

PRIMHD summary report – HoNOS

Health of the Nation Outcomes Scales – working age adults report for New Zealand

Programme for the Integration of Mental Health Data

tepou.co.nz

This report summarises national Programme for the Integration of Mental Health Data (PRIMHD) data submitted by Te Whatu Ora Districts. In particular, it presents Health of the Nation Outcomes Scale (HoNOS) data for working aged adults, from services where HoNOS is the primary measure.

This report is organised into three major sections that provide information about:

1. **Outcomes related information:** This provides indications about what changes have occurred for service users between entering and leaving the service. Outcome is assessed by comparing the group admitted and the group discharged from the service in the same time period. This should provide a reasonable indication of outcomes achieved unless the service user mix has changed significantly over the usual period for which service is delivered.
2. **Service related information:** This provides information about the services, such as the overall severity of service users who use different services.
3. **Collection completion and validity:** This details the completeness of the data set provided by your mental health services. This is important because it indicates how valid and reliable the data sets are likely to be. The less complete the data set, the less valid the information is likely to be.

In many cases the data is presented graphically for New Zealand, and then presented as a table for the individual team types (see team type classification factsheet).

The time period covered differs for the different data presented. See the title or the notes under the graphs or tables for information about the time period covered. Unless otherwise stated, the notes under the graphs also apply to the corresponding table.

For all graphs and tables, if there are less than twenty cases in the data set, then the information is not presented. This is because small samples frequently provide inaccurate and potentially misleading results. See the notes and user guide for other important information about the graphs and tables.

Where appropriate, the statistical **confidence interval** is presented. This is shown by error bars (small lines above and below the average) on the graphs, and a score range in some tables. As a rule of thumb, if the confidence intervals of two data points do not overlap, the two points can be considered to be significantly different. If the confidence intervals of the data points do overlap, we assume the points are not significantly different. It is important to note that statistical significance may not indicate a clinically significant difference.

See the associated user guide for more information about how to understand and use the data presented in this report.

Data for tables and graphs was extracted 26 October 2026 from PRIMHD by Te Whatu Ora, then analysed and formatted by Te Pou.

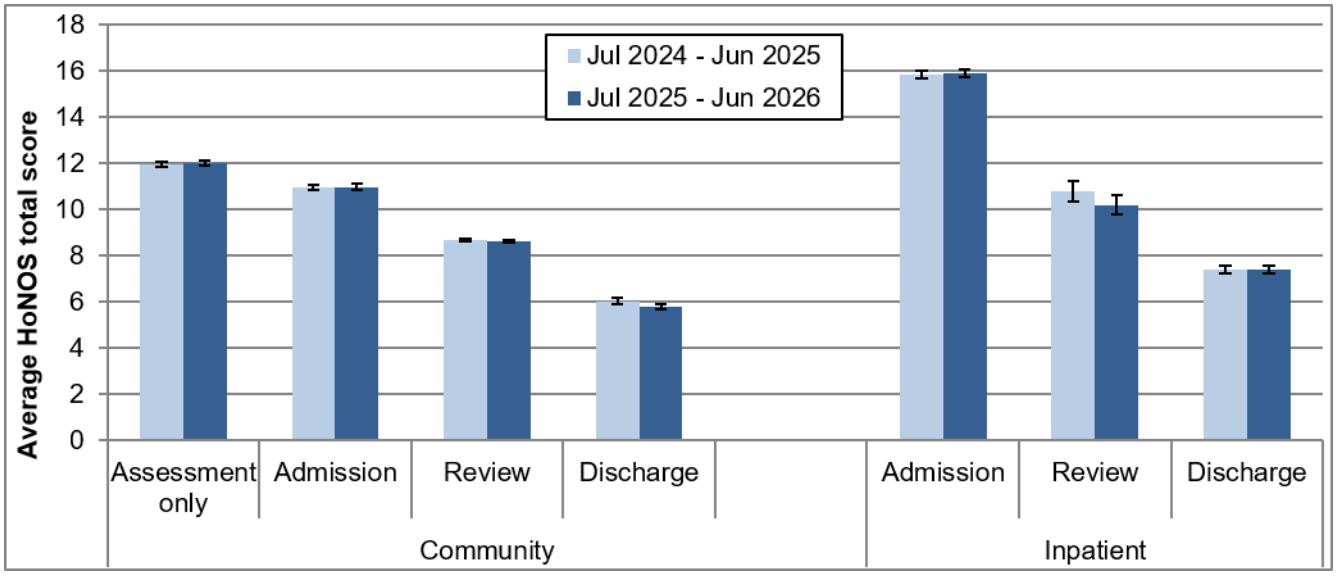
PLEASE NOTE:

For this period a few Te Whatu Ora Districts have incomplete data which will affect New Zealand totals.

1. Outcomes – changes in service user status

This section presents HoNOS data indicating the status of service users at different stages of their contact with Te Whatu Ora District mental health services. Graph and Table 1, and Graph 2 show results from HoNOS total scores. Graphs and Tables 3 to 5b show results related to the percentage of HoNOS items in the clinical range. Table 6 shows results from the Index of Severity derived from HoNOS scores.

Graph 1: Average HoNOS total score (12 items) by collection type: New Zealand, Jul 2024 – Jun 2025 and Jul 2025 – Jun 2026



Notes: Error bars indicate the confidence intervals around the data point. If error bars overlap, the data points are not significantly different. Community discharge does not include discharge to an inpatient unit.

Interpretation: Decrease between admission and discharge is an indication of the outcomes achieved by the service user and service. The greater the decrease between admission and discharge, and the lower the average HoNOS score at discharge, the more positive the outcome.

Target: A greater decrease from admission to discharge and lower average rating at discharge.

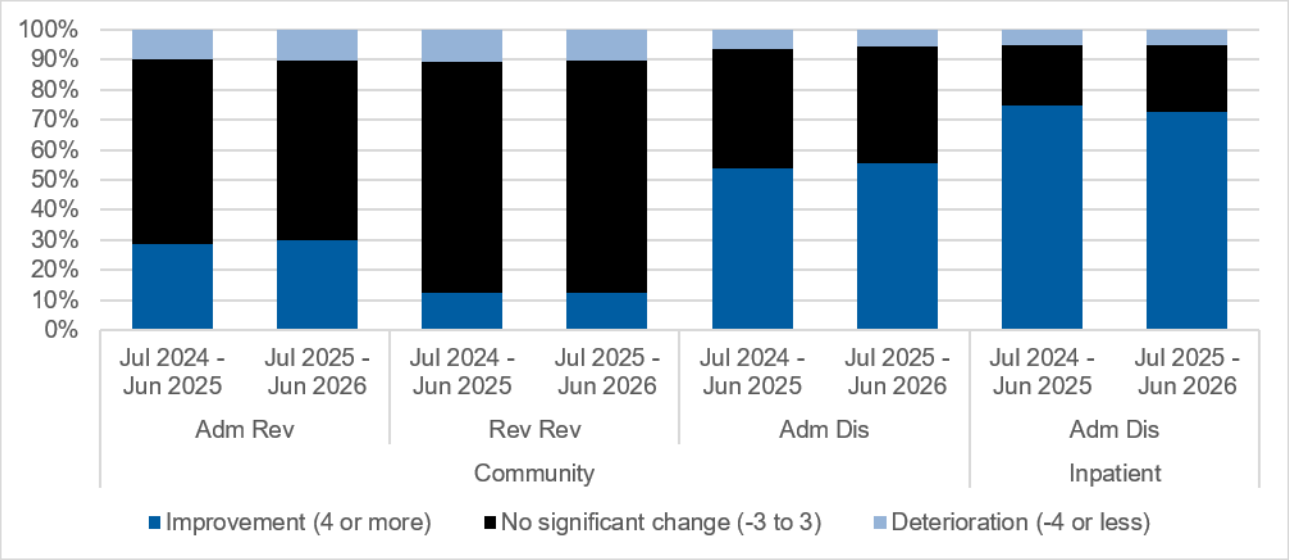
Table 1: Average HoNOS total score (12 items), by collection type and team: New Zealand, Jul 2025 – Jun 2026

Team type	Assessment only			Admission			Review			Discharge		
	N	Mean	CI	N	Mean	CI	N	Mean	CI	N	Mean	CI
Community services												
Alcohol and drug team	454	12.5	11.9-13.0	386	11.5	11.0-12.0	1,021	7.3	7.0-7.7	186	7.3	6.4-8.1
Child and youth team	83	9.1	8.1-10.2	30	9.2	7.2-11.1	215	9.0	8.3-9.7	101	6.0	5.2-6.9
Co-existing problem team							87	11.7	10.8-12.7			
Community team	9,100	12.1	12.0-12.3	6,875	11.1	10.9-11.2	28,758	8.6	8.5-8.7	5,142	5.9	5.7-6.0
Early intervention team				161	10.8	9.8-11.7	799	7.8	7.4-8.3	131	5.7	4.7-6.7
Eating disorders team	61	12.5	11.1-13.9	272	12.5	11.9-13.2	487	11.6	11.0-12.1	172	6.6	5.8-7.4
Forensic team				22	15.0	11.3-18.6	81	7.8	6.4-9.3			
Kaupapa Māori team	66	11.2	9.9-12.6	257	11.0	10.2-11.9	2,030	9.7	9.4-9.9	93	7.0	5.9-8.1
Maternal mental health team	171	9.8	9.0-10.5	923	9.5	9.2-9.8	1,056	7.1	6.9-7.3	794	4.1	3.9-4.4
Needs assessment and service coordination team	120	11.8	10.8-12.8	62	12.1	10.5-13.7	650	11.4	10.9-11.9	33	8.5	6.6-10.5
Older people team	20	9.0	6.7-11.2	54	12.6	10.6-14.6	72	12.1	10.1-14.1	44	8.2	6.7-9.7
Pacific people team				202	9.3	8.4-10.1	983	6.8	6.5-7.1	78	4.9	4.0-5.9
Specialist psychotherapy							26	12.1	10.1-14.1			
Specialty team	319	10.5	9.9-11.1	52	13.8	12.0-15.6	234	11.4	10.6-12.2	31	9.9	7.1-12.6
Total	**10,428**	**12.0**	**11.9-12.1**	**9,331**	**11.0**	**10.9-11.1**	**36,523**	**8.6**	**8.6-8.7**	**6,831**	**5.8**	**5.7-5.9**
Inpatient services												
Alcohol and drug team				191	11.3	10.7-11.9				181	9.5	8.8-10.2
Eating disorders team				22	12.0	9.5-14.4						
Forensic team				27	9.4	6.3-12.6	147	11.0	10.1-11.8	43	4.5	2.6-6.5
Inpatient team				7,124	16.1	15.9-16.3	1,011	10.1	9.6-10.5	5,603	7.3	7.2-7.5
Maternal mental health team				86	12.6	11.4-13.8				75	6.6	5.2-8.1
Older people team				46	15.0	12.8-17.2				34	9.6	7.6-11.7
Total				**7,501**	**15.9**	**15.7-16.1**	**1,171**	**10.2**	**9.8-10.6**	**5,952**	**7.4**	**7.2-7.5**

Notes: N = number of collections in period. Average = average HoNOS (12 item) score, CI = confidence interval for average score. Community discharge does not include discharge to an inpatient unit.

Interpretation: If confidence intervals for two scores do not overlap, then the scores have a statistically significant difference. It is important to note that statistical significance may not indicate a clinically significant difference.

Graph 2: Difference in HoNOS total score (12 items) for matched pairs by pair type and setting, New Zealand, Jul 2024 – Jun 2025 and Jul 2025 – Jun 2026



Notes: Shows the difference of the matched pair between the start and end HoNOS total score**.** Community admission to discharge includes discharge no further care and discharge other.

