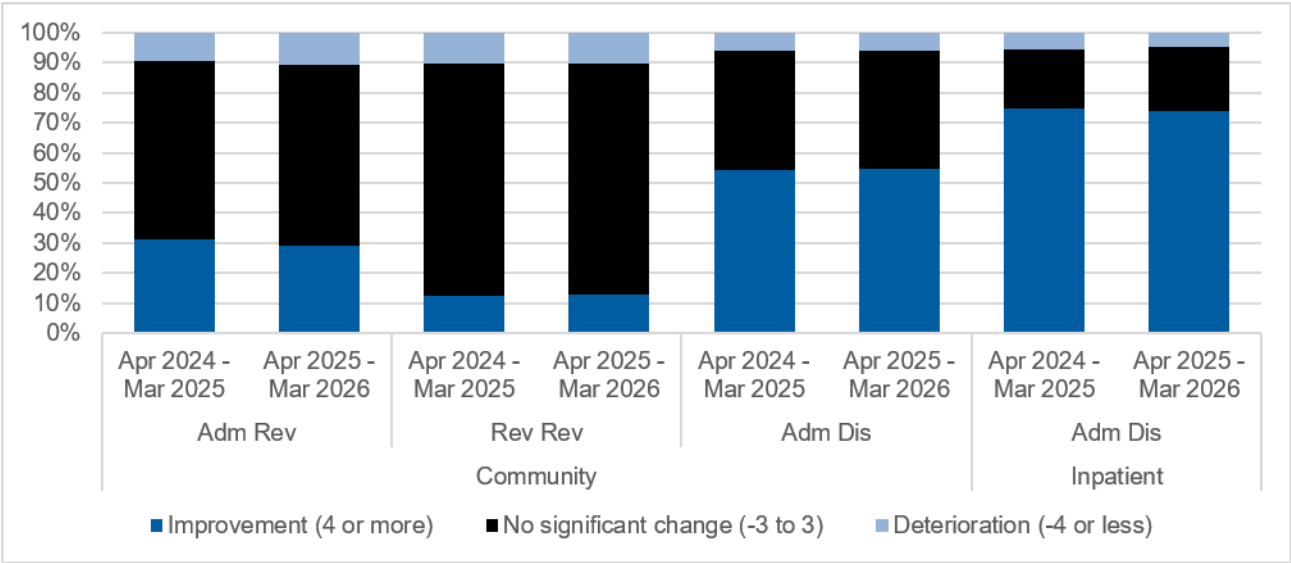
Table 1: Average HoNOS total score (12 items), by collection type and team: New Zealand, Apr 2025 – Mar 2026

Team type	Assessment only			Admission			Review			Discharge		
	N	Mean	CI	N	Mean	CI	N	Mean	CI	N	Mean	CI
Community services												
Alcohol and drug team	366	13.0	12.3-13.6	317	11.4	10.8-11.9	1,108	7.6	7.2-7.9	188	7.6	6.7-8.5
Child and youth team	67	9.2	8.2-10.3	34	9.3	7.3-11.4	179	9.0	8.2-9.8	101	6.1	5.2-6.9
Co-existing problem team				23	13.9	10.5-17.4	80	11.7	10.6-12.9			
Community team	9,095	12.1	11.9-12.2	6,902	11.0	10.9-11.2	28,889	8.6	8.6-8.7	4,985	5.9	5.8-6.0
Early intervention team				155	9.9	8.9-10.9	755	7.8	7.4-8.3	127	5.5	4.5-6.5
Eating disorders team	48	13.2	11.4-15.1	270	12.1	11.4-12.7	441	11.2	10.7-11.8	156	6.8	6.0-7.5
Forensic team				21	13.7	9.7-17.6	72	8.4	6.9-10.0			
Kaupapa Māori team	65	12.0	10.5-13.4	243	11.3	10.4-12.1	2,014	9.7	9.4-10.0	110	7.0	5.8-8.2
Maternal mental health team	166	9.8	9.0-10.5	928	9.5	9.3-9.8	1,152	7.2	6.9-7.4	775	4.2	3.9-4.4
Needs assessment and service coordination team	129	12.0	11.1-12.9	58	12.2	10.5-14.0	694	11.4	10.9-11.9	39	8.8	6.9-10.6
Older people team				59	12.8	11.0-14.6	80	12.1	10.2-13.9	46	8.7	7.3-10.0
Pacific people team				200	9.0	8.2-9.9	890	6.8	6.5-7.1	87	4.7	3.8-5.6
Specialty team	331	10.1	9.6-10.7	59	14.3	12.5-16.0	237	11.3	10.5-12.0	27	12.0	8.8-15.1
Total	10,319	12.0	11.9-12.1	9,288	10.9	10.8-11.0	36,631	8.7	8.6-8.7	6,663	5.8	5.7-6.0
Inpatient services												
Alcohol and drug team				182	11.9	11.3-12.6				174	9.4	8.8-10.0
Eating disorders team				22	12.8	10.2-15.5						
Forensic team				23	9.3	5.6-13.1	139	11.4	10.5-12.3	35	3.3	1.9-4.6
Inpatient team				7,056	15.9	15.8-16.1	987	10.0	9.5-10.4	5,417	7.2	7.1-7.4
Maternal mental health team				82	12.4	11.1-13.7				75	6.4	5.0-7.8
Older people team				39	14.8	12.3-17.4				27	8.4	6.3-10.6
Total				7,407	15.8	15.6-16.0	1,137	10.2	9.8-10.6	5,746	7.3	7.1-7.4

Notes: N = number of collections in period. Average = average HoNOS (12 item) score, CI = confidence interval for average score. Community discharge does not include discharge to an inpatient unit.

Interpretation: If confidence intervals for two scores do not overlap, then the scores have a statistically significant difference. It is important to note that statistical significance may not indicate a clinically significant difference.

Graph 2: Difference in HoNOS total score (12 items) for matched pairs by pair type and setting, New Zealand, Apr 2024 – Mar 2025 and Apr 2025 – Mar 2026



Notes: Shows the difference of the matched pair between the start and end HoNOS total score. Community admission to discharge includes discharge no further care and discharge other.

Interpretation: The graphs compare two time periods. Dark blue band indicates percentage improvement within the given time period, while black band indicates no significant change and light blue deterioration. Improvement = 4 or more, no significant change = -3 to 3 and deterioration = -4 or less.

Target: A greater percentage increase in improvement for both community and inpatient settings and a smaller percentage in deterioration.

Table 2: Difference in HoNOS total score (12 items) for matched pairs by pair type and team, community New Zealand, Apr 2025 – Mar 2026

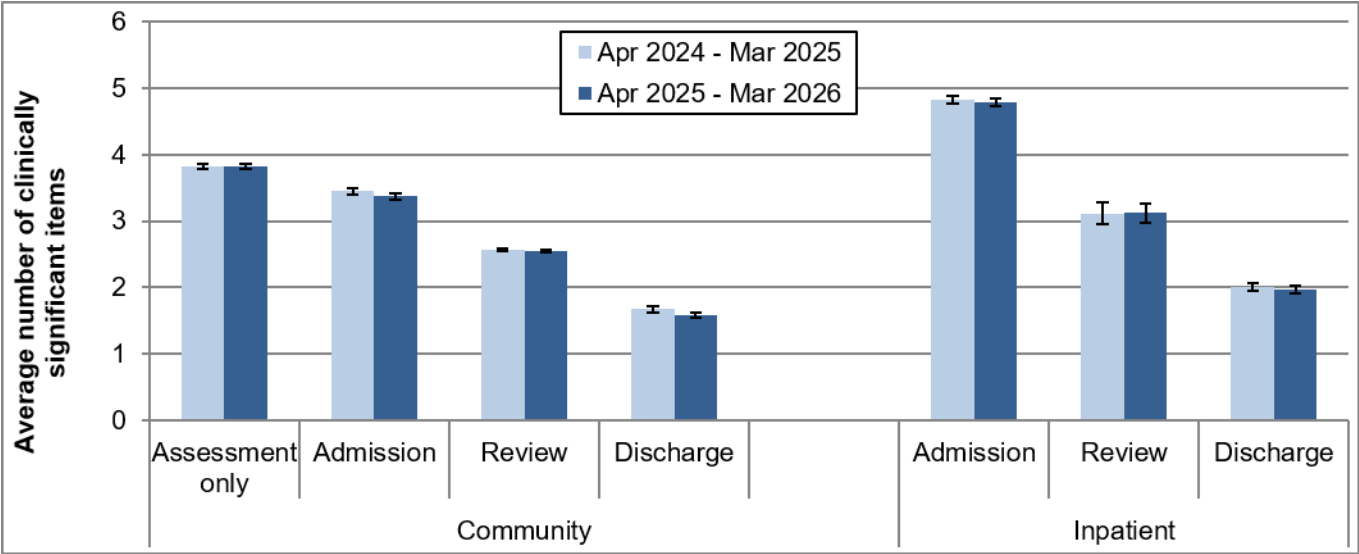
Team Type	Com Adm Rev				Com Rev Rev				Com Adm Dis			
	↓ Det	No SC	↑ Imp	N	↓ Det	No SC	↑ Imp	N	↓ Det	No SC	↑ Imp	N
Alcohol and drug team	9%	61%	30%	44	14%	70%	15%	383	11%	46%	43%	84
Child and youth team					14%	68%	18%	22				
Co-existing problem team					26%	70%	4%	23				
Community team	11%	60%	28%	1,578	10%	78%	12%	11,545	7%	41%	53%	2,252
Early intervention team	18%	52%	30%	50	15%	64%	20%	202	10%	27%	63%	62
Eating disorders team	15%	66%	19%	47	8%	73%	19%	145	3%	45%	52%	94
Kaupapa Māori team	11%	50%	39%	107	14%	74%	12%	1,137	6%	35%	60%	52
Maternal mental health team	2%	68%	30%	246	6%	80%	14%	398	1%	33%	65%	488
Needs assessment and service coordination team					6%	86%	8%	176				
Older people team					23%	64%	14%	22	4%	42%	54%	26
Pacific people team	22%	46%	32%	59	12%	72%	16%	392	9%	32%	59%	56
Specialty team					7%	87%	6%	84				
Total	11%	60%	29%	2,176	10%	77%	13%	14,543	6%	39%	55%	3,155

Notes: Shows the difference of the matched pair between the start and end HoNOS total score. Community admission to discharge includes discharge no further care and discharge other.

