



PRIMHD summary report – HoNOS

Health of the Nation Outcomes Scales – working age adults report for New Zealand

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This report summarises national Programme for the Integration of Mental Health Data (PRIMHD) data submitted by Te Whatu Ora Districts. In particular, it presents Health of the Nation Outcomes Scale (HoNOS) data for working aged adults, from services where HoNOS is the primary measure.

This report is organised into three major sections that provide information about:

- 1. Outcomes related information:** This provides indications about what changes have occurred for service users between entering and leaving the service. Outcome is assessed by comparing the group admitted and the group discharged from the service in the same time period. This should provide a reasonable indication of outcomes achieved unless the service user mix has changed significantly over the usual period for which service is delivered.
- 2. Service related information:** This provides information about the services, such as the overall severity of service users who use different services.
- 3. Collection completion and validity:** This details the completeness of the data set provided by your mental health services. This is important because it indicates how valid and reliable the data sets are likely to be. The less complete the data set, the less valid the information is likely to be.

In many cases the data is presented graphically for New Zealand, and then presented as a table for the individual team types (see team type classification factsheet).

The time period covered differs for the different data presented. See the title or the notes under the graphs or tables for information about the time period covered. Unless otherwise stated, the notes under the graphs also apply to the corresponding table.

For all graphs and tables, if there are less than twenty cases in the data set, then the information is not presented. This is because small samples frequently provide inaccurate and potentially misleading results. See the notes and user guide for other important information about the graphs and tables.

Where appropriate, the statistical **confidence interval** is presented. This is shown by error bars (small lines above and below the average) on the graphs, and a score range in some tables. As a rule of thumb, if the confidence intervals of two data points do not overlap, the two points can be considered to be significantly different. If the confidence intervals of the data points do overlap, we assume the points are not significantly different. It is important to note that statistical significance may not indicate a clinically significant difference.

See the associated user guide for more information about how to understand and use the data presented in this report.

Data for tables and graphs was extracted 26 January 2026 from PRIMHD by Te Whatu Ora, then analysed and formatted by Te Pou.

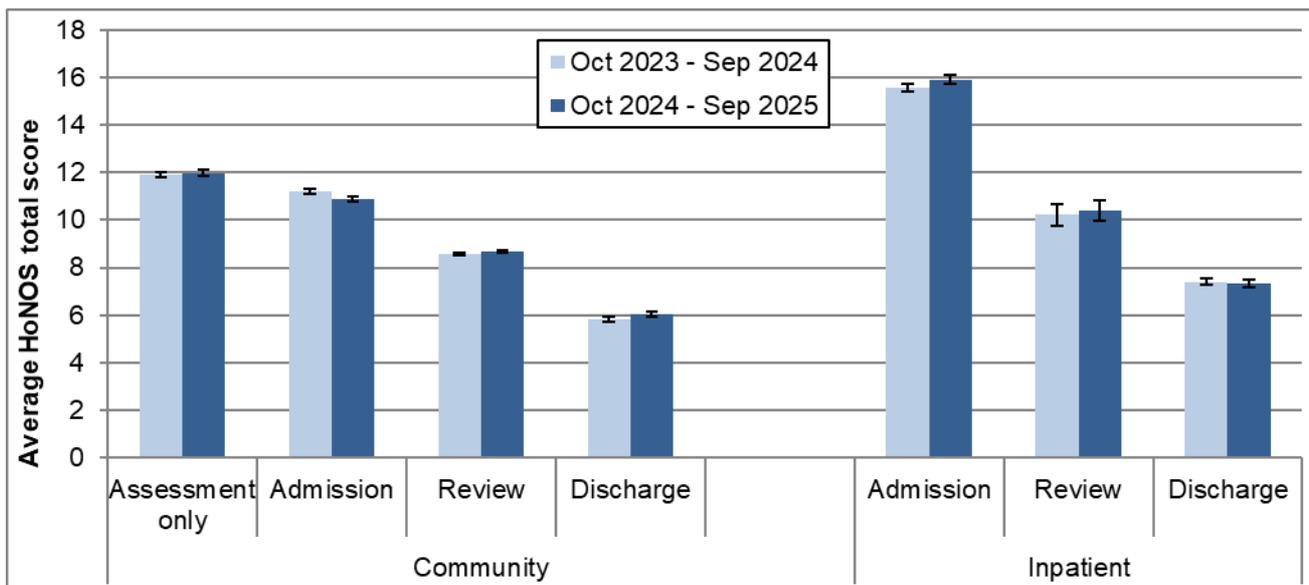
PLEASE NOTE:

For this period a few Te Whatu Ora Districts have incomplete data which will affect New Zealand totals.

1. Outcomes – changes in service user status

This section presents HoNOS data indicating the status of service users at different stages of their contact with Te Whatu Ora District mental health services. Graph and Table 1, and Graph 2 show results from HoNOS total scores. Graphs and Tables 3 to 5b show results related to the percentage of HoNOS items in the clinical range. Table 6 shows results from the Index of Severity derived from HoNOS scores.