Interpretation: The graphs compare two time periods. Dark blue band indicates percentage improvement within the given time period, while black band indicates no significant change and light blue deterioration. Improvement = 4 or more, no significant change = -3 to 3 and deterioration = -4 or less.

Target: A greater percentage increase in improvement for both community and inpatient settings and a smaller percentage in deterioration.

Table 2: Difference in HoNOS total score (12 items) for matched pairs by pair type and team, community New Zealand, Jul 2025 – Jun 2026

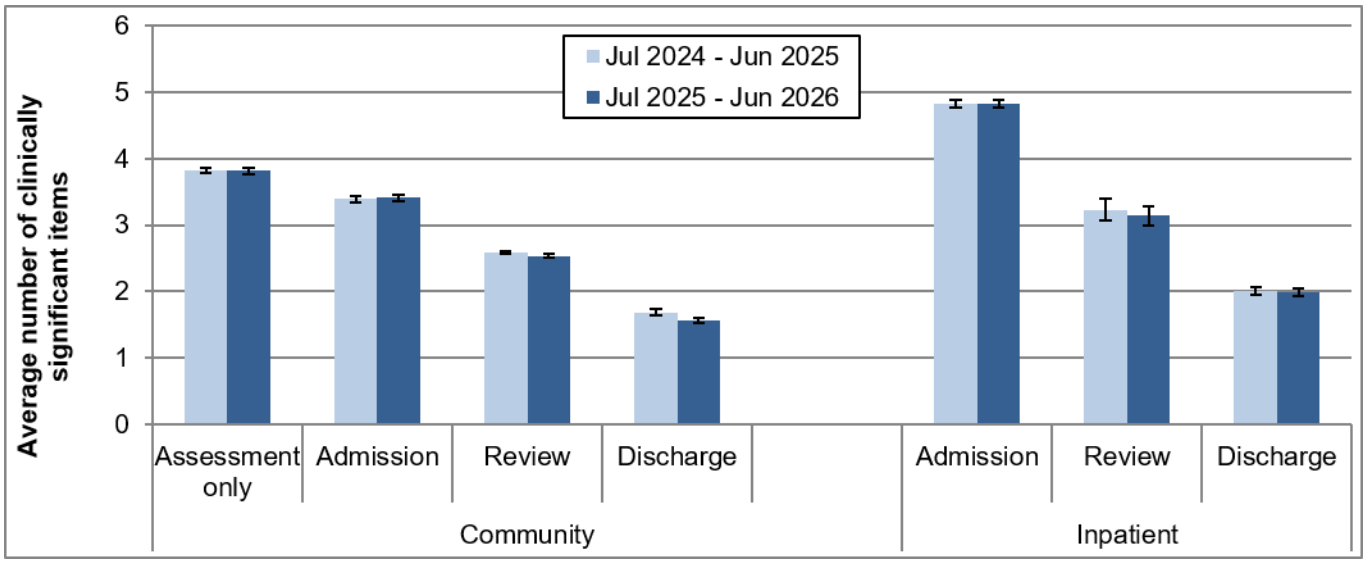
Team Type	Com Adm Rev				Com Rev Rev				Com Adm Dis			
	↓ Det	No SC	↑ Imp	N	↓ Det	No SC	↑ Imp	N	↓ Det	No SC	↑ Imp	N
Alcohol and drug team	6%	56%	38%	32	12%	72%	16%	343	9%	43%	49%	80
Child and youth team					3%	87%	10%	30				
Co-existing problem team					7%	83%	10%	29				
Community team	11%	60%	29%	1,522	10%	78%	12%	11,782	6%	40%	54%	2,331
Early intervention team	16%	52%	32%	56	17%	64%	19%	216	8%	31%	61%	62
Eating disorders team	19%	60%	21%	47	13%	75%	13%	176	5%	41%	54%	102
Kaupapa Māori team	13%	52%	35%	120	13%	75%	12%	1,160	9%	38%	53%	47
Maternal mental health team	2%	65%	33%	206	4%	80%	15%	363	2%	33%	66%	497
Needs assessment and service coordination team					2%	92%	5%	171				
Older people team									0%	48%	52%	25
Pacific people team	16%	49%	35%	55	12%	72%	15%	426	12%	29%	59%	49
Specialty team					15%	75%	10%	89				
Total	**10%**	**60%**	**30%**	**2,088**	**10%**	**77%**	**13%**	**14,827**	**6%**	**39%**	**56%**	**3,245**

Notes: Shows the difference of the matched pair between the start and end HoNOS total score**.** Community admission to discharge includes discharge no further care and discharge other.

I**nterpretation:** Improvement (↑Imp) = 4 or more, no significant change (No SC) = -3 to 3 and deterioration (↓Det) = -4 or less.

Target: A greater percentage increase in improvement for community setting and a smaller percentage in deterioration.

Graph 3: Average number of clinically significant HoNOS items by collection type: New Zealand, Jul 2024 – Jun 2025 and Jul 2025 – Jun 2026



Notes: Average number clinically significant items = the average number of items in the clinical range (2, 3 or 4) per collection. Community discharge does not include discharge to an inpatient unit.

I**nterpretation:** Points are significantly different if error bars don't overlap. A decrease between admission and discharge is an indication of the outcomes achieved by the service and service user. A greater decrease between admission and discharge indicates a better outcome. A lower admission score could be indication of service users seeking out and being engaged by services at a lower level of severity.

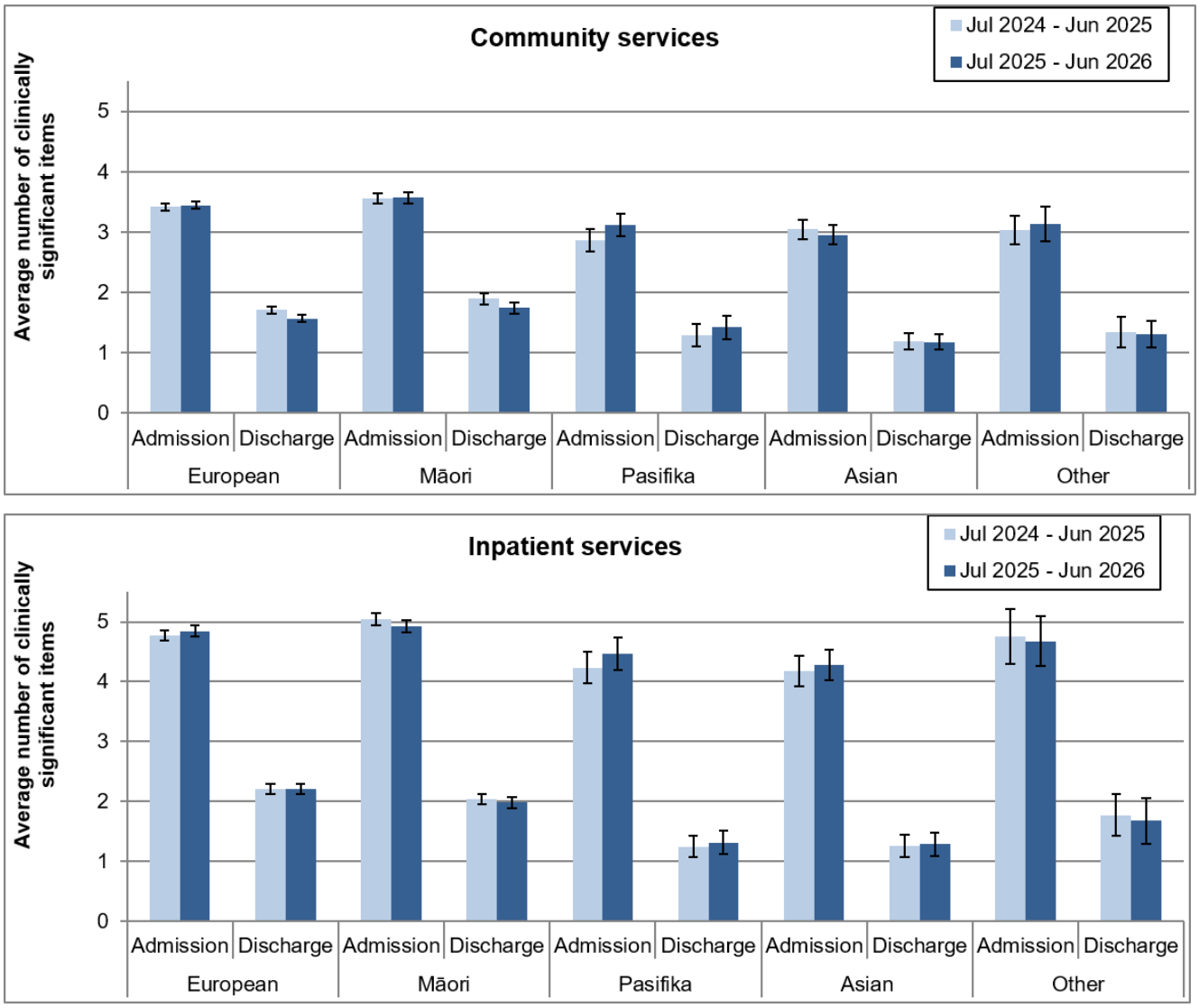
Target: A greater decrease from admission to discharge and smaller percentage in clinical range at discharge

Table 3: Average number of clinically significant HoNOS items by collection type and team: New Zealand, Jul 2025 – Jun 2026

Team type	Assessment only			Admission			Review			Discharge		
	N	Mean	CI	N	Mean	CI	N	Mean	CI	N	Mean	CI
Community services												
Alcohol and drug team	454	3.8	3.6-4.0	386	3.6	3.4-3.9	1,021	2.2	2.1-2.4	186	2.2	1.9-2.5
Child and youth team	83	2.9	2.4-3.3	30	2.8	2.0-3.5	215	2.7	2.4-3.0	101	1.6	1.3-2.0
Co-existing problem team							87	3.5	3.2-3.9			
Community team	9,100	3.9	3.8-3.9	6,875	3.5	3.4-3.5	28,758	2.5	2.5-2.6	5,142	1.6	1.5-1.6
Early intervention team				161	3.3	3.0-3.7	799	2.3	2.2-2.5	131	1.5	1.2-1.9
Eating disorders team	61	3.8	3.3-4.3	272	3.8	3.6-4.1	487	3.5	3.3-3.7	172	1.8	1.5-2.1
Forensic team				22	4.6	3.3-6.0	81	2.2	1.7-2.7			
Kaupapa Māori team	66	3.3	2.8-3.9	257	3.3	3.0-3.7	2,030	2.7	2.6-2.8	93	1.8	1.4-2.2
Maternal mental health team	171	3.0	2.7-3.3	923	2.9	2.8-3.0	1,056	2.1	2.0-2.2	794	1.0	0.9-1.1
Needs assessment and service coordination team	120	3.4	3.0-3.8	62	3.8	3.3-4.4	650	3.5	3.3-3.7	33	2.5	1.7-3.3
Older people team	20	2.8	1.8-3.8	54	4.0	3.3-4.7	72	3.9	3.2-4.5	44	2.5	1.9-3.1
Pacific people team				202	3.0	2.7-3.3	983	1.8	1.7-1.9	78	1.3	0.9-1.6
Specialist psychotherapy							26	4.3	3.4-5.1			
Specialty team	319	3.1	2.8-3.3	52	4.2	3.6-4.8	234	3.7	3.4-4.0	31	2.9	1.9-3.9
Total	**10,428**	**3.8**	**3.8-3.9**	**9,331**	**3.4**	**3.4-3.5**	**36,523**	**2.5**	**2.5-2.6**	**6,831**	**1.6**	**1.5-1.6**
Inpatient services												
Alcohol and drug team				191	2.9	2.7-3.1				181	2.8	2.6-3.0
Eating disorders team				22	3.5	2.7-4.4						
Forensic team				27	2.7	1.8-3.7	147	3.7	3.3-4.1	43	1.0	0.5-1.6
Inpatient team				7,124	4.9	4.8-5.0	1,011	3.1	2.9-3.2	5,603	2.0	1.9-2.0
Maternal mental health team				86	4.0	3.6-4.5				75	2.1	1.6-2.6
Older people team				46	4.3	3.6-5.1				34	2.6	1.9-3.3
Total				**7,501**	**4.8**	**4.8-4.9**	**1,171**	**3.1**	**3.0-3.3**	**5,952**	**2.0**	**1.9-2.1**