Interpretation: Improvement (↑Imp) = 4 or more, no significant change (No SC) = -3 to 3 and deterioration (↓Det) = -4 or less.

Target: A greater percentage increase in improvement for community setting and a smaller percentage in deterioration.

Graph 3: Average number of clinically significant HoNOS items by collection type: New Zealand, Apr 2024 – Mar 2025 and Apr 2025 – Mar 2026



Notes: Average number clinically significant items = the average number of items in the clinical range (2, 3 or 4) per collection. Community discharge does not include discharge to an inpatient unit.

Interpretation: Points are significantly different if error bars don't overlap. A decrease between admission and discharge is an indication of the outcomes achieved by the service and service user. A greater decrease between admission and discharge indicates a better outcome. A lower admission score could be indication of service users seeking out and being engaged by services at a lower level of severity.

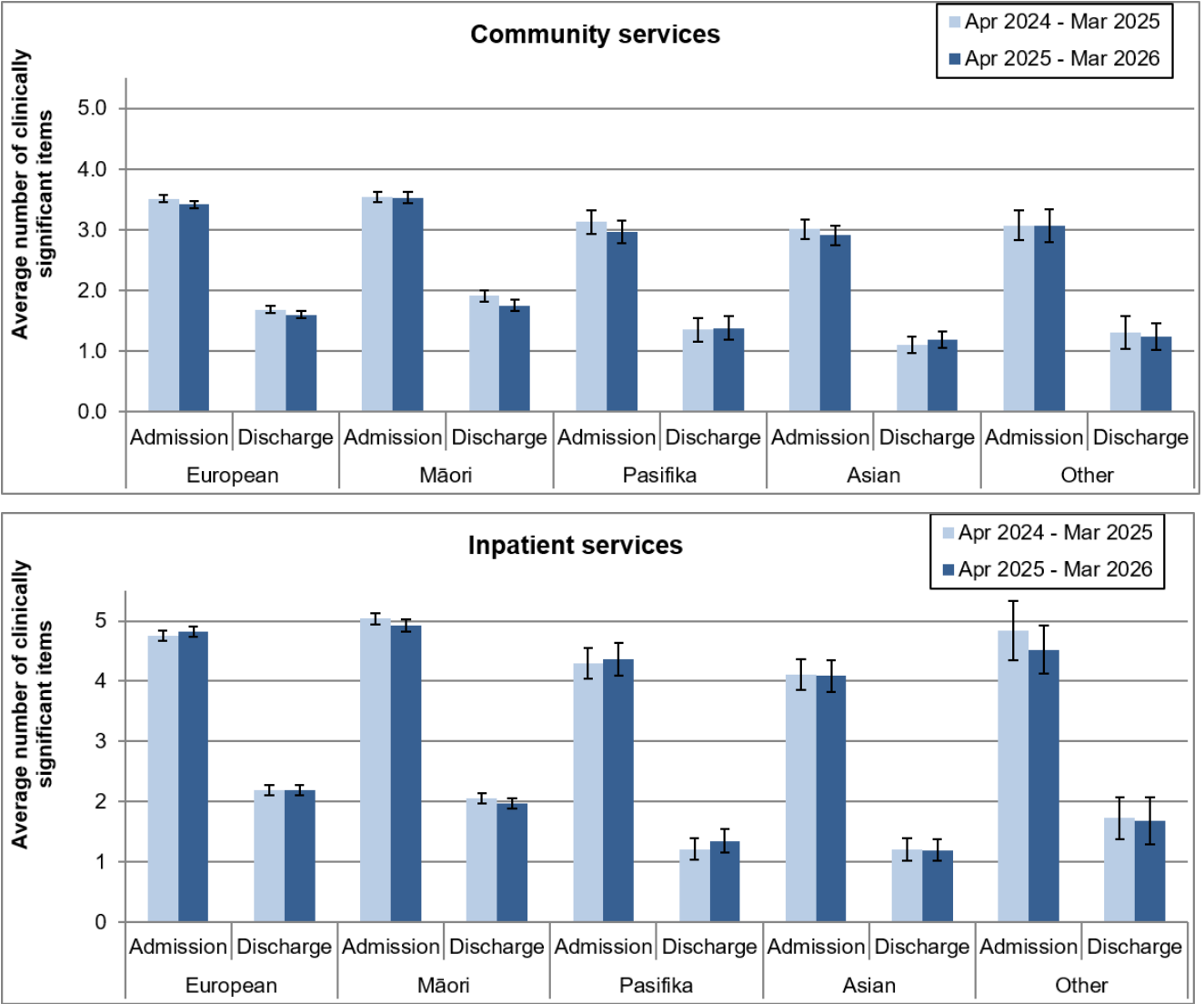
Target: A greater decrease from admission to discharge and smaller percentage in clinical range at discharge

Table 3: Average number of clinically significant HoNOS items by collection type and team: New Zealand, Apr 2025 – Mar 2026

Team type	Assessment only			Admission			Review			Discharge		
	N	Mean	CI	N	Mean	CI	N	Mean	CI	N	Mean	CI
Community services												
Alcohol and drug team	366	4.1	3.9-4.3	317	3.6	3.3-3.8	1,108	2.3	2.2-2.4	188	2.3	1.9-2.6
Child and youth team	67	2.8	2.4-3.3	34	2.8	2.1-3.5	179	2.7	2.4-3.0	101	1.6	1.3-2.0
Co-existing problem team				23	4.3	3.1-5.4	80	3.5	3.1-3.9			
Community team	9,095	3.9	3.8-3.9	6,902	3.4	3.4-3.5	28,889	2.5	2.5-2.6	4,985	1.6	1.6-1.7
Early intervention team				155	3.0	2.7-3.4	755	2.3	2.2-2.5	127	1.5	1.1-1.8
Eating disorders team	48	4.0	3.3-4.6	270	3.7	3.4-3.9	441	3.4	3.2-3.6	156	1.8	1.5-2.1
Forensic team				21	4.1	2.6-5.6	72	2.4	1.8-2.9			
Kaupapa Māori team	65	3.7	3.1-4.3	243	3.3	3.0-3.6	2,014	2.7	2.6-2.9	110	1.9	1.4-2.4
Maternal mental health team	166	3.1	2.8-3.4	928	3.0	2.9-3.1	1,152	2.1	2.0-2.2	775	1.0	0.9-1.1
Needs assessment and service coordination team	129	3.5	3.1-3.9	58	3.9	3.3-4.6	694	3.5	3.3-3.7	39	2.6	1.8-3.3
Older people team				59	4.1	3.5-4.7	80	3.8	3.2-4.5	46	2.7	2.2-3.1
Pacific people team				200	2.9	2.6-3.2	890	1.8	1.7-1.9	87	1.2	0.9-1.5
Specialty team	331	3.0	2.8-3.2	59	4.4	3.8-5.0	237	3.7	3.3-4.0	27	3.4	2.3-4.6
Total	10,319	3.8	3.8-3.9	9,288	3.4	3.3-3.4	36,631	2.6	2.5-2.6	6,663	1.6	1.5-1.6
Inpatient services												
Alcohol and drug team				182	3.1	2.9-3.3				174	2.8	2.6-3.0
Eating disorders team				22	4.0	3.0-5.0						
Forensic team				23	3.0	1.8-4.2	139	3.8	3.4-4.2	35	0.5	0.2-0.9
Inpatient team				7,056	4.8	4.8-4.9	987	3.0	2.9-3.2	5,417	2.0	1.9-2.0
Maternal mental health team				82	4.0	3.6-4.5				75	2.0	1.4-2.5
Older people team				39	4.3	3.5-5.1				27	2.3	1.6-3.1
Total				7,407	4.8	4.7-4.8	1,137	3.1	3.0-3.3	5,746	2.0	1.9-2.0

Notes: N = number of collections in period. Average = average number of HoNOS items in the clinically significant range (ie scoring 2, 3, or 4). CI = confidence interval for average score. Community discharge does not include discharge to an inpatient unit. **Interpretation:** If confidence intervals for two scores do not overlap, then the scores have a statistically significant difference. It is important to note that statistical significance may not indicate a clinically significant difference

Graph 4: Average number of clinically significant HoNOS items at admission and discharge by ethnic group: New Zealand, Apr 2024 – Mar 2025 and Apr 2025 – Mar 2026