Graph 1: Average HoNOS total score (12 items) by collection type: New Zealand, Oct 2023 - Sep 2024 and Oct 2024 - Sep 2025



Notes: Error bars indicate the confidence intervals around the data point. If error bars overlap, the data points are not significantly different. Community discharge does not include discharge to an inpatient unit.

Interpretation: Decrease between admission and discharge is an indication of the outcomes achieved by the service user and service. The greater the decrease between admission and discharge, and the lower the average HoNOS score at discharge, the more positive the outcome.

Target: A greater decrease from admission to discharge and lower average rating at discharge.

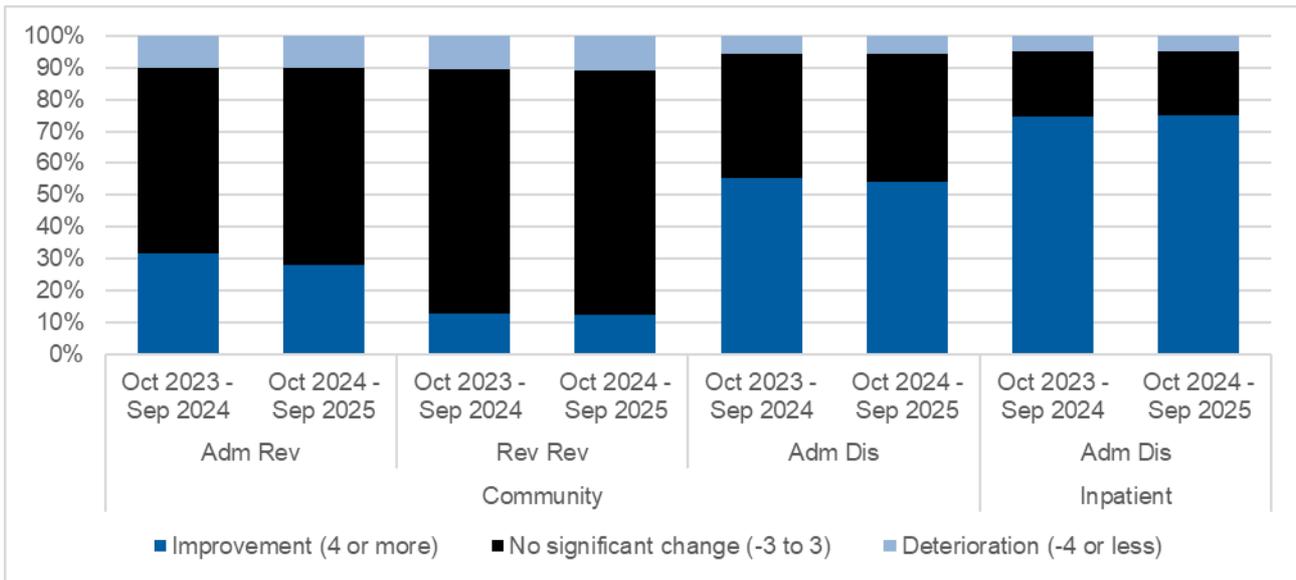
Table 1: Average HoNOS total score (12 items), by collection type and team: New Zealand, Oct 2025 - Sep 2025

Team type	Assessment only			Admission			Review			Discharge		
	N	Mean	CI	N	Mean	CI	N	Mean	CI	N	Mean	CI
Community services												
Alcohol and drug team	337	13.8	13.1-14.5	245	11.7	10.9-12.4	1,124	7.5	7.1-7.8	149	8.8	7.7-9.8
Child and youth team	101	11.5	10.4-12.6	44	11.0	9.3-12.7	208	9.6	8.7-10.5	72	6.7	5.4-7.9
Co-existing problem team				26	12.3	9.4-15.3	52	11.4	9.9-12.9			
Community team	8,966	12.1	11.9-12.2	7,102	11.0	10.9-11.2	29,414	8.6	8.6-8.7	5,034	6.1	5.9-6.2
Early intervention team				171	10.0	9.1-11.0	769	8.1	7.7-8.5	115	6.4	5.4-7.4
Eating disorders team				272	11.8	11.2-12.4	466	11.2	10.7-11.7	146	6.7	5.8-7.7
Forensic team				18	11.7	8.2-15.2	81	9.7	8.3-11.1			
Kaupapa Māori team	74	10.4	9.0-11.9	265	11.5	10.7-12.3	2,053	9.7	9.4-10.0	143	7.4	6.3-8.5
Maternal mental health team	154	9.0	8.2-9.8	892	9.4	9.1-9.7	1,151	7.4	7.1-7.6	727	4.2	3.9-4.5
Needs assessment and service coordination team	133	12.3	11.3-13.3	54	12.4	10.7-14.2	743	11.3	10.8-11.7	38	10.8	8.8-12.8
Older people team				60	12.7	10.9-14.4	75	11.3	9.6-13.0	49	8.8	7.4-10.2
Pacific people team				191	8.4	7.6-9.1	879	6.5	6.2-6.8	87	4.7	3.9-5.6
Specialty team	410	10.4	9.8-10.9	69	13.7	12.2-15.2	238	12.2	11.3-13.0	29	9.5	6.4-12.7
Total	10,274	12.0	11.9-12.1	9,421	10.9	10.8-11.0	37,275	8.7	8.6-8.7	6,611	6.0	5.9-6.2
Inpatient services												
Alcohol and drug team				177	11.7	11.1-12.3				171	9.2	8.6-9.8
Forensic team				27	14.7	11.2-18.1	136	12.0	11.0-13.0	41	2.9	1.5-4.3
Inpatient team				7,158	16.1	15.9-16.3	981	10.1	9.7-10.6	5,422	7.3	7.1-7.5
Maternal mental health team				104	11.6	10.5-12.8				92	7.6	6.3-8.9
Older people team				32	13.9	11.2-16.7				22	8.6	5.6-11.7
Total				7,517	15.9	15.7-16.1	1,127	10.4	10.0-10.8	5,762	7.3	7.2-7.5