Notes: N = number of collections in period. Average = average number of HoNOS items in the clinically significant range (ie scoring 2, 3, or 4). CI = confidence interval for average score. Community discharge does not include discharge to an inpatient unit. **Interpretation:** If confidence intervals for two scores do not overlap, then the scores have a statistically significant difference. It is important to note that statistical significance may not indicate a clinically significant difference

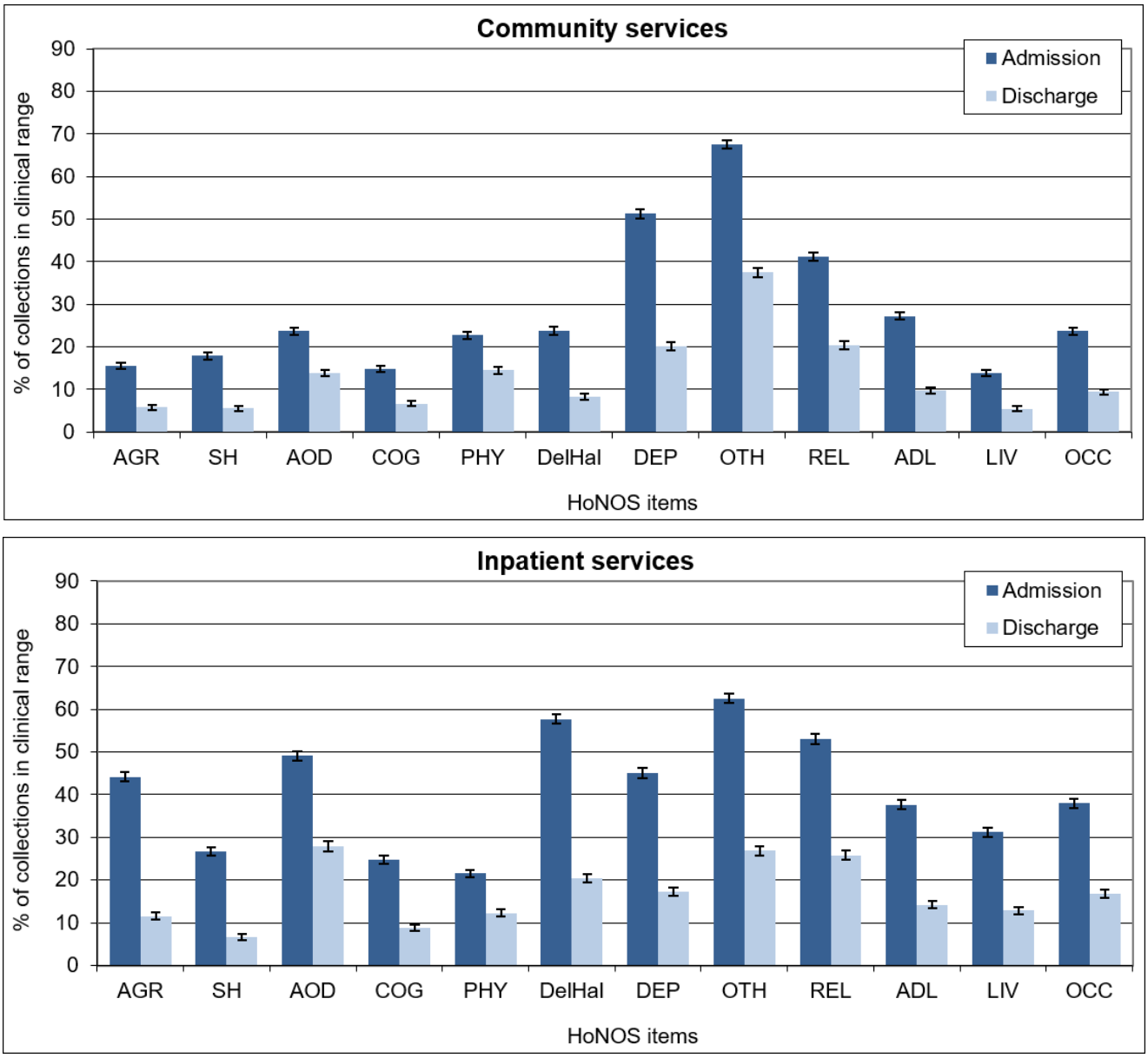
Graph 4: Average number of clinically significant HoNOS items at admission and discharge by ethnic group: New Zealand, Jul 2024 – Jun 2025 and Jul 2025 – Jun 2026



Notes: Average number of HoNOS items in the clinical range (2, 3 or 4). Community discharge does not include discharge to an inpatient unit.
Interpretation: Points are significantly different if error bars don't overlap. Decrease between admission and discharge is an indication of the outcomes achieved by the service and service user. A greater decrease between admission and discharge indicates a better outcome. A lower admission score could be indication of service users seeking out and being engaged by services at a lower level of acuity.

Target: A greater decrease from admission to discharge and smaller percentage in clinical range at discharge.

Graph 5a: Percentage of collections in clinical range on each HoNOS item (admission and discharge collections): New Zealand, Jul 2025 – Jun 2026



Notes: Percentage of service users in the clinical range (2, 3 or 4) for each HoNOS item. Community discharge does not include discharge to an inpatient unit.

I**nterpretation:** The longer the bar, the more prevalent the difficulty measured by the item is amongst service users. A greater decrease in the length of the bar from admission to discharge suggests a better outcome for the difficulty measured by the item. Items that show medium to high frequency and less change may suggest possible targets for service improvement.

Target: A greater decrease from admission to discharge and smaller percentage in clinical range at discharge.

Table 5a: Percentage of collections in clinical range on each HoNOS item (admission and discharge collections) by team: New Zealand Jul 2025 – Jun 2026

Community services

First 6 HoNOS items														
Team type	**N**		**AGR**		**SH**		**AOD**		**COG**		**PHY**		**DelHal**	
	Adm	**Disch**	**Adm**	**Disch**	**Adm**	**Disch**	**Adm**	**Disch**	**Adm**	**Disch**	**Adm**	**Disch**	**Adm**	**Disch**
Alcohol and drug team	386	186	13%	12%	17%	9%	34%	32%	15%	8%	20%	16%	26%	9%
Child and youth team	30	101	17%	9%	27%	11%	13%	5%	7%	4%	20%	11%	13%	1%
Community team	6,870	5,138	16%	6%	19%	6%	25%	15%	14%	6%	22%	15%	26%	9%
Early intervention team	161	131	20%	4%	7%	3%	26%	23%	24%	14%	10%	6%	52%	18%
Eating disorders team	272	172	10%	2%	17%	4%	13%	10%	25%	7%	48%	17%	8%	3%
Forensic team	22		41%		14%		45%		50%		27%		45%	
Kaupapa Māori team	257	93	14%	3%	14%	0%	34%	27%	15%	12%	23%	22%	23%	12%
Maternal mental health team	923	794	12%	2%	11%	2%	5%	3%	10%	2%	20%	9%	3%	0%
Needs assessment and service coordination team	62	33	15%	9%	26%	24%	23%	9%	26%	27%	16%	15%	35%	21%
Older people team	54	44	48%	14%	6%	0%	11%	5%	75%	70%	33%	34%	38%	12%
Pacific people team	202	78	9%	4%	7%	1%	21%	10%	18%	8%	25%	15%	35%	21%
Specialty team	52	31	31%	23%	31%	13%	42%	27%	15%	27%	29%	39%	19%	10%
Total	**9,323**	**6,825**	**15%**	**6%**	**18%**	**6%**	**24%**	**14%**	**15%**	**7%**	**23%**	**14%**	**24%**	**8%**

Second 6 HoNOS items												
Team type	**DEP**		**OTH**		**REL**		**ADL**		**LIV**		**OCC**	
	Adm	**Disch**	**Adm**	**Disch**	**Adm**	**Disch**	**Adm**	**Disch**	**Adm**	**Disch**	**Adm**	**Disch**
Alcohol and drug team	53%	20%	71%	43%	44%	29%	30%	13%	17%	12%	24%	15%
Child and youth team	50%	33%	63%	43%	37%	25%	7%	10%	7%	5%	17%	9%
Community team	49%	20%	65%	36%	43%	21%	27%	10%	14%	6%	25%	10%
Early intervention team	36%	16%	53%	30%	39%	18%	28%	13%	13%	2%	29%	9%
Eating disorders team	68%	34%	99%	63%	39%	17%	33%	17%	10%	3%	17%	7%
Forensic team	5%		32%		55%		32%		57%		64%	
Kaupapa Māori team	41%	15%	56%	28%	40%	25%	29%	12%	19%	10%	28%	16%
Maternal mental health team	72%	17%	87%	43%	33%	14%	20%	3%	6%	3%	10%	1%
Needs assessment and service coordination team	47%	33%	66%	45%	45%	24%	35%	24%	28%	6%	23%	12%
Older people team	20%	7%	37%	16%	45%	32%	59%	50%	9%	0%	22%	11%
Pacific people team	37%	12%	49%	14%	30%	17%	25%	12%	15%	3%	29%	13%
Specialty team	54%	26%	61%	39%	48%	32%	35%	16%	24%	16%	36%	26%
Total	**51%**	**20%**	**68%**	**37%**	**41%**	**20%**	**27%**	**10%**	**14%**	**5%**	**24%**	**9%**

Inpatient services

First 6 HoNOS items														
Team type	**N**		**AGR**		**SH**		**AOD**		**COG**		**PHY**		**DelHal**	
	Adm	**Disch**	**Adm**	**Disch**	**Adm**	**Disch**	**Adm**	**Disch**	**Adm**	**Disch**	**Adm**	**Disch**	**Adm**	**Disch**
Alcohol and drug team	191	181	7%	9%	2%	2%	100%	99%	6%	8%	44%	42%	2%	3%
Eating disorders team	22		9%		14%		14%		9%		59%		5%	
Forensic team	27	43	26%	5%	4%	0%	15%	9%	26%	10%	11%	7%	63%	19%
Inpatient team	7,114	5,600	46%	12%	28%	7%	49%	26%	25%	9%	21%	11%	60%	21%
Maternal mental health team	86	75	24%	9%	26%	9%	15%	8%	16%	8%	21%	13%	31%	11%
Older people team	46	34	48%	18%	9%	6%	4%	0%	57%	47%	41%	32%	65%	32%
Total	**7,491**	**5,949**	**44%**	**12%**	**27%**	**7%**	**49%**	**28%**	**25%**	**9%**	**22%**	**12%**	**58%**	**20%**