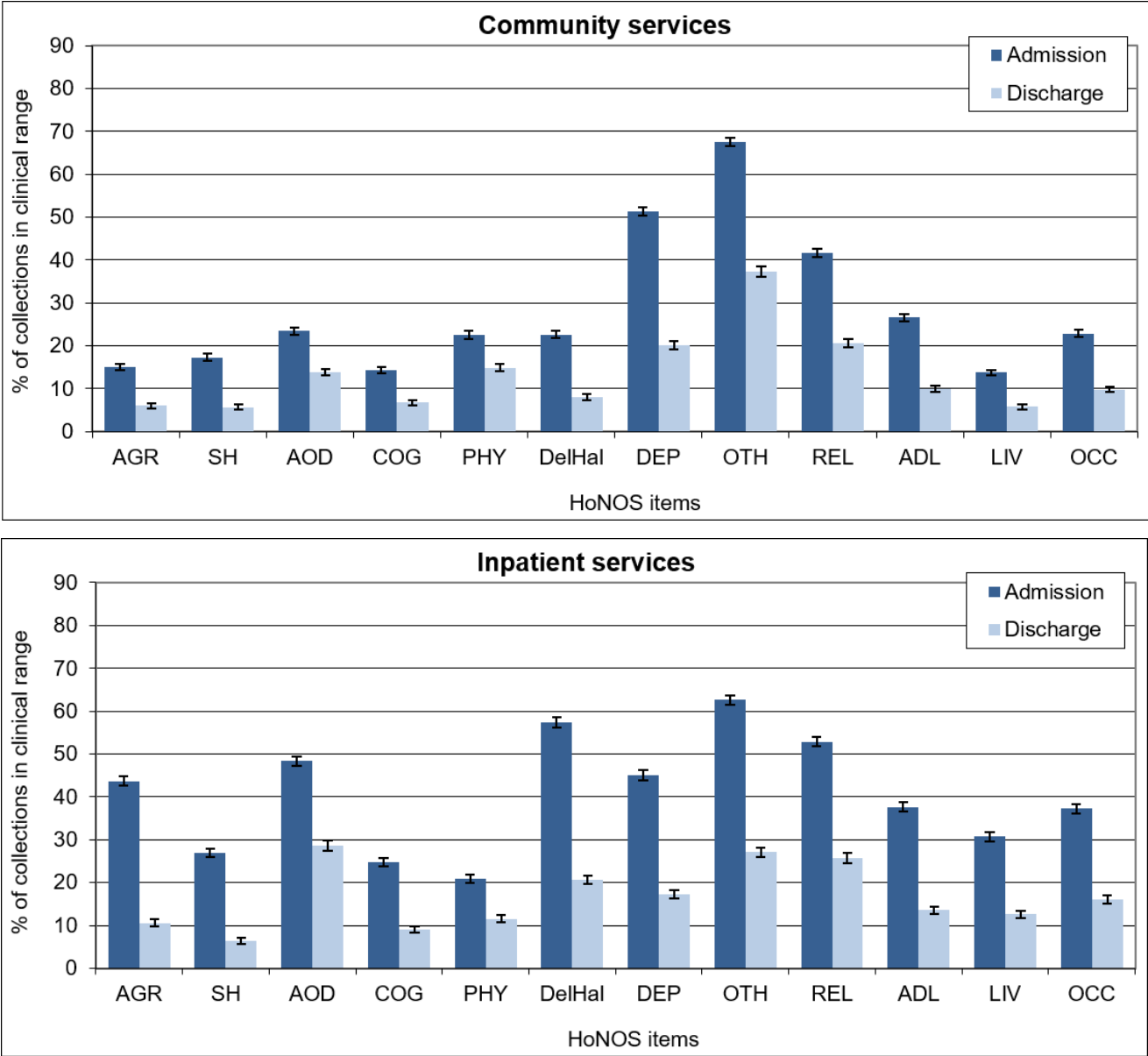


Notes: Average number of HoNOS items in the clinical range (2, 3 or 4). Community discharge does not include discharge to an inpatient unit.

Interpretation: Points are significantly different if error bars don't overlap. Decrease between admission and discharge is an indication of the outcomes achieved by the service and service user. A greater decrease between admission and discharge indicates a better outcome. A lower admission score could be indication of service users seeking out and being engaged by services at a lower level of acuity.

Target: A greater decrease from admission to discharge and smaller percentage in clinical range at discharge.

Graph 5a: Percentage of collections in clinical range on each HoNOS item (admission and discharge collections): New Zealand, Apr 2025 – Mar 2026



Notes: Percentage of service users in the clinical range (2, 3 or 4) for each HoNOS item. Community discharge does not include discharge to an inpatient unit.

Interpretation: The longer the bar, the more prevalent the difficulty measured by the item is amongst service users. A greater decrease in the length of the bar from admission to discharge suggests a better outcome for the difficulty measured by the item. Items that show medium to high frequency and less change may suggest possible targets for service improvement.

Target: A greater decrease from admission to discharge and smaller percentage in clinical range at discharge.

Table 5a: Percentage of collections in clinical range on each HoNOS item (admission and discharge collections) by team: New Zealand Apr 2025 – Mar 2026

Community services

First 6 HoNOS items														
Team type	N		AGR		SH		AOD		COG		PHY		DelHal	
	Adm	Disch	Adm	Disch	Adm	Disch	Adm	Disch	Adm	Disch	Adm	Disch	Adm	Disch
Alcohol and drug team	317	188	13%	13%	16%	10%	37%	34%	14%	9%	20%	16%	23%	8%
Child and youth team	34	101	24%	10%	21%	10%	12%	8%	12%	6%	15%	12%	9%	1%
Co-existing problem team	23		17%		9%		78%		27%		39%		26%	
Community team	6,898	4,981	16%	6%	19%	6%	25%	15%	14%	6%	22%	15%	25%	9%
Early intervention team	155	127	16%	4%	8%	4%	20%	25%	21%	10%	11%	6%	49%	16%
Eating disorders team	270	156	7%	2%	16%	3%	11%	6%	19%	7%	46%	15%	9%	4%
Forensic team	21		33%		20%		29%		52%		24%		38%	
Kaupapa Māori team	243	110	15%	6%	15%	2%	31%	25%	15%	12%	23%	17%	25%	14%
Maternal mental health team	928	775	11%	3%	12%	2%	5%	3%	10%	2%	21%	11%	4%	0%
Needs assessment and service coordination team	58	39	17%	15%	24%	21%	22%	10%	24%	28%	22%	13%	36%	23%
Older people team	59	46	45%	11%	5%	0%	12%	2%	78%	74%	31%	43%	38%	11%
Pacific people team	200	87	11%	3%	11%	2%	22%	8%	16%	6%	24%	15%	34%	16%
Specialty team	59	27	32%	26%	32%	15%	44%	30%	17%	26%	27%	41%	15%	22%
Total	9,281	6,658	15%	6%	17%	6%	23%	14%	14%	7%	23%	15%	23%	8%

Second 6 HoNOS items												
Team type	DEP		OTH		REL		ADL		LIV		OCC	
	Adm	Disch	Adm	Disch	Adm	Disch	Adm	Disch	Adm	Disch	Adm	Disch
Alcohol and drug team	52%	21%	70%	39%	43%	31%	27%	14%	18%	13%	22%	17%
Child and youth team	50%	32%	62%	39%	41%	22%	15%	9%	6%	7%	15%	8%
Co-existing problem team	59%		91%		50%		13%		4%		17%	
Community team	49%	20%	65%	37%	43%	21%	27%	10%	14%	6%	25%	11%
Early intervention team	34%	13%	49%	27%	38%	21%	26%	12%	10%	4%	24%	8%
Eating disorders team	66%	30%	99%	66%	41%	19%	30%	21%	8%	3%	15%	5%
Forensic team	15%		43%		48%		19%		45%		48%	
Kaupapa Māori team	38%	19%	56%	29%	41%	26%	28%	13%	18%	12%	25%	16%
Maternal mental health team	74%	19%	89%	42%	36%	14%	21%	2%	7%	3%	9%	1%
Needs assessment and service coordination team	43%	28%	66%	41%	47%	23%	36%	26%	30%	10%	24%	18%
Older people team	20%	4%	43%	13%	48%	33%	58%	61%	12%	2%	25%	11%
Pacific people team	37%	10%	43%	15%	34%	17%	24%	10%	15%	3%	26%	14%
Specialty team	58%	22%	58%	52%	56%	37%	34%	26%	25%	19%	44%	30%
Total	51%	20%	68%	37%	42%	20%	27%	10%	14%	6%	23%	10%

Inpatient services

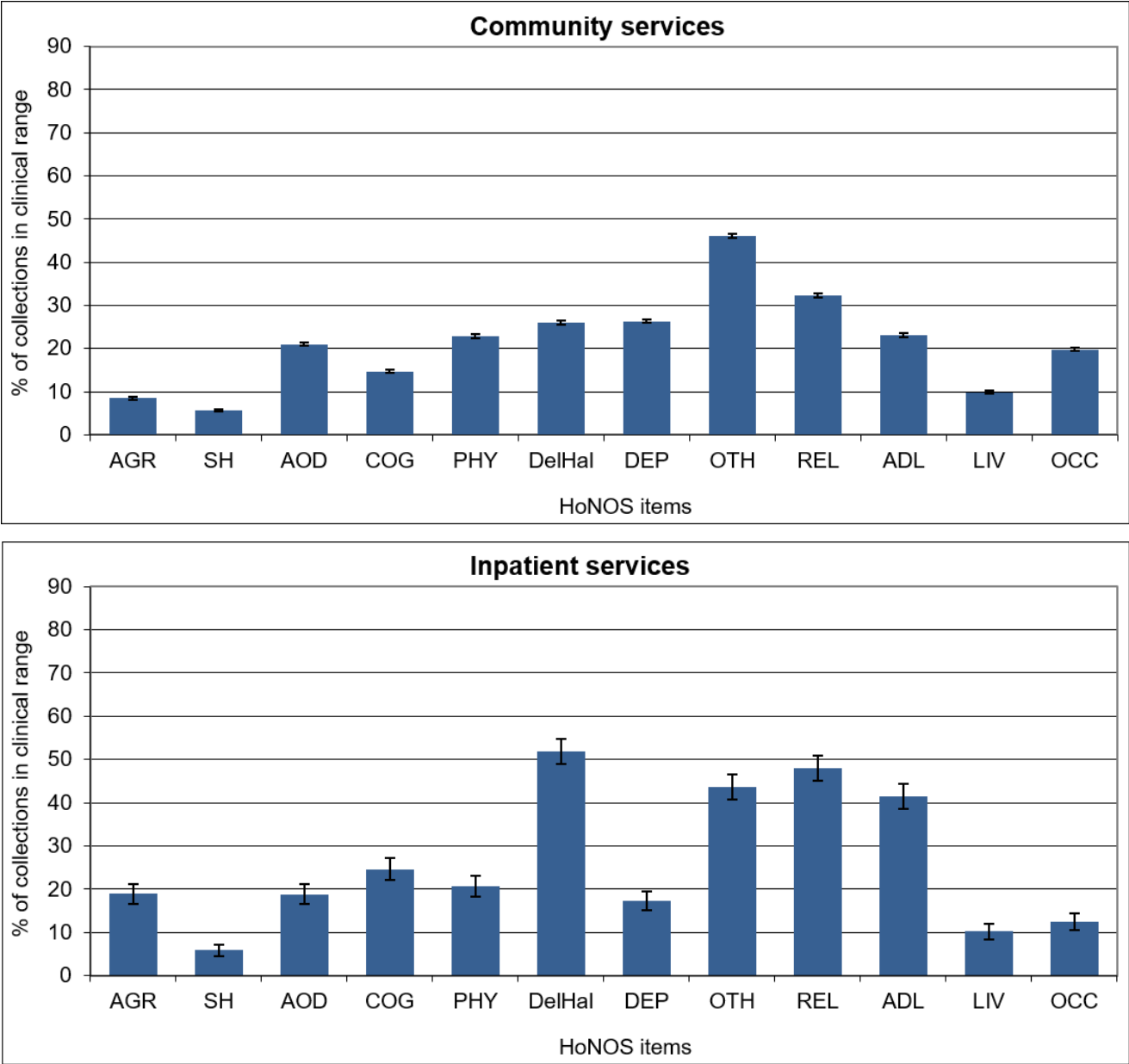
First 6 HoNOS items														
Team type	N		AGR		SH		AOD		COG		PHY		DelHal	
	Adm	Disch	Adm	Disch	Adm	Disch	Adm	Disch	Adm	Disch	Adm	Disch	Adm	Disch
Alcohol and drug team	182	174	9%	9%	3%	1%	100%	99%	8%	7%	46%	39%	3%	2%
Eating disorders team	22		18%		18%		9%		27%		50%		5%	
Forensic team	23	35	32%	3%	9%	0%	17%	3%	30%	6%	13%	3%	57%	9%
Inpatient team	7,047	5,416	45%	11%	28%	7%	48%	27%	25%	9%	20%	11%	59%	22%
Maternal mental health team	82	75	21%	8%	28%	4%	16%	14%	20%	13%	18%	8%	34%	11%
Older people team	39	27	44%	22%	8%	4%	5%	0%	59%	44%	33%	26%	64%	26%
Total	7,397	5,745	44%	11%	27%	6%	48%	29%	25%	9%	21%	12%	57%	21%
Second 6 HoNOS items														
Team type	DEP		OTH		REL		ADL		LIV		OCC			
	Adm	Disch	Adm	Disch	Adm	Disch	Adm	Disch	Adm	Disch	Adm	Disch		
Alcohol and drug team	53%	46%	54%	49%	18%	8%	12%	8%	9%	10%	35%	25%		
Eating disorders team	68%		100%		32%		32%		0%		41%			
Forensic team	9%	0%	35%	9%	25%	3%	26%	6%	22%	6%	29%	9%		
Inpatient team	45%	16%	63%	26%	54%	26%	38%	14%	31%	13%	37%	16%		
Maternal mental health team	78%	33%	80%	36%	49%	31%	33%	12%	14%	14%	19%	14%		
Older people team	28%	19%	54%	15%	46%	24%	54%	33%	11%	13%	31%	13%		
Total	45%	17%	63%	27%	53%	26%	38%	14%	31%	13%	37%	16%		