Notes: N = number of collections in period. Average = average HoNOS (12 item) score, CI = confidence interval for average score. Community discharge does not include discharge to an inpatient unit.

Interpretation: If confidence intervals for two scores do not overlap, then the scores have a statistically significant difference. It is important to note that statistical significance may not indicate a clinically significant difference.

Graph 2: Difference in HoNOS total score (12 items) for matched pairs by pair type and setting, New Zealand, Oct 2023 - Sep 2024 and Oct 2025 - Sep 2025



Notes: Shows the difference of the matched pair between the start and end HoNOS total score. Community admission to discharge includes discharge no further care and discharge other.

Interpretation: The graphs compare two time periods. Dark blue band indicates percentage improvement within the given time period, while black band indicates no significant change and light blue deterioration. Improvement = 4 or more, no significant change = -3 to 3 and deterioration = -4 or less.

Target: A greater percentage increase in improvement for both community and inpatient settings and a smaller percentage in deterioration.

Table 2: Difference in HoNOS total score (12 items) for matched pairs by pair type and team, community New Zealand, Oct 2025 - Sep 2025

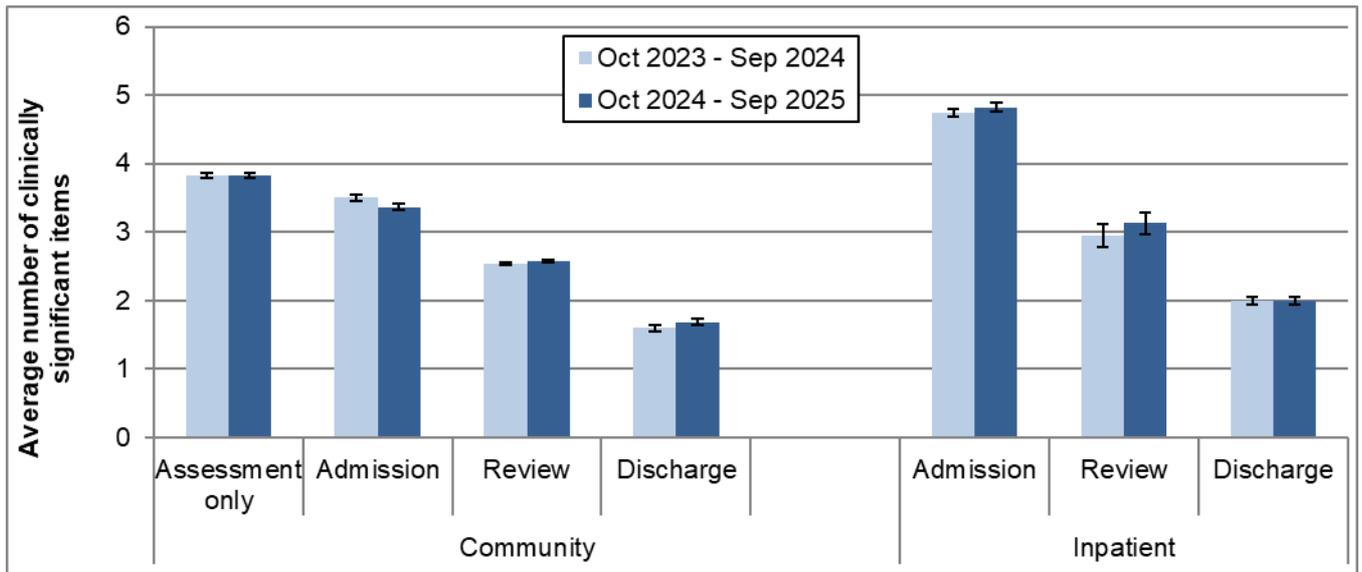
Team Type	Com Adm Rev				Com Rev Rev				Com Adm Dis			
	↓ Det	No SC	↑ Imp	N	↓ Det	No SC	↑ Imp	N	↓ Det	No SC	↑ Imp	N
Alcohol and drug team	6%	67%	28%	36	15%	68%	16%	365	10%	57%	33%	63
Child and youth team					14%	66%	20%	44				
Community team	11%	61%	29%	1,678	11%	78%	12%	11,563	6%	40%	54%	2,136
Early intervention team	13%	54%	33%	67	13%	69%	17%	239	8%	39%	53%	74
Eating disorders team	14%	70%	16%	57	8%	79%	13%	166	4%	47%	49%	81
Forensic team					0%	75%	25%	28				
Kaupapa Māori team	12%	58%	30%	84	14%	73%	13%	1,123	8%	40%	52%	62
Maternal mental health team	4%	71%	24%	278	6%	80%	14%	392	1%	37%	63%	395
Needs assessment and service coordination team					4%	83%	13%	180				
Older people team					8%	83%	8%	24	3%	45%	52%	29
Pacific people team	15%	54%	31%	52	11%	73%	17%	391	10%	41%	49%	59
Specialty team					7%	79%	13%	97				
Total	10%	62%	28%	2,288	11%	77%	12%	14,628	6%	40%	54%	2,928