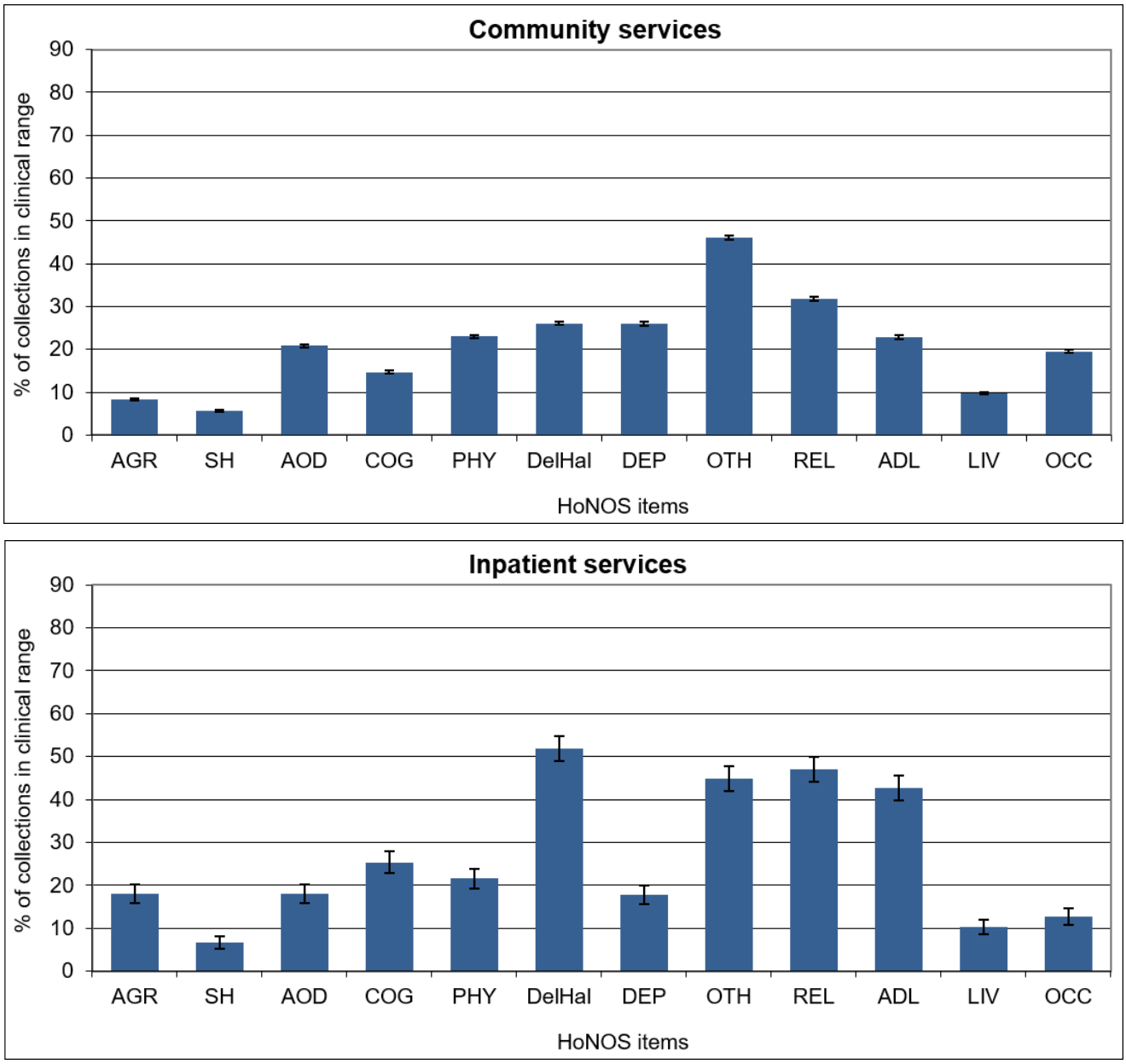
Second 6 HoNOS items												
Team type	**DEP**		**OTH**		**REL**		**ADL**		**LIV**		**OCC**	
	Adm	**Disch**	**Adm**	**Disch**	**Adm**	**Disch**	**Adm**	**Disch**	**Adm**	**Disch**	**Adm**	**Disch**
Alcohol and drug team	48%	41%	52%	48%	15%	10%	8%	7%	8%	12%	33%	27%
Eating disorders team	59%		100%		23%		27%		0%		36%	
Forensic team	4%	2%	38%	14%	24%	7%	19%	9%	22%	9%	29%	14%
Inpatient team	45%	16%	62%	26%	54%	26%	38%	14%	32%	13%	38%	17%
Maternal mental health team	79%	37%	85%	41%	50%	35%	34%	16%	8%	12%	21%	11%
Older people team	26%	15%	54%	18%	43%	31%	54%	44%	13%	10%	29%	14%
Total	**45%**	**17%**	**62%**	**27%**	**53%**	**26%**	**38%**	**14%**	**31%**	**13%**	**38%**	**17%**

Notes: Percentage of service users in the clinical range (2, 3 or 4) for each HoNOS item. Community discharge does not include discharges to an inpatient unit.

Interpretation: The higher the percentage, the more prevalent the difficulty measured by the item is amongst service users. A greater decrease between admission and discharge suggests a better outcome for the difficulty measured by the item. Items that show medium to high frequency and less change may suggest possible targets for service improvement.

Target: A greater decrease from admission to discharge and smaller percentage in clinical range at discharge.

Graph 5b: Percentage of collections in clinical range on each HoNOS item (review collections): New Zealand, Jul 2025 – Jun 2026



Notes: Percentage of service users in the clinical range (2, 3 or 4) for each HoNOS item on review collections. Due to most admission being less than 91 days, the data set for review collections in inpatient settings is relatively small.

Interpretation: The longer the bar, the more prevalent the difficulty measured by the item is amongst service users.

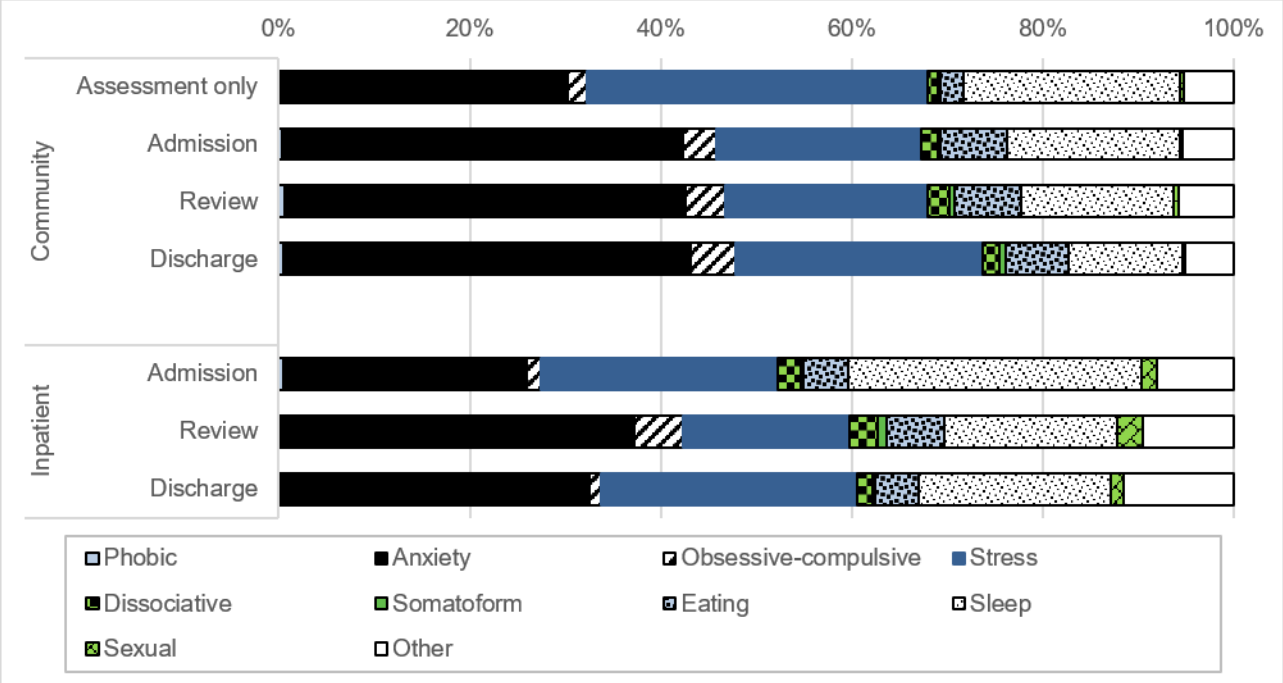
Table 5b: Percentage of collections in clinical range on each HoNOS item (review collections) by team: New Zealand, Jul 2025 – Jun 2026

Team type	N	AGR	SH	AOD	COG	PHY	DelHal	DEP	OTH	REL	ADL	LIV	OCC
Community services													
Alcohol and drug team	1,021	5%	4%	35%	15%	23%	25%	16%	33%	21%	20%	10%	16%
Child and youth team	215	4%	10%	11%	11%	27%	8%	36%	72%	37%	27%	7%	21%
Co-existing problem team	87	10%	3%	64%	32%	25%	25%	30%	66%	41%	24%	6%	25%
Community team	28,747	8%	6%	21%	14%	23%	26%	26%	46%	32%	23%	9%	20%
Early intervention team	799	8%	3%	24%	17%	11%	30%	20%	42%	32%	22%	10%	15%
Eating disorders team	487	10%	16%	12%	19%	41%	10%	56%	86%	36%	35%	9%	17%
Forensic team	81	11%	3%	20%	11%	11%	30%	19%	33%	41%	17%	10%	16%
Kaupapa Māori team	2,030	8%	5%	26%	20%	27%	30%	22%	42%	32%	25%	13%	22%
Maternal mental health team	1,056	6%	5%	2%	5%	16%	2%	52%	74%	30%	7%	4%	4%
Needs assessment and service coordination team	650	13%	7%	26%	36%	31%	44%	22%	46%	41%	40%	17%	28%
Older people team	72	24%	3%	4%	74%	40%	31%	25%	44%	33%	61%	21%	28%
Pacific people team	983	3%	4%	17%	10%	19%	29%	15%	24%	19%	17%	9%	16%
Specialist psychotherapy	26	12%	54%	0%	8%	27%	0%	65%	73%	54%	62%	35%	38%
Specialty team	234	8%	7%	25%	24%	48%	26%	37%	67%	43%	40%	13%	35%
Total	**36,508**	**8%**	**6%**	**21%**	**15%**	**23%**	**26%**	**26%**	**46%**	**32%**	**23%**	**10%**	**20%**
Inpatient services													
Forensic team	147	14%	3%	14%	48%	27%	71%	13%	54%	63%	58%	1%	6%
Inpatient team	1,010	18%	7%	19%	22%	21%	49%	18%	44%	45%	40%	12%	14%
Total	**1,170**	**18%**	**7%**	**18%**	**25%**	**22%**	**52%**	**18%**	**45%**	**47%**	**43%**	**10%**	**13%**

Notes: Percentage of service users in the clinical range (2, 3 or 4) for each HoNOS item on review collections. Due to most admission being less than 91 days, the data set for review collections in inpatient settings is relatively small.

Interpretation: The higher the percentage, the more prevalent the difficulty measured by the item is amongst service users.

Graph 5c: Distribution of other mental health and behavioural problems in the clinical range by collection type: New Zealand, Jul 2025 – Jun 2026



Notes: This is for service users in the clinical range (2, 3 or 4) for other mental health and behavioural problems item.

Interpretation: This shows the distribution of what is selected for other mental health and behavioural problems. Other mental health and behavioural problems provides clinicians with the opportunity to rate the most severe clinical problem not covered elsewhere from the following list: phobic, anxiety, obsessive-compulsive, stress, dissociative, somatoform, eating, sleep, sexual, other. Other conforms to an ICD or DSM classification. The most severe clinical problem can change for each collection.