Notes: Percentage of service users in the clinical range (2, 3 or 4) for each HoNOS item. Community discharge does not include discharges to an inpatient unit.

Interpretation: The higher the percentage, the more prevalent the difficulty measured by the item is amongst service users. A greater decrease between admission and discharge suggests a better outcome for the difficulty measured by the item. Items that show medium to high frequency and less change may suggest possible targets for service improvement.

Target: A greater decrease from admission to discharge and smaller percentage in clinical range at discharge.

Graph 5b: Percentage of collections in clinical range on each HoNOS item (review collections): New Zealand, Apr 2025 – Mar 2026



Notes: Percentage of service users in the clinical range (2, 3 or 4) for each HoNOS item on review collections. Due to most admission being less than 91 days, the data set for review collections in inpatient settings is relatively small.

Interpretation: The longer the bar, the more prevalent the difficulty measured by the item is amongst service users.

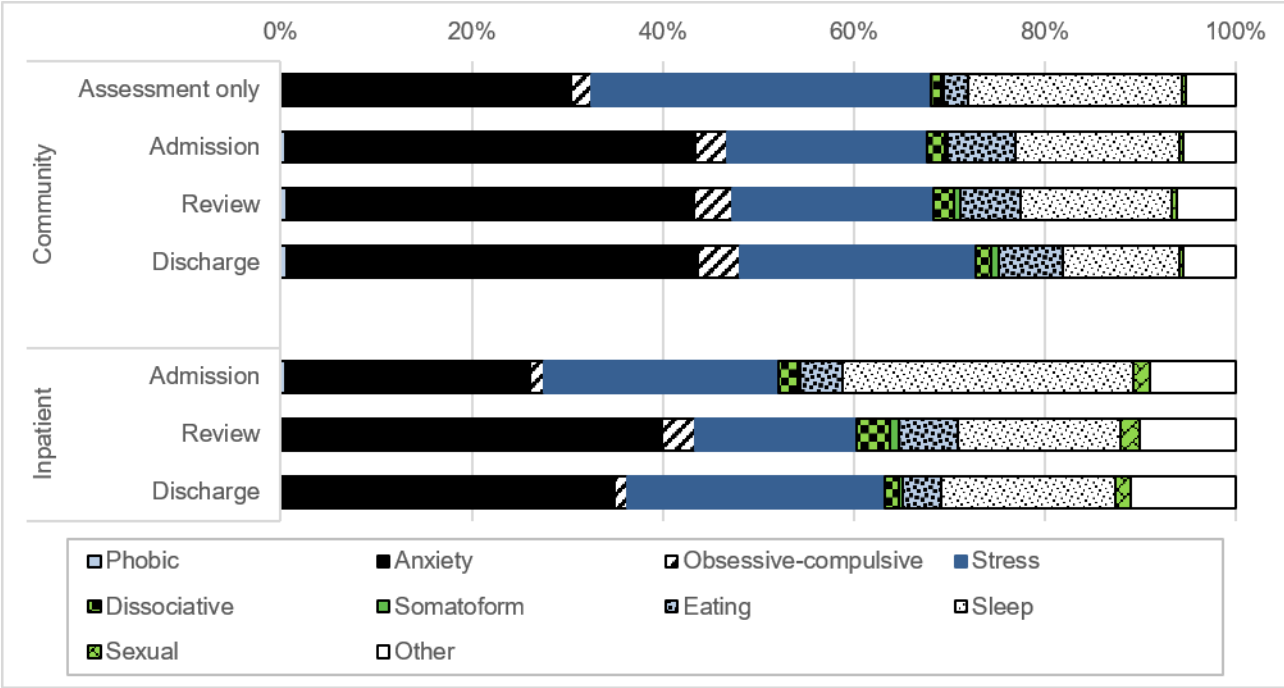
Table 5b: Percentage of collections in clinical range on each HoNOS item (review collections) by team: New Zealand, Apr 2025 – Mar 2026

Team type	N	AGR	SH	AOD	COG	PHY	DelHal	DEP	OTH	REL	ADL	LIV	OCC
Community services													
Alcohol and drug team	1,108	6%	3%	35%	16%	23%	26%	16%	35%	22%	20%	11%	18%
Child and youth team	179	6%	9%	12%	11%	25%	11%	37%	69%	41%	27%	3%	19%
Co-existing problem team	80	10%	5%	60%	28%	26%	34%	24%	64%	44%	23%	10%	24%
Community team	28,881	9%	6%	21%	14%	23%	26%	26%	46%	33%	23%	10%	20%
Early intervention team	755	8%	3%	26%	16%	10%	30%	20%	41%	31%	21%	10%	16%
Eating disorders team	441	7%	15%	11%	20%	40%	9%	56%	87%	37%	34%	9%	16%
Forensic team	72	17%	4%	17%	21%	11%	29%	21%	39%	42%	15%	7%	14%
Kaupapa Māori team	2,014	8%	4%	27%	21%	27%	31%	23%	41%	33%	25%	13%	23%
Maternal mental health team	1,152	6%	5%	3%	6%	17%	1%	54%	77%	29%	7%	4%	4%
Needs assessment and service coordination team	694	13%	7%	25%	34%	30%	46%	24%	46%	42%	41%	18%	27%
Older people team	80	20%	3%	9%	76%	38%	31%	28%	45%	34%	52%	21%	29%
Pacific people team	890	3%	4%	16%	9%	18%	28%	16%	25%	19%	17%	10%	16%
Specialty team	237	9%	8%	23%	23%	46%	25%	38%	65%	41%	40%	15%	35%
Total	36,620	8%	6%	21%	15%	23%	26%	26%	46%	32%	23%	10%	20%
Inpatient services													
Forensic team	139	15%	1%	16%	47%	31%	71%	12%	57%	65%	57%	1%	9%
Inpatient team	986	19%	7%	19%	21%	19%	49%	18%	42%	46%	39%	11%	13%
Total	1,136	19%	6%	19%	25%	21%	52%	17%	44%	48%	42%	10%	13%

Notes: Percentage of service users in the clinical range (2, 3 or 4) for each HoNOS item on review collections. Due to most admission being less than 91 days, the data set for review collections in inpatient settings is relatively small.

Interpretation: The higher the percentage, the more prevalent the difficulty measured by the item is amongst service users.

Graph 5c: Distribution of other mental health and behavioural problems in the clinical range by collection type: New Zealand, Apr 2025 – Mar 2026



Notes: This is for service users in the clinical range (2, 3 or 4) for other mental health and behavioural problems item.

Interpretation: This shows the distribution of what is selected for other mental health and behavioural problems. Other mental health and behavioural problems provides clinicians with the opportunity to rate the most severe clinical problem not covered elsewhere from the following list: phobic, anxiety, obsessive-compulsive, stress, dissociative, somatoform, eating, sleep, sexual, other. Other conforms to an ICD or DSM classification. The most severe clinical problem can change for each collection.