Notes: Shows the difference of the matched pair between the start and end HoNOS total score. Community admission to discharge includes discharge no further care and discharge other.

Interpretation: Improvement (↑Imp) = 4 or more, no significant change (No SC) = -3 to 3 and deterioration (↓Det) = -4 or less.

Target: A greater percentage increase in improvement for community setting and a smaller percentage in deterioration.

Graph 3: Average number of clinically significant HoNOS items by collection type: New Zealand, Oct 2023 - Sep 2024 and Oct 2025 - Sep 2025



Notes: Average number clinically significant items = the average number of items in the clinical range (2, 3 or 4) per collection. Community discharge does not include discharge to an inpatient unit.

Interpretation: Points are significantly different if error bars don't overlap. A decrease between admission and discharge is an indication of the outcomes achieved by the service and service user. A greater decrease between admission and discharge indicates a better outcome. A lower admission score could be indication of service users seeking out and being engaged by services at a lower level of severity.

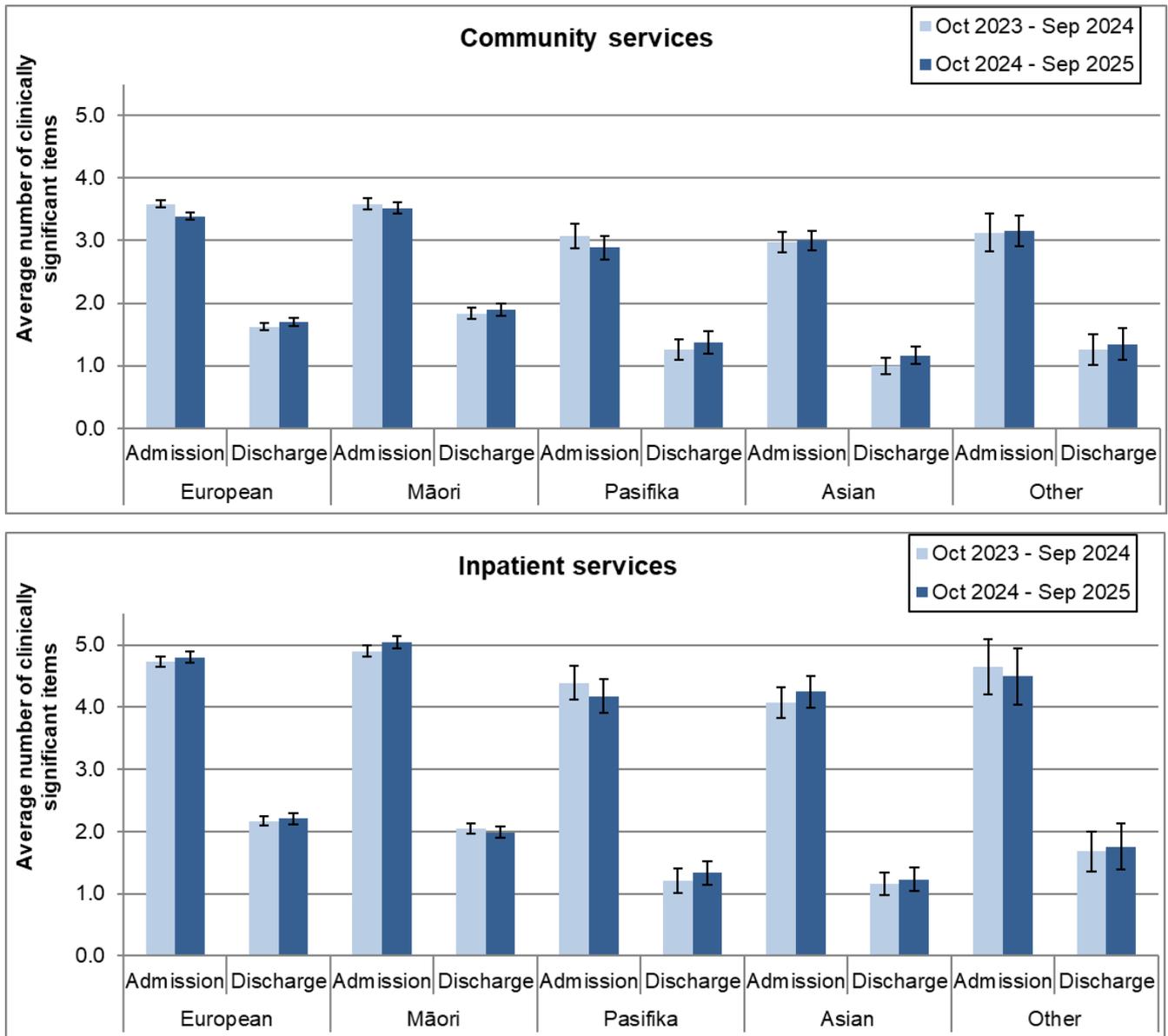
Target: A greater decrease from admission to discharge and smaller percentage in clinical range at discharge