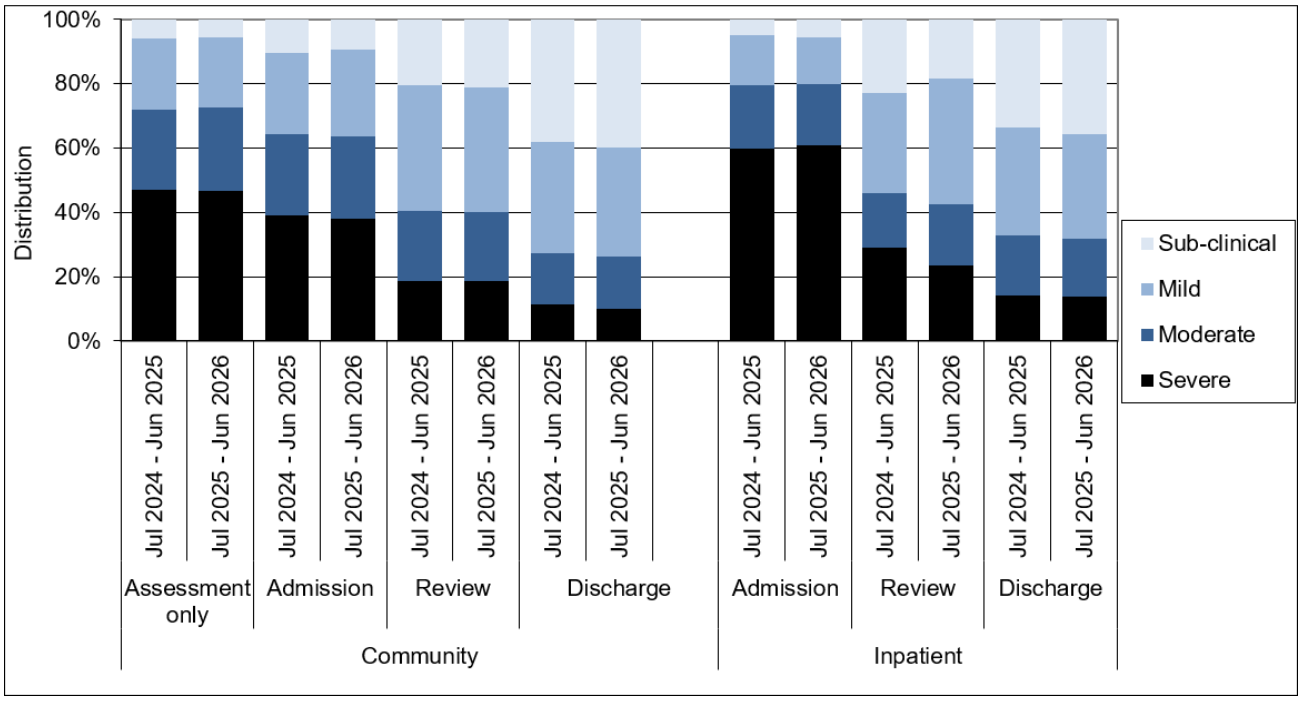
Table 5c: Distribution of other mental health and behavioural problems in the clinical range (admission and review collections) by team: New Zealand, Jul 2025 – Jun 2026

	Phobic	Anxiety	Obsessive-compulsive	Stress	Dissociative	Somatoform	Eating	Sleep	Sexual	Other	Number
Community service											
Alcohol and drug team	1%	34%	1%	26%	1%	0%	1%	29%	0%	1%	569
Child and youth team	0%	50%	3%	22%	3%	0%	6%	6%	1%	4%	163
Co-existing problem team	4%	26%	3%	35%	1%	0%	4%	24%	0%	3%	72
Community team	1%	42%	4%	22%	2%	1%	5%	17%	1%	6%	17,282
Early intervention team	0%	58%	2%	11%	2%	0%	4%	16%	1%	6%	409
Eating disorders team	0%	7%	0%	3%	0%	0%	84%	3%	0%	2%	686
Forensic team	0%	29%	0%	24%	0%	0%	0%	29%	0%	9%	31
Kaupapa Māori team	1%	40%	1%	23%	2%	1%	4%	23%	0%	2%	950
Maternal mental health team	0%	59%	5%	19%	2%	0%	2%	8%	0%	4%	1,563
Needs assessment and service coordination team	0%	29%	4%	27%	1%	0%	6%	20%	0%	10%	331
Older people team	0%	29%	4%	8%	4%	0%	2%	27%	2%	25%	52
Pacific people team	1%	35%	2%	19%	4%	0%	2%	28%	1%	8%	334
Specialist psychotherapy	0%	65%	0%	25%	10%	0%	0%	0%	0%	0%	20
Specialty team	1%	35%	3%	12%	3%	1%	25%	17%	0%	4%	186
Total	**1%**	**41%**	**4%**	**21%**	**2%**	**1%**	**7%**	**16%**	**0%**	**6%**	**22,667**
Inpatient service											
Alcohol and drug team	0%	79%	1%	9%	0%	0%	0%	0%	0%	11%	100
Eating disorders team	0%	0%	0%	0%	0%	0%	96%	4%	0%	0%	24
Forensic team	0%	38%	5%	23%	2%	1%	6%	18%	4%	4%	84
Inpatient team	1%	25%	2%	25%	2%	0%	4%	30%	2%	8%	4,566
Maternal mental health team	0%	43%	1%	19%	3%	0%	1%	29%	0%	3%	72
Older people team	0%	25%	0%	25%	4%	0%	11%	21%	0%	14%	28
Total	**0%**	**27%**	**2%**	**24%**	**2%**	**0%**	**5%**	**29%**	**2%**	**8%**	**4,878**

Notes: This is for admission and review collections. This is for service users in the clinical range (2, 3 or 4) for other mental health and behavioural problems item.

Interpretation: The shows the distribution of what is selected for other mental health and behavioural problems.

Graph 6: Index of Severity ratings for HoNOS by collection type: New Zealand, Jul 2024 – Jun 2025 and Jul 2025 – Jun 2026



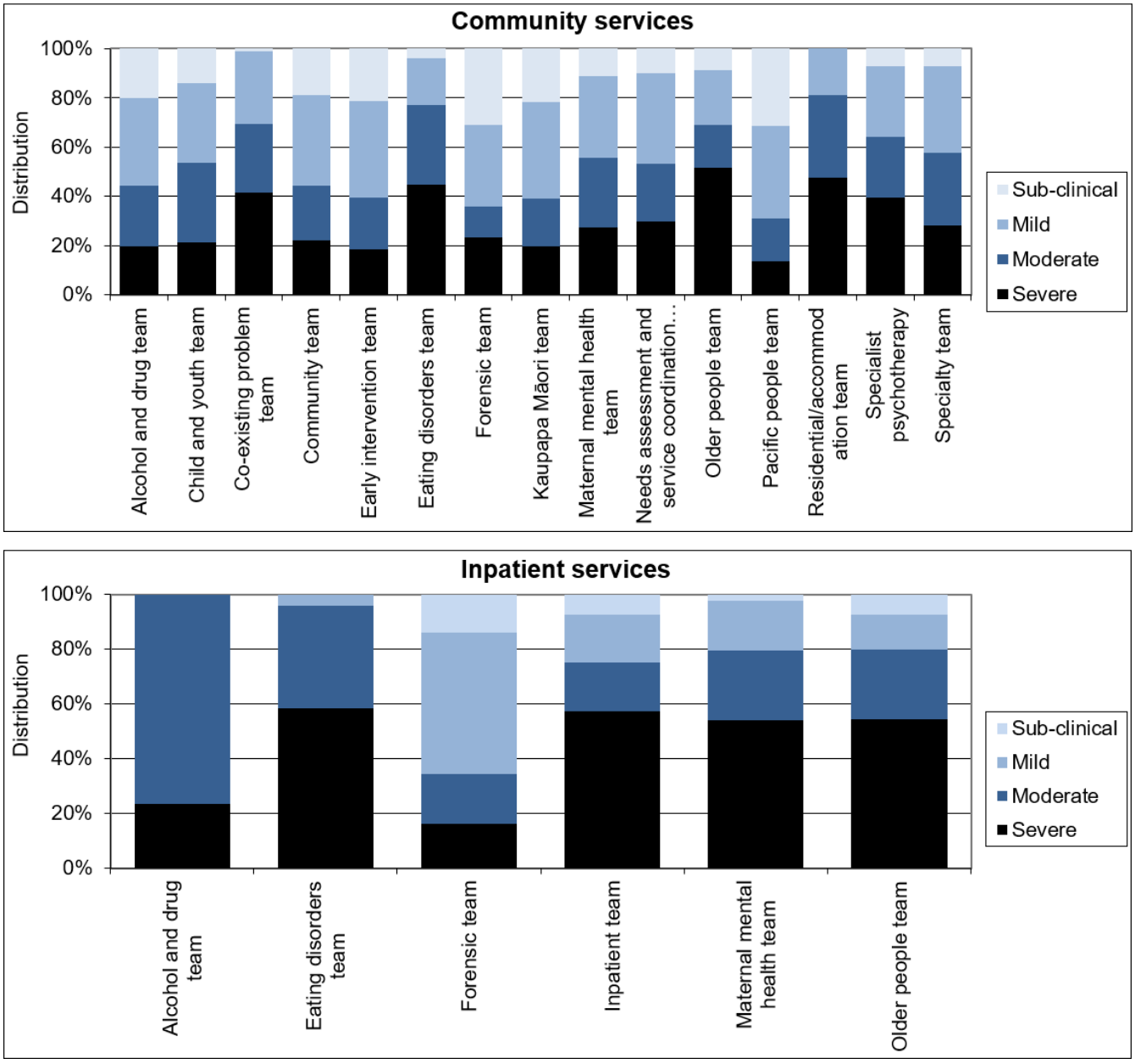
Notes: Community discharge does not include discharge to an inpatient unit. Index of Severity: Sub clinical = all items <2, mild = at least one item >1 and all items <3, moderate = at least one item >=3, severe = at least 2 items >=3 using first 10 items.

Interpretation: Darker bars indicate higher overall level of severity. More positive outcome is shown by larger decrease in darker sections of bar between admission and discharge.

2. Other measures of service activity

This section presents other information related to data collected in PRIMHD that may be helpful for understanding how teams are operating. This includes information relevant to caseload intensity and team activity.

Graph 7: Index of Severity for HoNOS (admission and review collections) by team, New Zealand, Jul 2025 – Jun 2026



Notes: Only data related to collection at admission and review is included so that results reflect the severity of service users during their engagement with the service. Index of Severity: Sub clinical = all items <2, mild = at least one item >1 and all items <3, moderate = at least one item >=3, severe = at least 2 items >=3 using first 10 items.