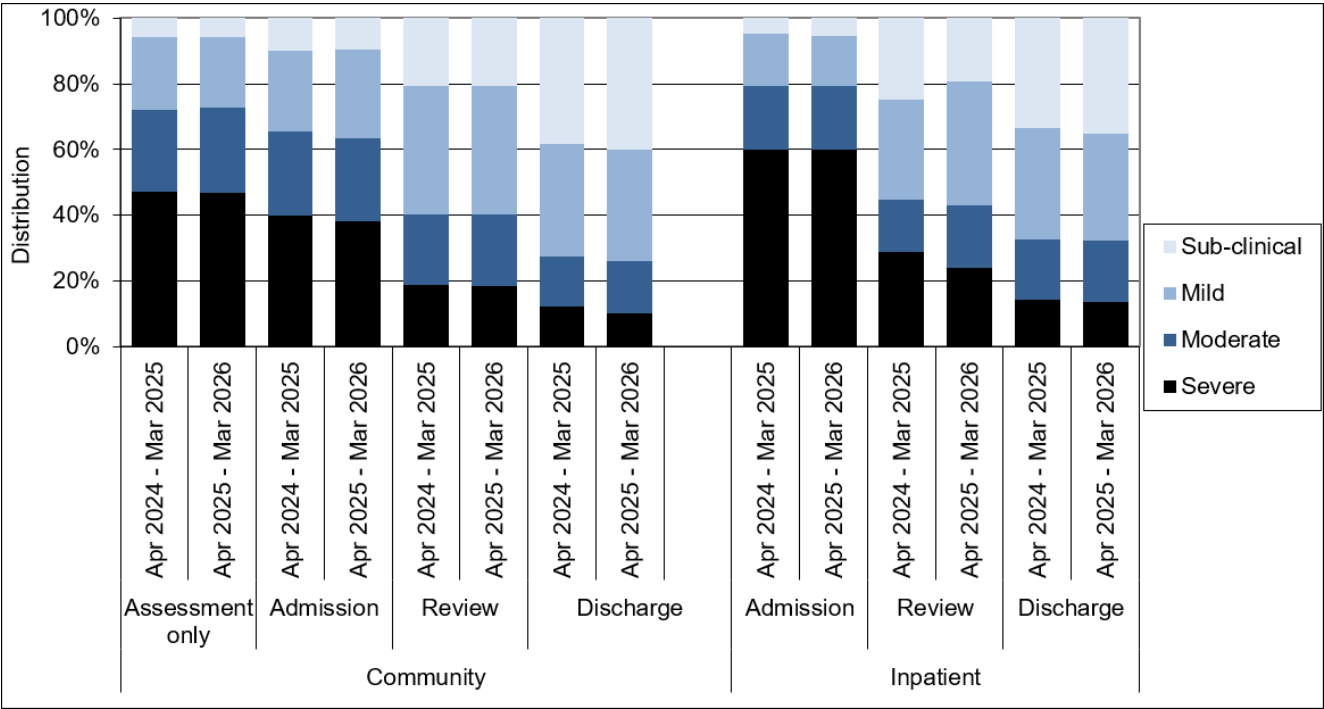
Table 5c: Distribution of other mental health and behavioural problems in the clinical range (admission and review collections) by team: New Zealand, Apr 2025 – Mar 2026

	Phobic	Anxiety	Obsessive-compulsive	Stress	Dissociative	Somatoform	Eating	Sleep	Sexual	Other	Number
Community service											
Alcohol and drug team	1%	34%	1%	24%	1%	0%	1%	28%	0%	2%	564
Child and youth team	0%	44%	1%	26%	3%	0%	7%	6%	0%	5%	134
Co-existing problem team	6%	32%	3%	32%	3%	0%	1%	22%	0%	1%	72
Community team	1%	42%	4%	22%	2%	1%	4%	16%	0%	6%	17,361
Early intervention team	1%	58%	2%	7%	2%	0%	4%	17%	1%	7%	374
Eating disorders team	0%	8%	1%	1%	0%	0%	84%	2%	0%	4%	647
Forensic team	0%	27%	0%	32%	0%	0%	0%	30%	0%	3%	34
Kaupapa Māori team	1%	40%	1%	21%	2%	1%	4%	25%	0%	2%	933
Maternal mental health team	0%	59%	5%	19%	1%	0%	2%	8%	0%	4%	1,692
Needs assessment and service coordination team	0%	30%	3%	28%	2%	0%	5%	17%	0%	12%	345
Older people team	2%	30%	3%	7%	3%	0%	3%	26%	2%	25%	61
Pacific people team	1%	32%	3%	21%	4%	0%	2%	28%	1%	8%	303
Specialty team	1%	38%	3%	10%	2%	0%	22%	19%	1%	4%	188
Total	1%	42%	4%	21%	2%	1%	6%	16%	0%	6%	22,742
Inpatient service											
Alcohol and drug team	0%	81%	1%	8%	0%	0%	0%	0%	0%	10%	98
Eating disorders team	0%	0%	0%	0%	0%	0%	96%	4%	0%	0%	23
Forensic team	0%	39%	5%	19%	2%	1%	7%	17%	2%	7%	83
Inpatient team	0%	25%	2%	24%	2%	0%	4%	30%	2%	9%	4,546
Maternal mental health team	0%	51%	0%	25%	2%	0%	2%	17%	0%	5%	65
Older people team	0%	35%	0%	22%	4%	0%	4%	22%	0%	13%	23
Total	0%	27%	2%	24%	2%	0%	5%	29%	2%	9%	4,841

Notes: This is for admission and review collections. This is for service users in the clinical range (2, 3 or 4) for other mental health and behavioural problems item.

Interpretation: The shows the distribution of what is selected for other mental health and behavioural problems.

Graph 6: Index of Severity ratings for HoNOS by collection type: New Zealand, Apr 2024 – Mar 2025 and Apr 2025 – Mar 2026



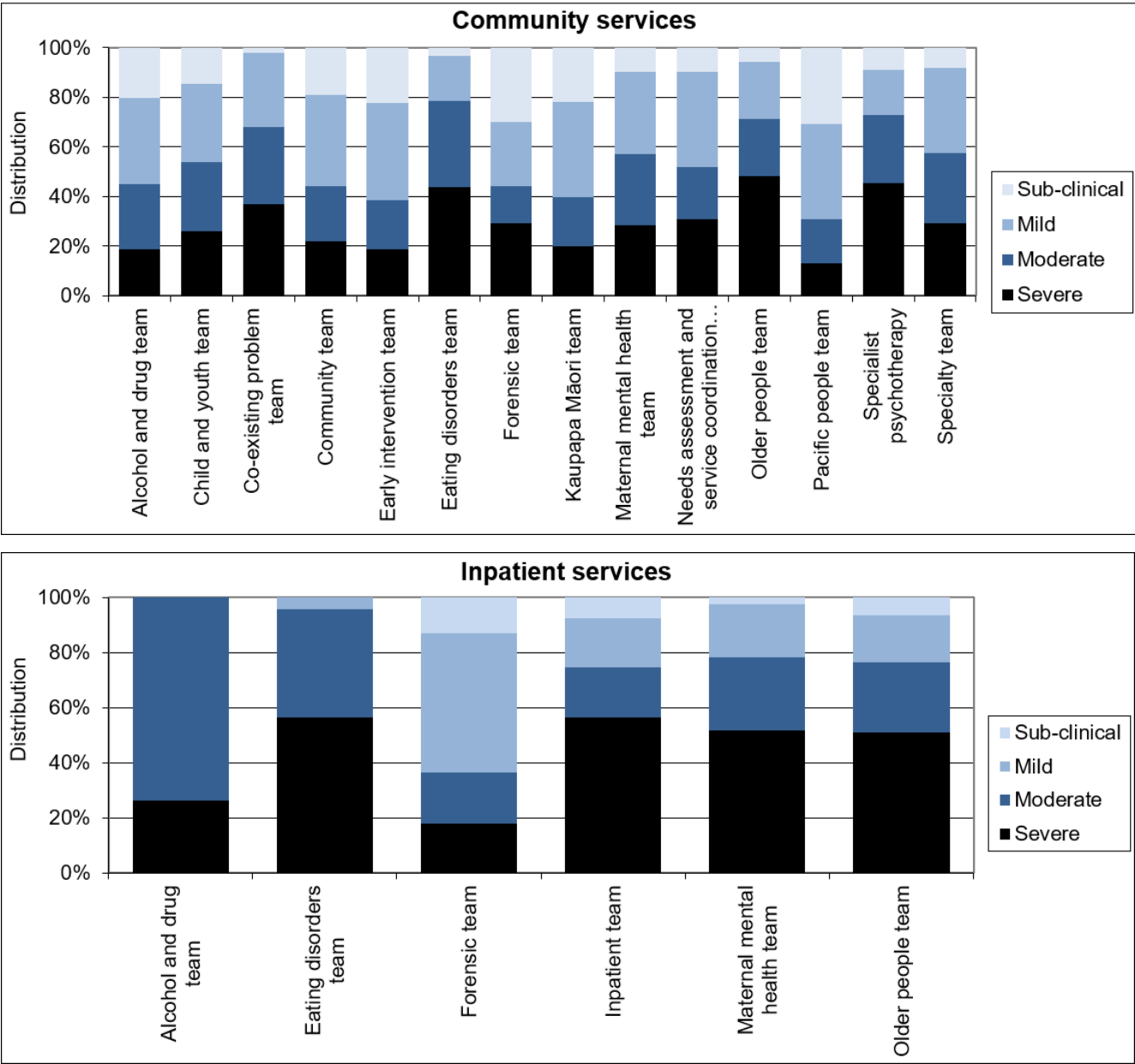
Notes: Community discharge does not include discharge to an inpatient unit. Index of Severity: Sub clinical = all items <2, mild = at least one item >1 and all items <3, moderate = at least one item >=3, severe = at least 2 items >=3 using first 10 items.

Interpretation: Darker bars indicate higher overall level of severity. More positive outcome is shown by larger decrease in darker sections of bar between admission and discharge.

2. Other measures of service activity

This section presents other information related to data collected in PRIMHD that may be helpful for understanding how teams are operating. This includes information relevant to caseload intensity and team activity.

Graph 7: Index of Severity for HoNOS (admission and review collections) by team, New Zealand, Apr 2025 – Mar 2026



Notes: Only data related to collection at admission and review is included so that results reflect the severity of service users during their engagement with the service. Index of Severity: Sub clinical = all items <2, mild = at least one item >1 and all items <3, moderate = at least one item >=3, severe = at least 2 items >=3 using first 10 items.

Interpretation: This graph gives an impression of the overall severity of the caseload for different teams at admission. The longer the darker bar, the higher the overall severity of the team’s caseload.