Table 3: Average number of clinically significant HoNOS items by collection type and team: New Zealand, Oct 2025 - Sep 2025

Team type	Assessment only			Admission			Review			Discharge		
	N	Mean	CI	N	Mean	CI	N	Mean	CI	N	Mean	CI
Community services												
Alcohol and drug team	337	4.4	4.1-4.6	245	3.6	3.3-3.9	1,124	2.3	2.2-2.4	149	2.7	2.3-3.1
Child and youth team	101	3.9	3.5-4.4	44	3.5	2.8-4.1	208	2.9	2.6-3.3	72	2.0	1.5-2.6
Co-existing problem team				26	4.0	2.9-5.2	52	3.6	3.1-4.1			
Community team	8,966	3.9	3.8-3.9	7,102	3.4	3.4-3.5	29,414	2.6	2.5-2.6	5,034	1.7	1.6-1.8
Early intervention team				171	3.1	2.7-3.4	769	2.4	2.2-2.5	115	1.8	1.5-2.2
Eating disorders team	46	4.2	3.5-4.8	272	3.6	3.3-3.8	466	3.5	3.3-3.7	146	1.8	1.4-2.1
Forensic team							81	2.8	2.3-3.3	15	2.9	1.0-4.7
Kaupapa Māori team	74	3.2	2.7-3.8	265	3.2	2.9-3.5	2,053	2.8	2.6-2.9	143	2.0	1.6-2.4
Maternal mental health team	154	3.0	2.6-3.3	892	2.9	2.8-3.0	1,151	2.2	2.1-2.3	727	1.1	1.0-1.2
Needs assessment and service coordination team	133	3.7	3.3-4.1	54	3.8	3.1-4.5	743	3.5	3.3-3.7	38	3.3	2.5-4.1
Older people team				60	4.1	3.5-4.7	75	3.5	2.9-4.1	49	2.6	2.1-3.1
Pacific people team				191	2.6	2.3-3.0	879	1.7	1.6-1.8	87	1.2	0.9-1.5
Specialty team	410	3.2	3.0-3.4	69	4.5	3.9-5.0	238	3.9	3.6-4.2	29	2.7	1.5-3.8
Total	10,274	3.8	3.8-3.9	9,421	3.4	3.3-3.4	37,275	2.6	2.6-2.6	6,611	1.7	1.6-1.7
Inpatient services												
Alcohol and drug team				177	3.0	2.7-3.2				171	2.7	2.5-3.0
Forensic team				27	4.6	3.5-5.7	136	3.9	3.5-4.3	41	0.6	0.2-1.1
Inpatient team				7,158	4.9	4.8-5.0	981	3.0	2.8-3.2	5,422	2.0	1.9-2.0
Maternal mental health team				104	3.7	3.3-4.1				92	2.2	1.7-2.6
Older people team				32	4.0	3.2-4.9				22	2.5	1.4-3.6
Total				7,517	4.8	4.8-4.9	1,127	3.1	3.0-3.3	5,762	2.0	1.9-2.1

Notes: N = number of collections in period. Average = average number of HoNOS items in the clinically significant range (ie scoring 2, 3, or 4). CI = confidence interval for average score. Community discharge does not include discharge to an inpatient unit. **Interpretation:** If confidence intervals for two scores do not overlap, then the scores have a statistically significant difference. It is important to note that statistical significance may not indicate a clinically significant difference