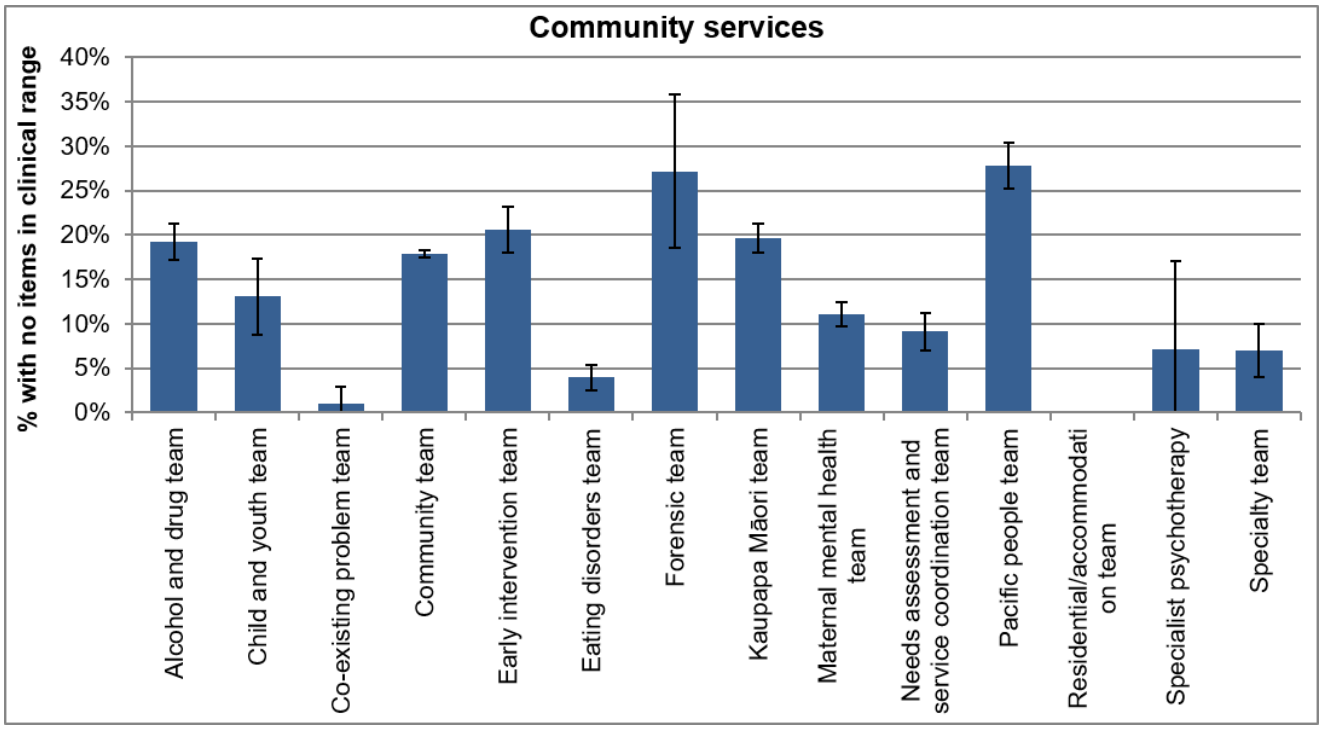
Interpretation: This graph gives an impression of the overall severity of the caseload for different teams at admission. The longer the darker bar, the higher the overall severity of the team's caseload.

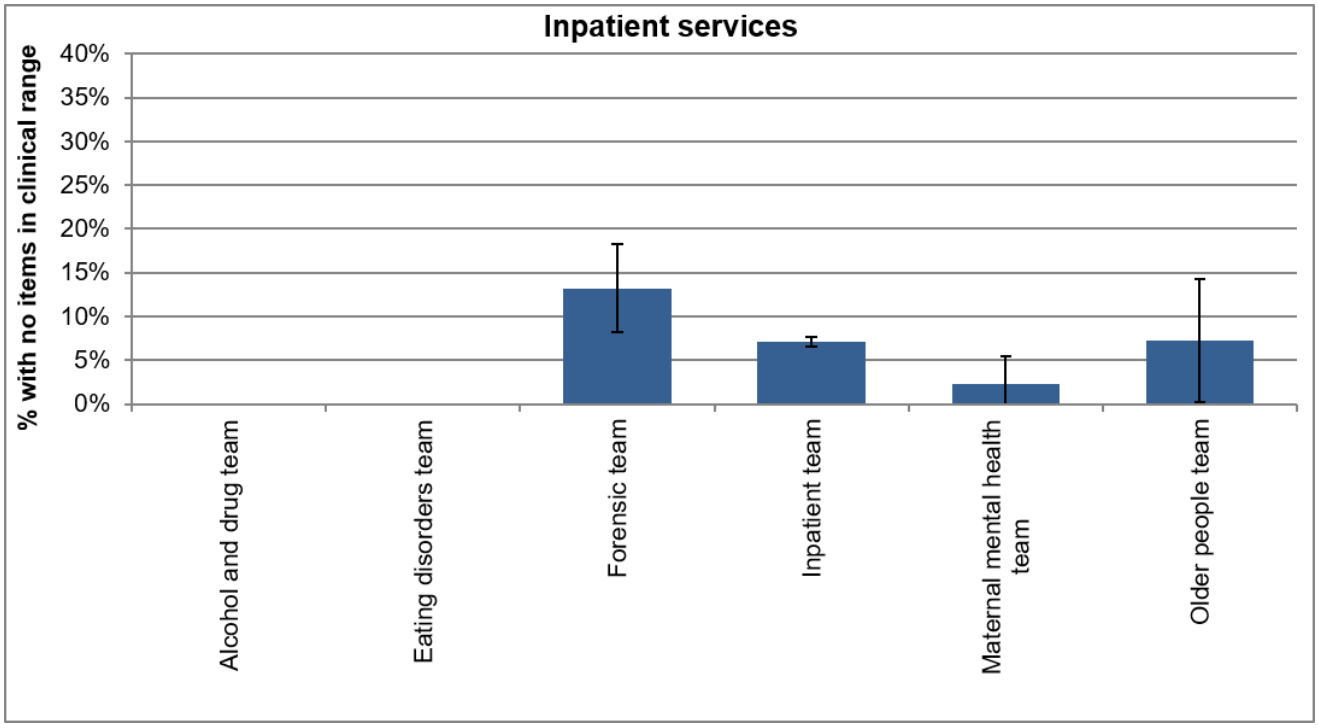
Table 7: Index of Severity for HoNOS by collection type and team: New Zealand, Jul 2025 – Jun 2026

Team type	Assessment only					Admission					Review					Discharge				
	Sub	Mild	Mod	Sev	N	Sub	Mild	Mod	Sev	N	Sub	Mild	Mod	Sev	N	Sub	Mild	Mod	Sev	N
Community services																				
Alcohol and drug team	6%	21%	24%	49%	454	4%	34%	25%	36%	386	26%	36%	25%	13%	1,021	30%	33%	23%	14%	186
Child and youth team	16%	24%	34%	27%	83	7%	23%	43%	27%	30	15%	34%	31%	20%	215	34%	38%	17%	12%	101
Co-existing problem team											1%	33%	29%	37%	87					
Community team	5%	22%	25%	48%	9,100	10%	27%	25%	38%	6,875	21%	39%	21%	18%	28,758	40%	34%	16%	10%	5,142
Early intervention team						9%	37%	20%	34%	161	24%	40%	21%	16%	799	42%	34%	16%	8%	131
Eating disorders team	2%	8%	28%	62%	61	0%	4%	41%	55%	272	6%	27%	27%	39%	487	29%	30%	26%	16%	172
Forensic team						32%	27%	5%	36%	22	31%	35%	15%	20%	81					
Kaupapa Māori team	12%	30%	15%	42%	66	16%	33%	20%	30%	257	22%	40%	20%	18%	2,030	34%	34%	18%	13%	93
Maternal mental health team	6%	31%	26%	37%	171	5%	24%	31%	40%	923	17%	41%	27%	16%	1,056	48%	38%	9%	5%	794
Needs assessment and service coordination team	12%	21%	40%	28%	120	10%	29%	24%	37%	62	10%	38%	23%	29%	650	21%	39%	27%	12%	33
Older people team	20%	15%	30%	35%	20	13%	7%	17%	63%	54	6%	33%	18%	43%	72	11%	20%	30%	39%	44
Pacific people team						18%	34%	23%	25%	202	34%	38%	16%	11%	983	45%	37%	14%	4%	78
Specialist psychotherapy											8%	27%	27%	38%	26					
Specialty team	4%	24%	31%	41%	319	4%	29%	29%	38%	52	8%	36%	29%	26%	234	32%	26%	10%	32%	31
Total	**6%**	**22%**	**26%**	**47%**	**10,428**	**9%**	**27%**	**26%**	**38%**	**9,331**	**21%**	**39%**	**22%**	**19%**	**36,523**	**40%**	**34%**	**16%**	**10%**	**6,831**
Inpatient service																				
Alcohol and drug team						0%	0%	76%	24%	191						1%	3%	73%	24%	181
Eating disorders team						0%	0%	36%	64%	22										
Forensic team						30%	22%	19%	30%	27	11%	57%	18%	14%	147					
Inpatient team						6%	15%	17%	62%	7,124	20%	36%	19%	25%	1,011	37%	33%	16%	14%	5,603
Maternal mental health team						1%	19%	26%	55%	86						27%	51%	9%	13%	75
Older people team						4%	15%	28%	52%	46						18%	26%	32%	24%	34
Total						**6%**	**14%**	**19%**	**61%**	**7,501**	**19%**	**39%**	**19%**	**23%**	**1,171**	**36%**	**33%**	**18%**	**14%**	**5,952**

Notes: Sub = sub clinical, Mild = mild, Mod = moderate, Sev = severe on Index of Severity. Only admission collection data is included so that results reflect the severity of service users during their engagement with the service. Index of Severity: Sub clinical = all items <2, mild = at least one item >1 and all items <3, moderate = at least one item >=3, severe = at least 2 items >=3 using first 10 items. Community discharge does not include discharge to an inpatient unit.
Interpretation: Larger percentages in the columns to the right for each type of collection, the higher the overall severity of the team's caseload.

Graph 8: Collections with no HoNOS items in clinical range: New Zealand, Jul 2025 – Jun 2026





Notes: Includes admission and review collections. Shows percentage of service users with all HoNOS items less than two, ie no HoNOS items in the clinical range.

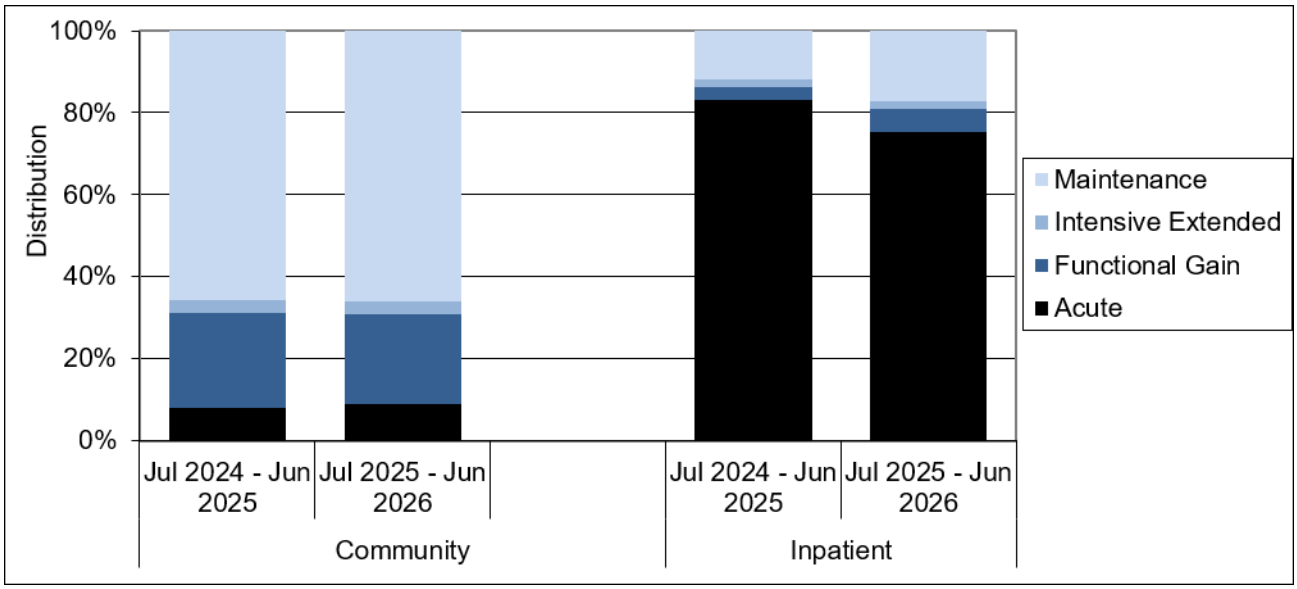
Interpretation: There are a variety of reasons that may make it appropriate for service users to remain in the service even though they show no HoNOS items in the clinical range. However, teams showing a larger or substantial percentage of service users with no HoNOS items in the clinical range could benefit from reviewing these cases to ensure that the service remains appropriate for this service user.