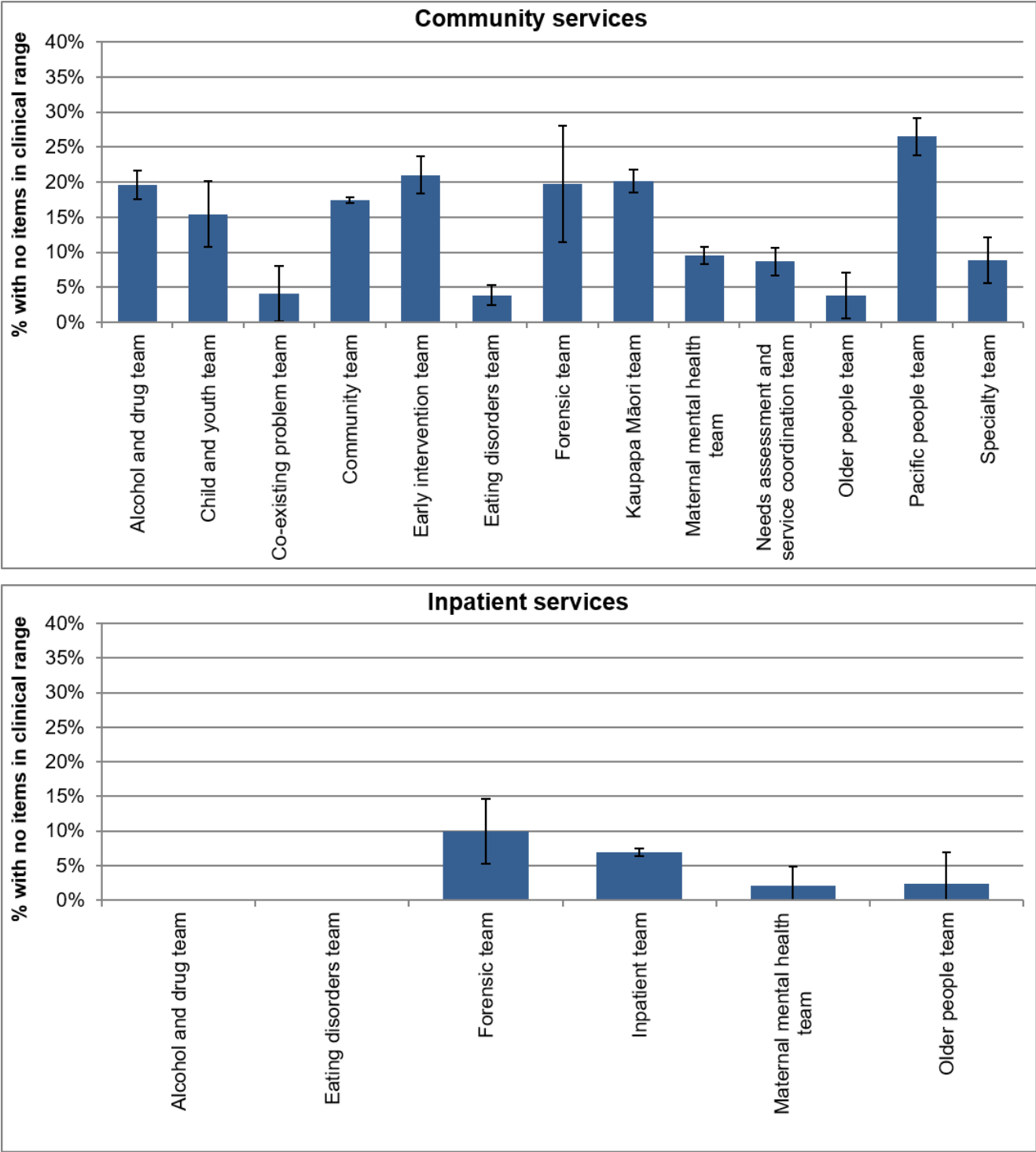
Table 7: Index of Severity for HoNOS by collection type and team: New Zealand, Apr 2025 – Mar 2026

Team type	Assessment only					Admission					Review					Discharge				
	Sub	Mild	Mod	Sev	N	Sub	Mild	Mod	Sev	N	Sub	Mild	Mod	Sev	N	Sub	Mild	Mod	Sev	N
Community services																				
Alcohol and drug team	5%	20%	24%	51%	366	4%	34%	23%	38%	317	25%	35%	27%	13%	1,108	29%	32%	21%	17%	188
Child and youth team	15%	19%	28%	37%	67	3%	29%	32%	35%	34	17%	32%	27%	24%	179	38%	33%	20%	10%	101
Co-existing problem team						0%	17%	26%	57%	23	3%	34%	33%	31%	80					
Community team	6%	21%	26%	48%	9,095	10%	27%	25%	37%	6,902	21%	39%	21%	18%	28,889	40%	34%	16%	10%	4,985
Early intervention team						12%	38%	17%	33%	155	25%	39%	20%	16%	755	46%	30%	15%	9%	127
Eating disorders team	2%	6%	38%	54%	48	0%	5%	41%	54%	270	5%	26%	31%	38%	441	26%	33%	28%	13%	156
Forensic team						38%	24%	5%	33%	21	28%	26%	18%	28%	72					
Kaupapa Māori team	8%	29%	25%	38%	65	16%	31%	19%	34%	243	22%	39%	20%	18%	2,014	42%	25%	19%	14%	110
Maternal mental health team	7%	32%	22%	39%	166	5%	23%	29%	43%	928	14%	41%	28%	17%	1,152	48%	38%	9%	5%	775
Needs assessment and service coordination team	12%	25%	32%	31%	129	10%	31%	19%	40%	58	10%	39%	21%	30%	694	18%	44%	23%	15%	39
Older people team						8%	12%	20%	59%	59	4%	31%	25%	40%	80	7%	24%	33%	37%	46
Pacific people team						20%	36%	21%	25%	200	33%	39%	17%	11%	890	52%	31%	14%	3%	87
Specialty team	5%	26%	29%	39%	331	2%	27%	29%	42%	59	10%	36%	28%	26%	237	26%	26%	11%	37%	27
Total	6%	22%	26%	47%	10,319	10%	27%	26%	38%	9,288	21%	39%	22%	19%	36,631	40%	34%	16%	10%	6,663
Inpatient service																				
Alcohol and drug team						0%	0%	74%	26%	182						1%	3%	73%	23%	174
Eating disorders team						0%	0%	41%	59%	22										
Forensic team						30%	30%	13%	26%	23	10%	54%	19%	17%	139	71%	17%	11%	0%	35
Inpatient team						6%	15%	18%	61%	7,056	20%	36%	19%	25%	987	36%	33%	17%	13%	5,417
Maternal mental health team						1%	20%	27%	52%	82						32%	47%	11%	11%	75
Older people team						3%	21%	26%	51%	39						30%	22%	33%	15%	27
Total						6%	15%	20%	60%	7,407	19%	38%	19%	24%	1,137	35%	33%	19%	13%	5,746

Notes: Sub = sub clinical, Mild = mild, Mod = moderate, Sev = severe on Index of Severity. Only admission collection data is included so that results reflect the severity of service users during their engagement with the service. Index of Severity: Sub clinical = all items <2, mild = at least one item >1 and all items <3, moderate = at least one item >=3, severe = at least 2 items >=3 using first 10 items. Community discharge does not include discharge to an inpatient unit.

Interpretation: Larger percentages in the columns to the right for each type of collection, the higher the overall severity of the team's caseload.

Graph 8: Collections with no HoNOS items in clinical range: New Zealand, Apr 2025 – Mar 2026



Notes: Includes admission and review collections. Shows percentage of service users with all HoNOS items less than two, ie no HoNOS items in the clinical range.

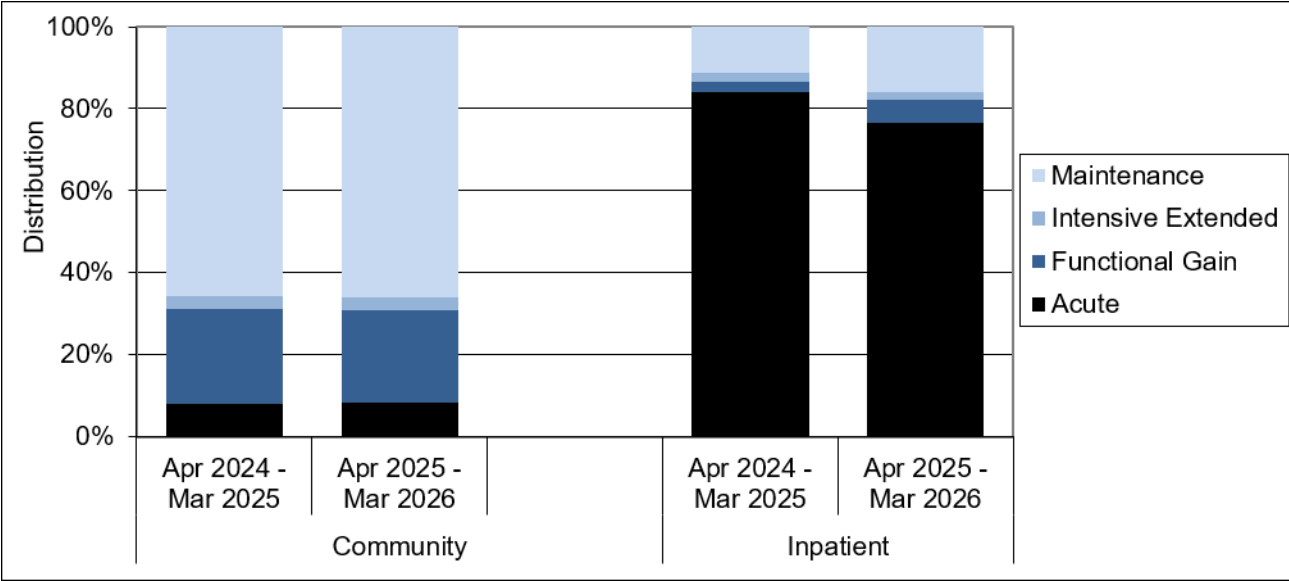
Interpretation: There are a variety of reasons that may make it appropriate for service users to remain in the service even though they show no HoNOS items in the clinical range. However, teams showing a larger or substantial percentage of service users with no HoNOS items in the clinical range could benefit from reviewing these cases to ensure that the service remains appropriate for this service user.

Table 8: Collections with no HoNOS items in clinical range: New Zealand, Apr 2025 – Mar 2026

Team type	Number of collections with no items in clinical range	Percentage with no items in clinical range
Community services		
Alcohol and drug team	287	20%
Child and youth team	36	15%
Co-existing problem team	4	4%
Community team	6,401	17%
Early intervention team	193	21%
Eating disorders team	29	4%
Forensic team	18	20%
Kaupapa Māori team	459	20%
Maternal mental health team	201	10%
Needs assessment and service coordination team	68	9%
Older people team	5	4%
Pacific people team	274	26%
Specialty team	26	9%
Total	8,003	17%
Inpatient services		
Alcohol and drug team	0	0%
Eating disorders team	0	0%
Forensic team	16	10%
Inpatient team	569	7%
Maternal mental health team	2	2%
Older people team	1	2%
Total	588	7%

Notes: For further information see notes for graph 8.