Graph 4: Average number of clinically significant HoNOS items at admission and discharge by ethnic group: New Zealand, Oct 2023 - Sep 2024 and Oct 2025 - Sep 2025

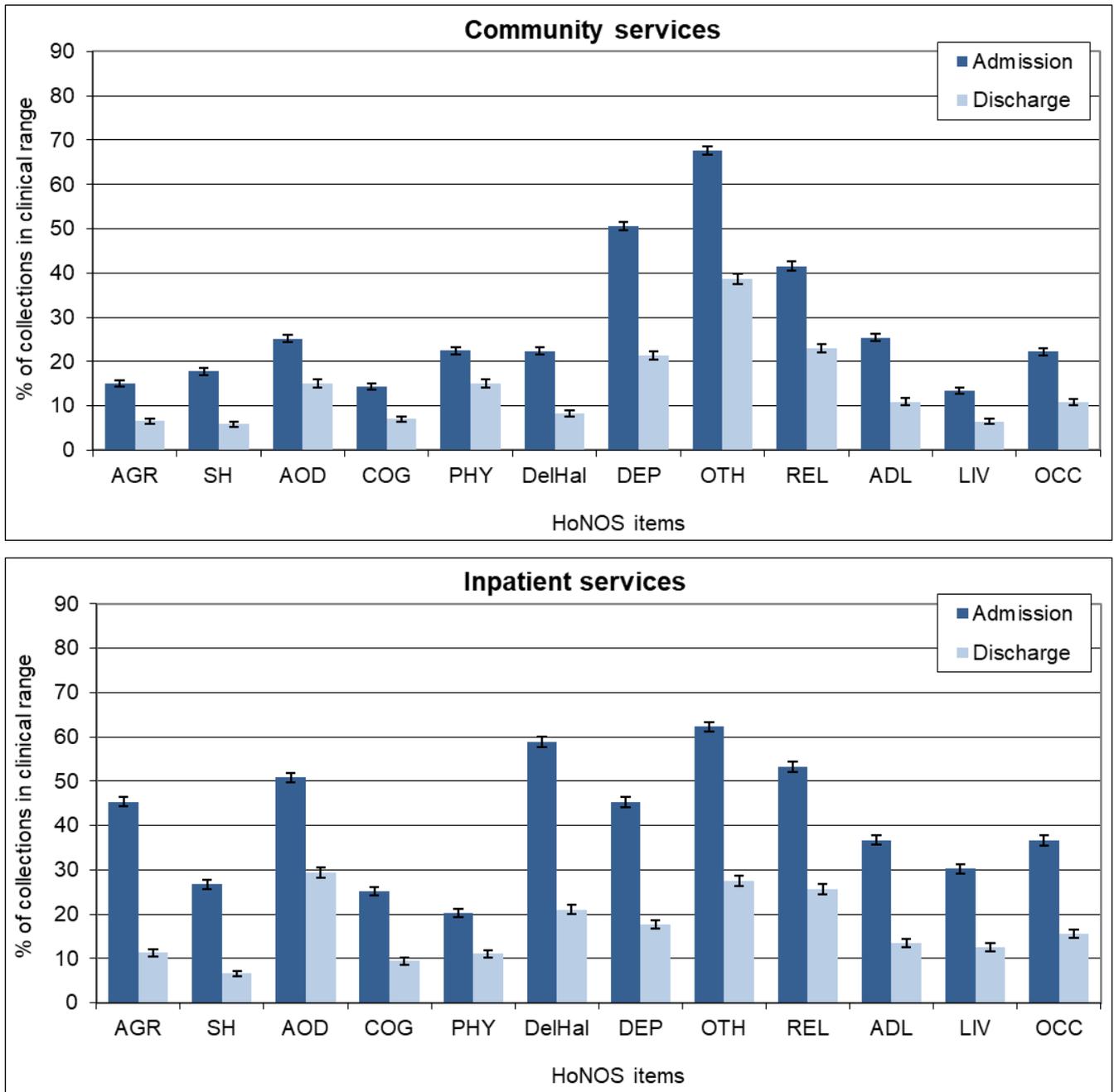


Notes: Average number of HoNOS items in the clinical range (2, 3 or 4). Community discharge does not include discharge to an inpatient unit.

Interpretation: Points are significantly different if error bars don't overlap. Decrease between admission and discharge is an indication of the outcomes achieved by the service and service user. A greater decrease between admission and discharge indicates a better outcome. A lower admission score could be indication of service users seeking out and being engaged by services at a lower level of acuity.

Target: A greater decrease from admission to discharge and smaller percentage in clinical range at discharge.

Graph 5a: Percentage of collections in clinical range on each HoNOS item (admission and discharge collections): New Zealand, Oct 2025 - Sep 2025



Notes: Percentage of service users in the clinical range (2, 3 or 4) for each HoNOS item. Community discharge does not include discharge to an inpatient unit.