Table 8: Collections with no HoNOS items in clinical range: New Zealand, Jul 2025 – Jun 2026

Team type	Number of collections with no items in clinical range	Percentage with no items in clinical range
Community services		
Alcohol and drug team	270	19%
Child and youth team	32	13%
Co-existing problem team	1	1%
Community team	6,385	18%
Early intervention team	198	21%
Eating disorders team	30	4%
Forensic team	28	27%
Kaupapa Māori team	450	20%
Maternal mental health team	219	11%
Needs assessment and service coordination team	65	9%
Pacific people team	329	28%
Residential/accommodation team	0	0%
Specialist psychotherapy	2	7%
Specialty team	20	7%
Total	**8,041**	**18%**
Inpatient services		
Alcohol and drug team	0	0%
Eating disorders team	0	0%
Forensic team	23	13%
Inpatient team	578	7%
Maternal mental health team	2	2%
Older people team	4	7%
Total	**607**	**7%**

Notes: For further information see notes for graph 8.

Graph 9: Focus of care categories: New Zealand, Jul 2024 – Jun 2025 and Jul 2025 – Jun 2026



Notes: Data from review and discharge collections.

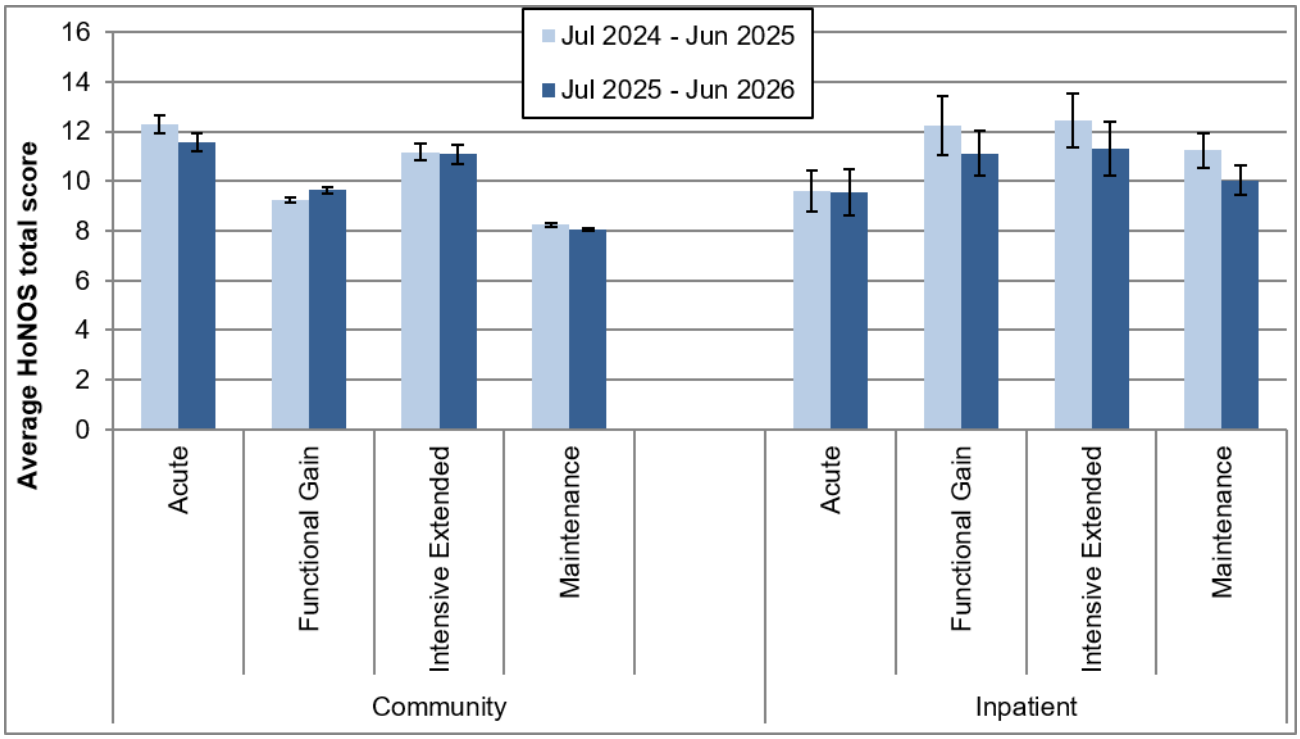
Interpretation: Darker bars indicate more intensive involvement in care, so a longer, darker bar in general suggests more intensive working. A longer functional gain bar and shorter maintenance bar potentially suggests more recovery focused ways of working.

Table 9: Focus of care categories by team: New Zealand, Jul 2024 – Jun 2025 and Jul 2025 – Jun 2026

Team type	Acute		Functional gain		Intensive extended		Maintenance		Number of collections	
	Last	This	Last	This	Last	This	Last	This	Last	This
Community services										
Alcohol and drug team	7%	8%	16%	12%	6%	5%	72%	75%	1,334	1,284
Child and youth team	4%	5%	27%	22%	6%	7%	63%	66%	271	273
Co-existing problem team	10%	19%	52%	19%	3%	0%	35%	62%	31	42
Community team	9%	9%	22%	21%	3%	3%	66%	67%	34,411	33,078
Early intervention team	5%	5%	35%	29%	2%	4%	59%	62%	917	977
Eating disorders team	9%	9%	48%	59%	9%	8%	34%	24%	662	615
Forensic team	7%	6%	14%	9%	3%	8%	76%	77%	112	88
Kaupapa Māori team	4%	4%	10%	7%	2%	1%	85%	88%	2,166	2,048
Maternal mental health team	6%	8%	60%	62%	1%	1%	33%	30%	1,733	1,789
Needs assessment and service coordination team	5%	4%	12%	10%	5%	6%	79%	81%	719	617
Older people team	6%	12%	9%	7%	0%	3%	85%	79%	127	113
Pacific people team	5%	3%	15%	12%	0%	0%	81%	84%	940	959
Residential/accommodation team		10%		5%		65%		20%		20
Specialist psychotherapy		14%		34%		17%		34%		29
Specialty team	9%	16%	34%	27%	4%	2%	54%	54%	312	274
Total	**8%**	**9%**	**23%**	**22%**	**3%**	**3%**	**66%**	**66%**	**43,768**	**42,220**
Inpatient services										
Alcohol and drug team	100%	99%	0%	1%	0%	0%	0%	0%	181	180
Forensic team	9%	7%	4%	5%	31%	31%	56%	58%	174	176
Inpatient team	85%	76%	3%	6%	1%	1%	11%	17%	6,317	6,210
Maternal mental health team	90%	97%	1%	3%	0%	0%	9%	0%	77	70
Older people team	65%	69%	0%	0%	10%	0%	26%	31%	31	42
Total	**83%**	**75%**	**3%**	**6%**	**2%**	**2%**	**12%**	**17%**	**6,801**	**6,694**

Notes: For further information see notes for Graph 9.

Graph 10: HoNOS total score (review collections) by focus of care: New Zealand, Jul 2024 – Jun 2025 and Jul 2025 – Jun 2026



Notes: This data is just for review collections.

Interpretation: Points are significantly different if error bars do not overlap. A general downward trend in scores from acute to maintenance focus of care might be expected.

Table 10: HoNOS total score (review collections) by focus of care by team: New Zealand, Jul 2025 – Jun 2026

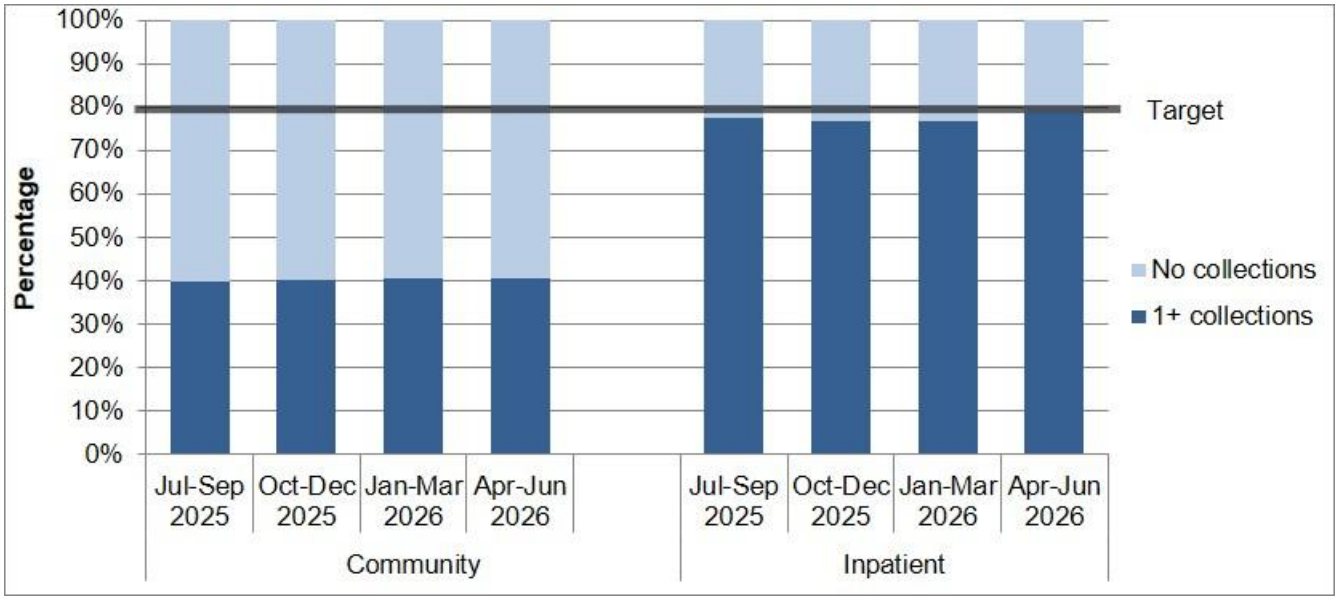
Team type	Acute			Functional Gain			Intensive Extended			Maintenance		
	N	Mean	CI	N	Mean	CI	N	Mean	CI	N	Mean	CI
Community services												
Alcohol and drug team	20	16.1	13.8-18.4	94	11.2	9.9-12.5	49	11.3	9.5-13.1	807	6.2	5.9-6.6
Child and youth team				31	11.8	9.4-14.2				137	8.2	7.5-8.9
Co-existing problem team										23	11.4	9.8-13.1
Community team	1,144	10.9	10.5-11.3	5,553	9.6	9.4-9.7	885	10.7	10.3-11.1	19,191	8.1	8.0-8.1
Early intervention team	23	17.4	13.2-21.7	237	10.1	9.3-10.8	37	12.4	10.2-14.5	465	5.7	5.3-6.1
Eating disorders team	43	12.3	11.0-13.6	232	12.8	11.9-13.6	39	13.7	11.5-15.9	121	9.3	8.3-10.3
Forensic team										57	6.3	4.9-7.7
Kaupapa Māori team	51	18.7	16.7-20.8	140	13.5	12.4-14.7	21	13.2	10.8-15.5	1,656	9.2	8.9-9.5
Maternal mental health team	50	9.0	7.6-10.4	630	7.2	6.9-7.5				299	6.8	6.4-7.3
Needs assessment and service coordination team				52	13.3	11.6-15.0	31	13.5	10.7-16.4	471	11.2	10.6-11.8
Older people team										56	11.0	8.8-13.2
Pacific people team				93	11.0	10.3-11.8				760	6.1	5.8-6.5
Specialty team	27	13.1	10.8-15.5	65	10.0	8.5-11.4				136	11.6	10.5-12.6
Total	**1,408**	**11.6**	**11.2-11.9**	**7,158**	**9.6**	**9.5-9.8**	**1,115**	**11.1**	**10.7-11.5**	**24,196**	**8.1**	**8.0-8.1**
Inpatient services												
Forensic team							52	11.5	10.1-13.0	88	10.8	9.7-12.0
Inpatient team	332	9.5	8.6-10.5	203	11.1	10.2-12.0	33	11.2	9.5-12.9	347	9.8	9.1-10.4
Total	**340**	**9.6**	**8.6-10.5**	**207**	**11.1**	**10.2-12.0**	**86**	**11.3**	**10.2-12.4**	**439**	**10.0**	**9.5-10.6**

Notes: For further information see notes for Graph 10.