Graph 9: Focus of care categories: New Zealand, Apr 2024 – Mar 2025 and Apr 2025 – Mar 2026



Notes: Data from review and discharge collections.

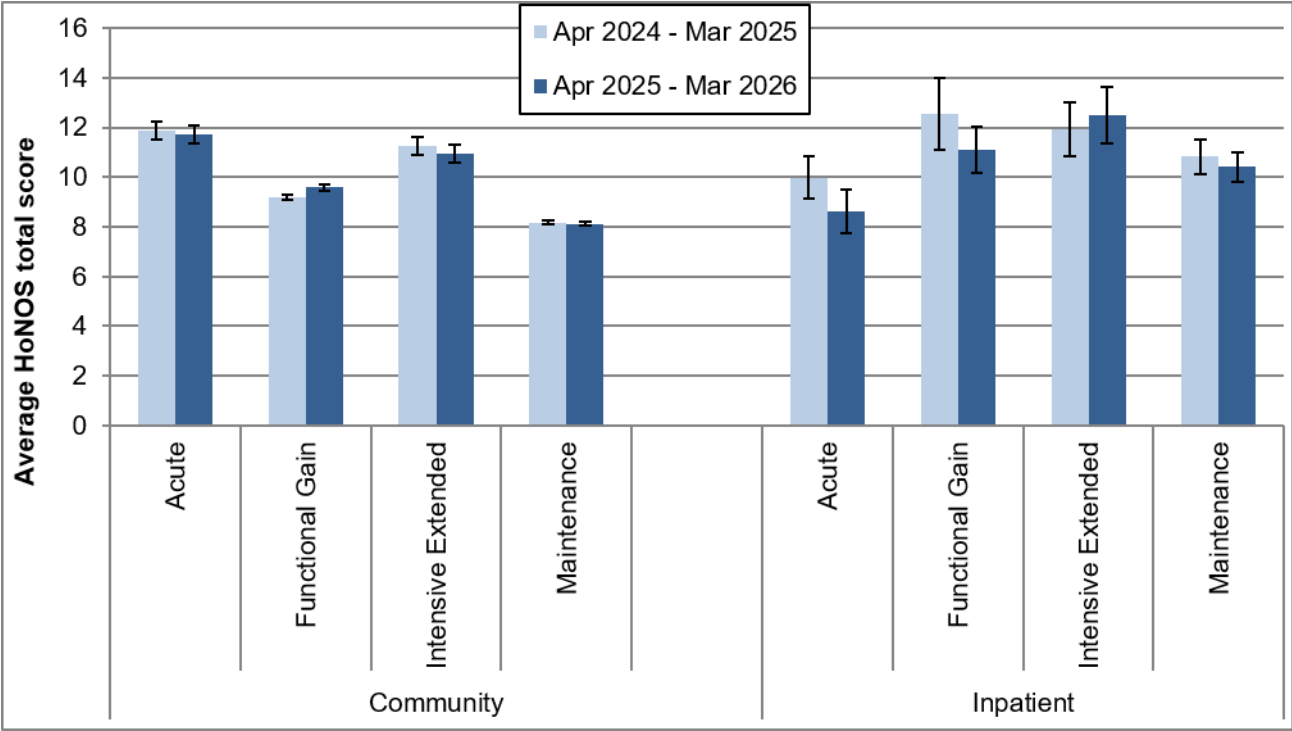
Interpretation: Darker bars indicate more intensive involvement in care, so a longer, darker bar in general suggests more intensive working. A longer functional gain bar and shorter maintenance bar potentially suggests more recovery focused ways of working.

Table 9: Focus of care categories by team: New Zealand, Apr 2024 – Mar 2025 and Apr 2025 – Mar 2026

Team type	Acute		Functional gain		Intensive extended		Maintenance		Number of collections	
	Last	This	Last	This	Last	This	Last	This	Last	This
Community services										
Alcohol and drug team	8%	6%	18%	14%	4%	7%	70%	74%	1,314	1,315
Child and youth team	4%	5%	28%	24%	5%	10%	63%	62%	284	242
Co-existing problem team	7%	17%	52%	24%	4%	0%	37%	60%	27	42
Community team	9%	9%	22%	21%	3%	3%	66%	67%	34,701	32,856
Early intervention team	5%	5%	34%	31%	2%	3%	60%	61%	931	918
Eating disorders team	8%	10%	46%	54%	10%	10%	35%	26%	652	567
Forensic team	9%	6%	17%	6%	3%	4%	71%	84%	112	79
Kaupapa Māori team	4%	3%	11%	7%	2%	1%	83%	89%	2,107	2,055
Maternal mental health team	6%	7%	58%	62%	2%	1%	33%	31%	1,655	1,891
Needs assessment and service coordination team	4%	3%	12%	10%	3%	6%	80%	81%	707	655
Older people team	8%	4%	9%	10%	0%	2%	83%	85%	120	124
Pacific people team	6%	4%	16%	12%	0%	0%	78%	84%	964	894
Specialist psychotherapy		19%		29%		14%		38%		21
Specialty team	7%	14%	36%	31%	2%	4%	55%	51%	321	274
Total	8%	8%	23%	22%	3%	3%	66%	66%	43,922	41,960
Inpatient services										
Alcohol and drug team	100%	100%	0%	0%	0%	0%	0%	0%	190	174
Forensic team	9%	4%	5%	3%	32%	33%	54%	60%	180	163
Inpatient team	86%	78%	3%	6%	1%	1%	10%	15%	6,475	6,006
Maternal mental health team	84%	100%	4%	0%	0%	0%	12%	0%	67	72
Older people team	60%	76%	0%	0%	6%	3%	34%	21%	35	34
Total	84%	77%	3%	5%	2%	2%	11%	16%	6,963	6,465

Notes: For further information see notes for Graph 9.

Graph 10: HoNOS total score (review collections) by focus of care: New Zealand, Apr 2024 – Mar 2025 and Apr 2025 – Mar 2026



Notes: This data is just for review collections.

Interpretation: Points are significantly different if error bars do not overlap. A general downward trend in scores from acute to maintenance focus of care might be expected.

Table 10: HoNOS total score (review collections) by focus of care by team: New Zealand, Apr 2025 – Mar 2026

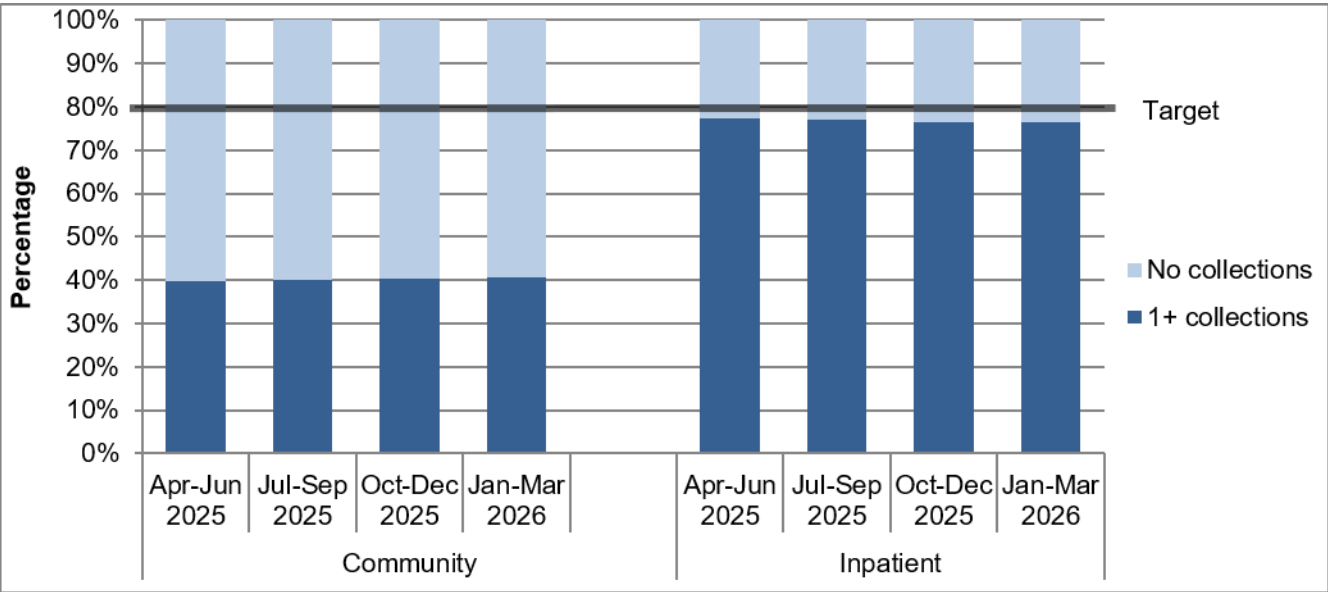
Team type	Acute			Functional Gain			Intensive Extended			Maintenance		
	N	Mean	CI	N	Mean	CI	N	Mean	CI	N	Mean	CI
Community services												
Alcohol and drug team				113	10.9	9.9-11.9	74	10.7	9.2-12.2	854	6.7	6.3-7.0
Child and youth team				31	11.3	8.9-13.8	11	10.0	6.9-13.1	109	8.3	7.5-9.1
Co-existing problem team										24	10.9	9.2-12.5
Community team	1,146	11.2	10.8-11.6	5,645	9.6	9.4-9.7	881	10.6	10.2-11.0	19,118	8.1	8.0-8.2
Early intervention team	23	18.3	14.2-22.3	238	9.9	9.1-10.6	24	12.1	9.6-14.7	425	5.8	5.3-6.2
Eating disorders team							42	13.8	11.9-15.7	129	9.2	8.4-10.1
Forensic team	45	12.4	11.3-13.6	194	12.2	11.3-13.1				58	7.3	5.8-8.9
Kaupapa Māori team	40	18.0	15.8-20.2	144	12.7	11.6-13.8	22	13.0	10.7-15.4	1,667	9.4	9.1-9.7
Maternal mental health team	46	8.8	7.4-10.2	699	7.4	7.1-7.7				330	6.7	6.3-7.1
Needs assessment and service coordination team				58	12.1	10.5-13.6	32	14.0	11.3-16.7	502	11.1	10.6-11.7
Older people team										62	11.3	9.2-13.3
Pacific people team				87	10.3	9.5-11.2				702	6.2	5.9-6.6
Specialty team	24	13.9	11.3-16.4	75	10.8	9.3-12.3				130	11.1	10.0-12.1
Total	1,381	11.7	11.3-12.1	7,313	9.6	9.5-9.7	1,120	11.0	10.6-11.3	24,128	8.1	8.1-8.2
Inpatient services												
Forensic team							51	12.2	10.7-13.6	84	11.0	9.7-12.2
Inpatient team	332	8.6	7.7-9.4	182	11.1	10.1-12.0	40	13.0	11.1-14.9	330	10.2	9.6-10.9
Total	338	8.6	7.8-9.5	184	11.1	10.2-12.0	93	12.5	11.4-13.7	416	10.4	9.8-11.0

Notes: For further information see notes for Graph 10.