Interpretation: The longer the bar, the more prevalent the difficulty measured by the item is amongst service users. A greater decrease in the length of the bar from admission to discharge suggests a better outcome for the difficulty measured by the item. Items that show medium to high frequency and less change may suggest possible targets for service improvement.

Target: A greater decrease from admission to discharge and smaller percentage in clinical range at discharge.

Table 5a: Percentage of collections in clinical range on each HoNOS item (admission and discharge collections) by team: New Zealand Oct 2025 - Sep 2025

Community services

First 6 HoNOS items														
Team type	N		AGR		SH		AOD		COG		PHY		DelHal	
	Adm	Disch	Adm	Disch	Adm	Disch	Adm	Disch	Adm	Disch	Adm	Disch	Adm	Disch
Alcohol and drug team	245	149	11%	16%	16%	11%	57%	45%	19%	13%	26%	22%	14%	9%
Child and youth team	44	72	36%	11%	39%	7%	23%	13%	14%	11%	9%	13%	12%	3%
Co-existing problem team	26		12%		8%		73%		27%		35%		38%	
Community team	7,098	5,030	16%	7%	19%	6%	26%	16%	14%	6%	22%	16%	24%	9%
Early intervention team	171	115	18%	6%	7%	4%	28%	27%	22%	11%	12%	6%	52%	14%
Eating disorders team	272	146	6%	3%	15%	5%	13%	8%	18%	8%	44%	14%	9%	4%
Kaupapa Māori team	265	143	19%	8%	12%	3%	37%	26%	15%	11%	20%	19%	32%	13%
Maternal mental health team	892	727	10%	3%	12%	2%	4%	4%	10%	3%	21%	9%	3%	0%
Needs assessment and service coordination team	54	38	13%	18%	17%	11%	26%	18%	28%	37%	26%	18%	43%	37%
Older people team	60	49	46%	12%	7%	0%	10%	2%	81%	67%	42%	37%	32%	10%
Pacific people team	191	87	10%	5%	10%	1%	24%	10%	15%	7%	18%	11%	35%	14%
Specialty team	69	29	39%	21%	23%	7%	52%	17%	19%	10%	19%	24%	14%	24%
Total	9,415	6,606	15%	7%	18%	6%	25%	15%	14%	7%	23%	15%	22%	8%

Second 6 HoNOS items												
Team type	DEP		OTH		REL		ADL		LIV		OCC	
	Adm	Disch	Adm	Disch	Adm	Disch	Adm	Disch	Adm	Disch	Adm	Disch
Alcohol and drug team	41%	24%	67%	38%	45%	34%	28%	16%	17%	15%	18%	23%
Child and youth team	67%	29%	69%	46%	48%	36%	16%	17%	9%	10%	11%	8%
Co-existing problem team	50%		77%		40%		23%		12%		12%	
Community team	50%	22%	66%	38%	43%	23%	26%	11%	14%	6%	24%	12%
Early intervention team	29%	14%	49%	35%	39%	36%	24%	18%	9%	6%	23%	9%
Eating disorders team	61%	23%	98%	63%	38%	24%	33%	17%	7%	4%	15%	6%
Kaupapa Māori team	32%	18%	55%	34%	38%	31%	24%	14%	17%	13%	22%	13%
Maternal mental health team	75%	19%	90%	44%	34%	17%	19%	3%	7%	3%	7%	2%
Needs assessment and service coordination team	26%	21%	61%	49%	46%	29%	44%	42%	21%	18%	26%	32%
Older people team	22%	6%	37%	16%	37%	31%	57%	57%	16%	2%	27%	14%
Pacific people team	31%	9%	36%	7%	32%	23%	19%	8%	15%	8%	20%	15%
Specialty team	58%	24%	62%	41%	57%	41%	38%	24%	25%	7%	46%	28%
Total	51%	21%	68%	39%	42%	23%	25%	11%	13%	6%	22%	11%