3. Collection completion and validity

This section presents information about the completeness and validity of the data on which the remainder of this report is based. It also shows the current targets for the variables presented.

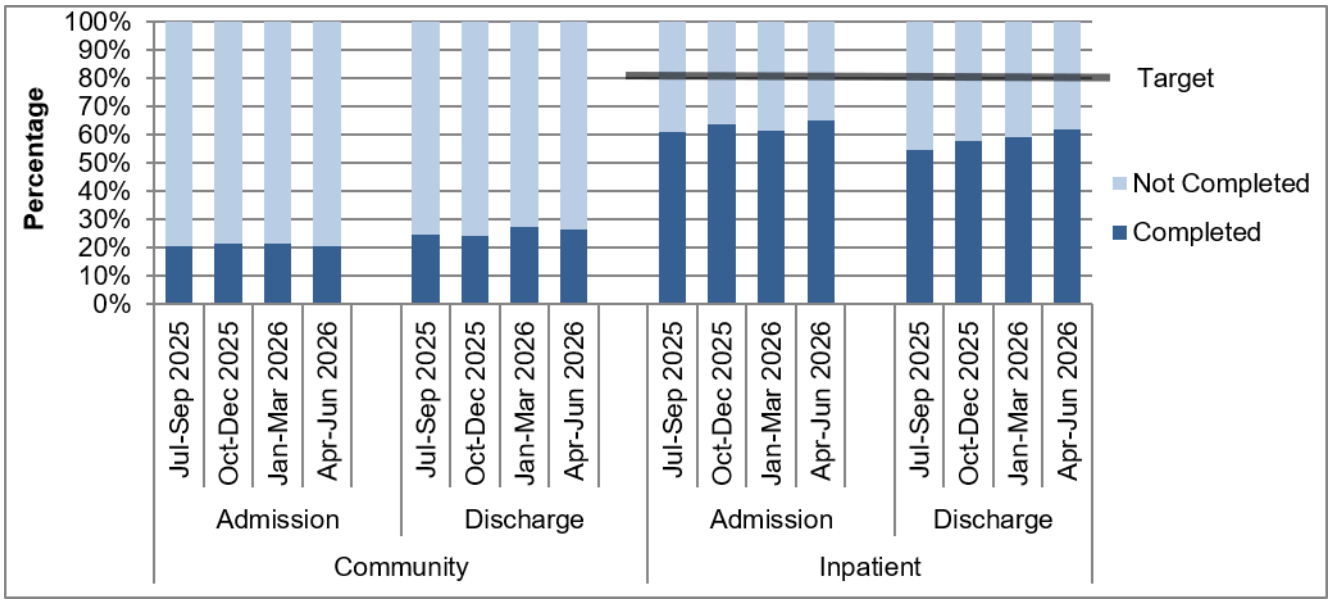
Graph 11: Percentage of service users with at least one collection during the period in a quarter: New Zealand, Jul 2025 – Jun 2026 (18 to 64 years)



Interpretation: The longer the dark part of the bar, the more completely the data set includes all service users, and the more meaningful and representative the graphs, tables, and analyses using these data will be. This data is approximate due to movement of service users between teams and similar variations; however, it does provide a reasonably accurate representation of completion of measures. Only data with valid collections is included.

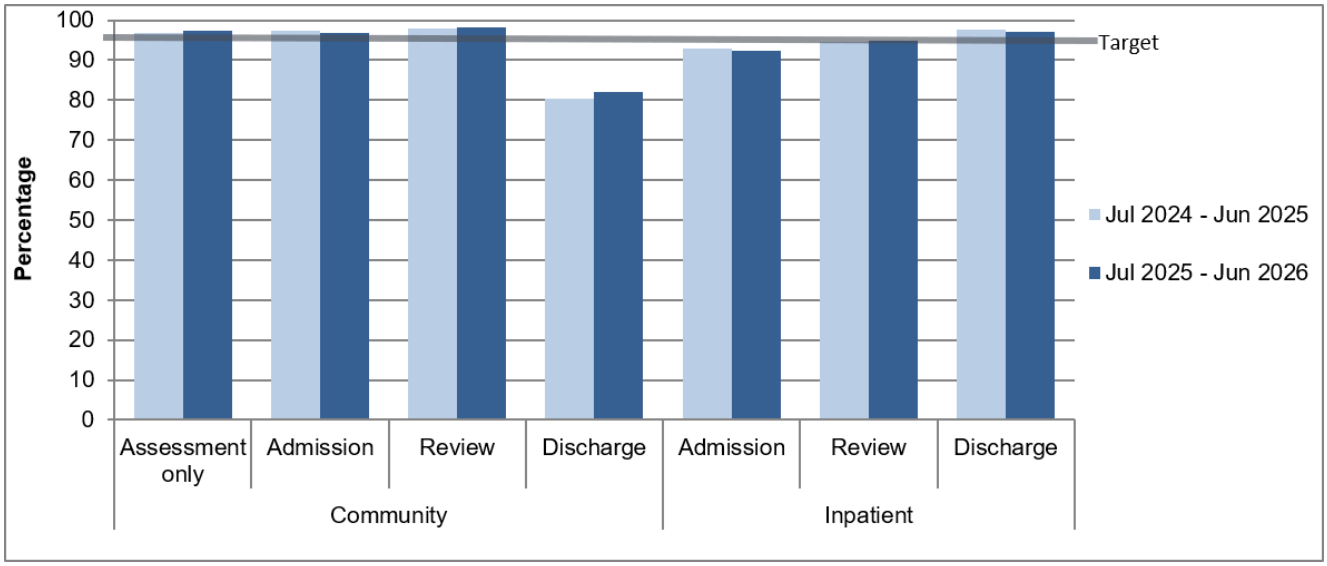
Target: To meet or exceed the target shown on the graph for the percentage of service users with at least one collection within the period.

Graph 12: Percentage of service users with admission and discharge collections completed by quarter: New Zealand, Jul 2025 – Jun 2026 (18 to 64 years)



Interpretation: The longer the dark bar, the larger the percentage of admission and discharge that had the relevant data collection type. Data is approximate due to movement of service users between teams and similar variations; however, it does provide a reasonably accurate representation of completion of measures. Only data with valid collections is included.

Graph 13: Percentage of valid collections, HoNOS: New Zealand, Jul 2024 – Jun 2025 and Jul 2025 – Jun 2026



Notes: Valid = Two or fewer of the 12 items scored as unknown or missing. Discharge excludes collection types for lost to care, discharge dead and brief episode of care. Collection in drug and alcohol teams is not required, therefore AOD data is excluded.

Interpretation: The longer the dark lines, the higher the percentage of valid scores.

Target: Aim for 95% valid collections.

Table 13: Invalid collections by team, by HoNOS item: New Zealand, Jul 2025 – Jun 2026

Team type	% Invalid			Number of invalid ratings by HoNOS item												Total number
	Adm	Rev	Dch	1	2	3	4	5	6	7	8	9	10	11	12	
Community services																
Child and youth team	3%	0%	4%	7	9	7	7	7	8	7	10	8	8	9	9	446
Community team	4%	2%	18%	2,160	2,295	2,807	2,450	2,350	2,385	2,411	2,526	2,529	2,491	2,622	3,010	54,849
Early intervention team	3%	1%	21%	68	70	76	74	62	70	67	91	69	69	80	100	1,280
Eating disorders team	1%	1%	6%	15	19	21	14	18	13	21	12	22	20	19	21	1,035
Forensic team	0%	4%	0%	1	4	1	3	2	3	4	1	0	1	4	4	130
Kaupapa Māori team	3%	1%	35%	119	129	134	129	123	130	128	135	127	129	131	132	2,686
Maternal mental health team	1%	1%	15%	171	172	183	173	174	173	170	172	169	182	195	192	3,182
Needs assessment and service coordination team	0%	0%	6%	5	6	9	5	5	5	6	6	7	6	8	8	905
Older people team	2%	1%	4%	1	2	2	4	1	8	3	2	2	3	4	3	198
Pacific people team	1%	1%	21%	45	46	59	46	45	53	46	62	38	38	41	50	1,402
Residential/accommodation team				0	0	0	0	0	0	0	0	0	0	0	0	29
Specialist psychotherapy		0%		0	0	0	0	0	0	0	0	0	0	0	0	41
Specialty team	2%	1%	7%	7	7	17	11	8	13	11	10	13	8	11	17	659
Total	**3%**	**2%**	**18%**	**2,601**	**2,762**	**3,318**	**2,918**	**2,797**	**2,864**	**2,877**	**3,029**	**2,986**	**2,957**	**3,126**	**3,548**	**66,865**
Inpatient services																
Eating disorders team	0%			0	0	0	0	0	0	0	0	0	0	0	0	39
Forensic team	13%	0%	2%	1	1	2	2	2	2	2	4	7	2	2	9	221
Inpatient team	8%	6%	3%	174	288	622	419	316	308	428	618	659	468	1,091	1,196	14,442
Maternal mental health team	0%		0%	0	0	5	1	0	2	1	1	0	0	2	5	162
Older people team	10%		6%	0	2	3	4	1	4	2	3	6	1	22	21	98
Total	**8%**	**5%**	**3%**	**175**	**291**	**632**	**426**	**319**	**316**	**433**	**626**	**672**	**471**	**1,117**	**1,231**	**14,969**

Notes: Per cent (%) invalid collections = the percentage of collections that had three or more of the 12 items scored as unknown or missing. Number of invalid ratings by HoNOS item = for each of the HoNOS items, the number of collections for which that item was unknown or missing. Discharge excludes collection types for lost to care, deceased and brief episode of care. Collection in drug and alcohol teams is not required, therefore AOD data is excluded. **Interpretation:** The lower the per cent invalid, the higher the percentage of valid scores. The lower the number of invalid collections by HoNOS item, the more collections that have valid data on that HoNOS item. **Target:** Aim for 95% valid collections (5% invalid collections) or better. Aim for as few invalid items as possible, with all items having a similar validity rate.