3. Collection completion and validity

This section presents information about the completeness and validity of the data on which the remainder of this report is based. It also shows the current targets for the variables presented.

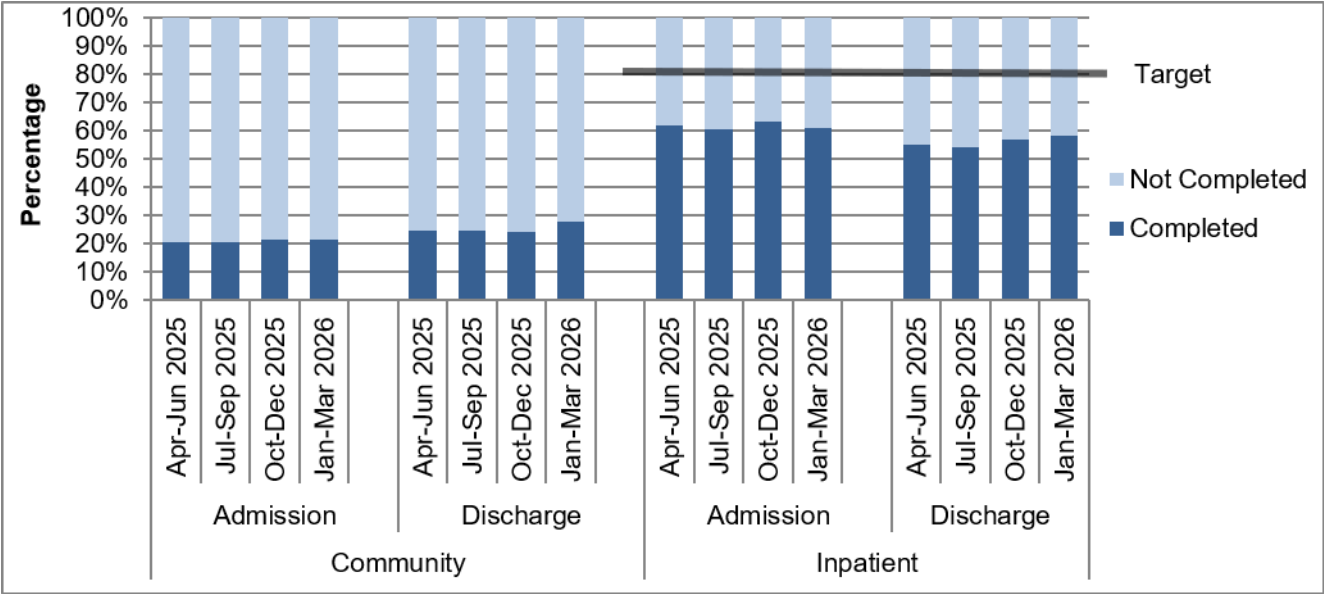
Graph 11: Percentage of service users with at least one collection during the period in a quarter: New Zealand, Apr 2025 – Mar 2026 (18 to 64 years)



Interpretation: The longer the dark part of the bar, the more completely the data set includes all service users, and the more meaningful and representative the graphs, tables, and analyses using these data will be. This data is approximate due to movement of service users between teams and similar variations; however, it does provide a reasonably accurate representation of completion of measures. Only data with valid collections is included.

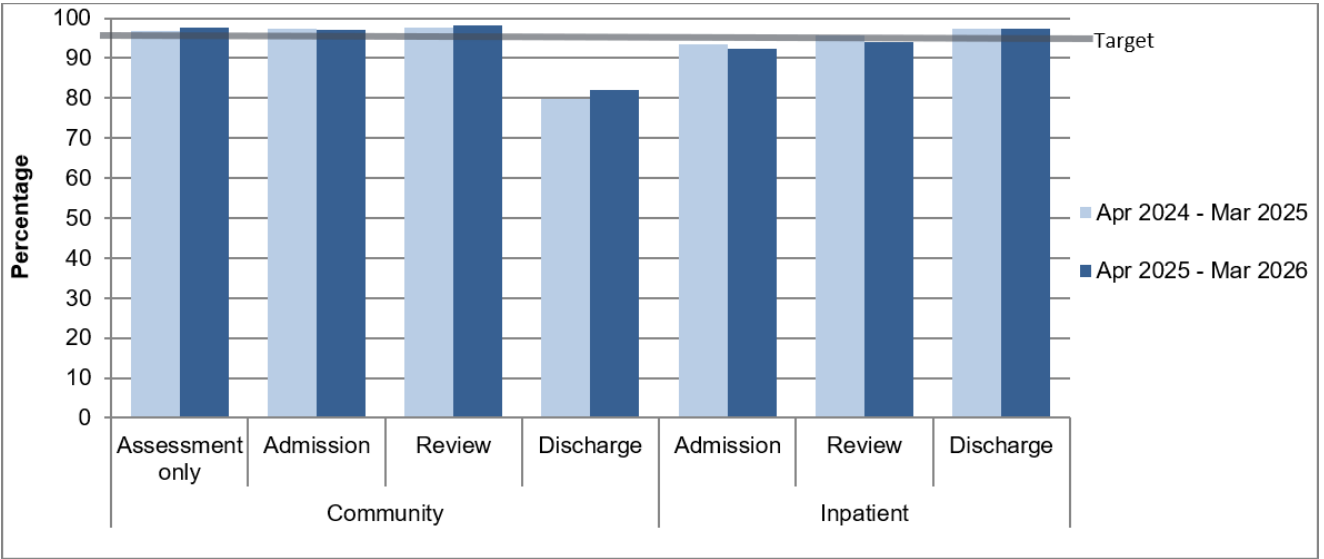
Target: To meet or exceed the target shown on the graph for the percentage of service users with at least one collection within the period.

Graph 12: Percentage of service users with admission and discharge collections completed by quarter: New Zealand, Apr 2025 – Mar 2026 (18 to 64 years)



Interpretation: The longer the dark bar, the larger the percentage of admission and discharge that had the relevant data collection type. Data is approximate due to movement of service users between teams and similar variations; however, it does provide a reasonably accurate representation of completion of measures. Only data with valid collections is included.

Graph 13: Percentage of valid collections, HoNOS: New Zealand, Apr 2024 – Mar 2025 and Apr 2025 – Mar 2026



Notes: Valid = Two or fewer of the 12 items scored as unknown or missing. Discharge excludes collection types for lost to care, discharge dead and brief episode of care. Collection in drug and alcohol teams is not required, therefore AOD data is excluded.

Interpretation: The longer the dark lines, the higher the percentage of valid scores.

Target: Aim for 95% valid collections.

Table 13: Invalid collections by team, by HoNOS item: New Zealand, Apr 2025 – Mar 2026

Team type	% Invalid			Number of invalid ratings by HoNOS item												Total number
	Adm	Rev	Dch	1	2	3	4	5	6	7	8	9	10	11	12	
Community services																
Child and youth team	0%	1%	4%	5	6	8	6	5	5	5	6	6	6	6	6	393
Community team	3%	2%	18%	2,087	2,227	2,740	2,357	2,281	2,290	2,317	2,438	2,452	2,442	2,571	2,913	54,565
Early intervention team	4%	1%	20%	58	60	68	69	56	63	60	80	59	61	68	90	1,201
Eating disorders team	0%	1%	9%	18	19	24	17	21	15	22	17	23	22	19	24	948
Forensic team	0%	5%		1	4	0	3	3	4	4	2	0	1	2	3	118
Kaupapa Māori team	4%	1%	30%	108	121	120	118	112	117	114	121	115	117	123	121	2,647
Maternal mental health team	1%	2%	15%	177	175	188	178	178	177	174	177	176	186	198	191	3,268
Needs assessment and service coordination team	0%	0%	8%	7	8	11	7	7	7	8	8	9	8	12	11	957
Older people team	2%	0%	4%	3	3	2	3	2	6	2	3	3	4	4	3	207
Pacific people team	0%	1%	20%	44	45	55	46	45	54	47	59	40	39	36	55	1,310
Residential/accommodation team				0	0	0	0	0	0	0	0	0	0	0	0	24
Specialist psychotherapy				0	0	0	0	0	0	0	0	0	0	0	0	35
Specialty team	2%	1%	9%	8	7	18	8	7	12	11	9	12	8	13	15	676
Total	3%	2%	18%	2,518	2,678	3,236	2,814	2,719	2,753	2,768	2,922	2,897	2,896	3,054	3,434	66,371
Inpatient services																
Eating disorders team	0%			0	0	0	0	0	0	0	0	0	0	0	0	40
Forensic team	18%	0%	3%	2	1	3	1	4	2	2	4	9	2	5	10	202
Inpatient team	8%	7%	3%	156	266	630	434	304	285	401	552	640	468	1,052	1,187	14,141
Maternal mental health team	0%		0%	0	0	4	0	0	2	1	1	1	0	3	4	158
Older people team	11%		10%	2	4	6	5	3	6	4	6	6	2	19	17	85
Total	8%	6%	3%	160	271	643	440	311	295	408	563	656	472	1,079	1,218	14,631

Notes: Per cent (%) invalid collections = the percentage of collections that had three or more of the 12 items scored as unknown or missing. Number of invalid ratings by HoNOS item = for each of the HoNOS items, the number of collections for which that item was unknown or missing. Discharge excludes collection types for lost to care, deceased and brief episode of care. Collection in drug and alcohol teams is not required, therefore AOD data is excluded. **Interpretation:** The lower the per cent invalid, the higher the percentage of valid scores. The lower the number of invalid collections by HoNOS item, the more collections that have valid data on that HoNOS item. **Target:** Aim for 95% valid collections (5% invalid collections) or better. Aim for as few invalid items as possible, with all items having a similar validity rate.