Inpatient services

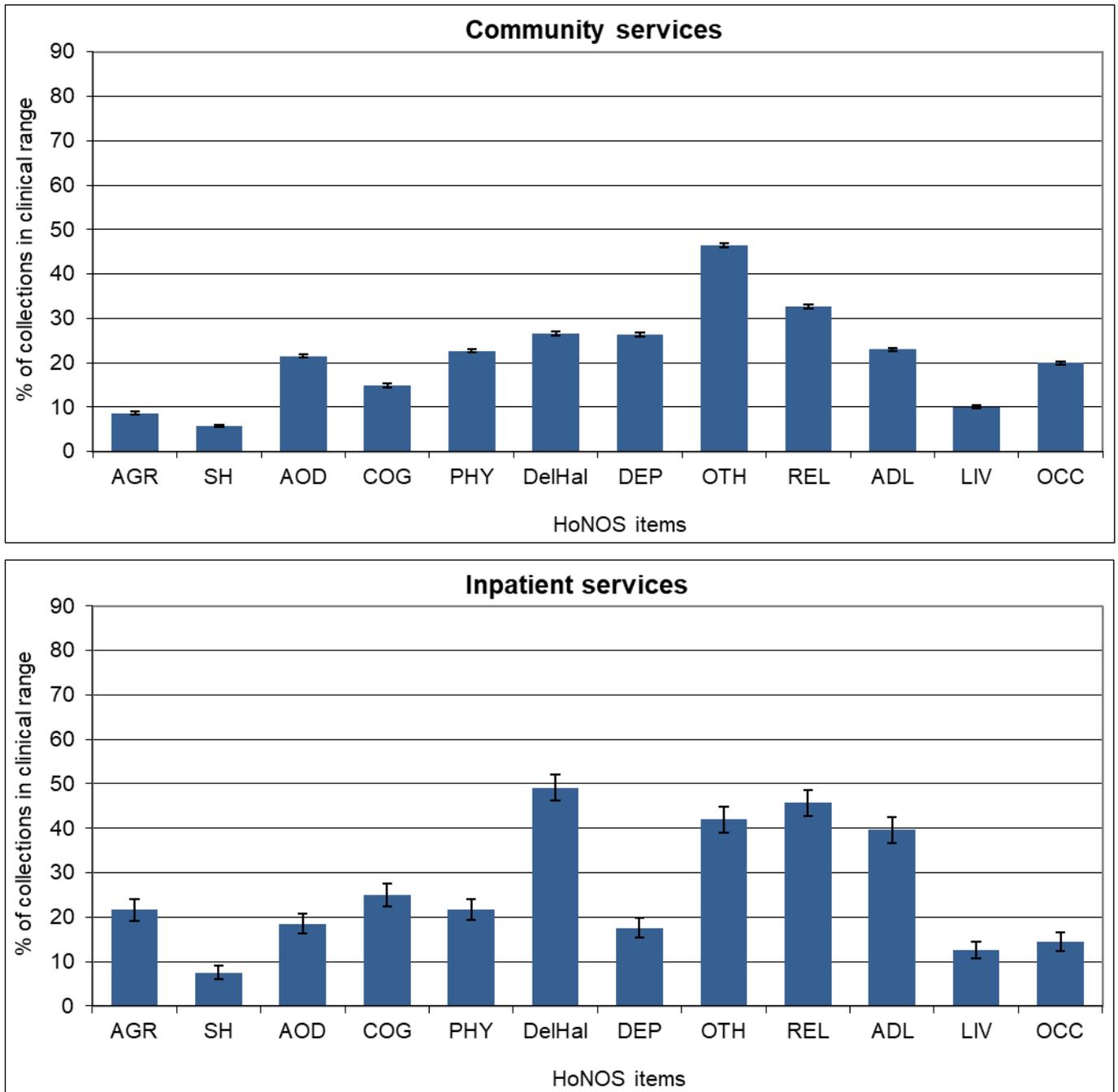
First 6 HoNOS items														
Team type	N		AGR		SH		AOD		COG		PHY		DelHal	
	Adm	Disch	Adm	Disch	Adm	Disch	Adm	Disch	Adm	Disch	Adm	Disch	Adm	Disch
Alcohol and drug team	177	171	8%	11%	5%	2%	100%	99%	7%	6%	38%	34%	7%	5%
Forensic team	27	41	52%	5%	15%	2%	38%	20%	22%	0%	22%	0%	81%	10%
Inpatient team	7,147	5,422	47%	11%	27%	7%	50%	28%	26%	9%	20%	10%	61%	22%
Maternal mental health team	104	92	17%	11%	31%	7%	14%	10%	13%	12%	16%	9%	24%	11%
Older people team	32	22	44%	23%	6%	0%	13%	0%	47%	45%	44%	41%	44%	18%
Total	7,504	5,762	45%	11%	27%	7%	51%	29%	25%	9%	20%	11%	59%	21%
Second 6 HoNOS items														
Team type	DEP		OTH		REL		ADL		LIV		OCC			
	Adm	Disch	Adm	Disch	Adm	Disch	Adm	Disch	Adm	Disch	Adm	Disch	Adm	Disch
Alcohol and drug team	51%	50%	50%	51%	18%	6%	11%	6%	13%	7%	34%	16%		
Forensic team	26%	0%	56%	13%	72%	8%	33%	2%	28%	3%	28%	3%		
Inpatient team	45%	16%	62%	26%	54%	26%	37%	14%	31%	13%	37%	16%		
Maternal mental health team	78%	38%	76%	41%	45%	30%	28%	17%	14%	13%	17%	18%		
Older people team	35%	18%	59%	18%	48%	24%	44%	41%	10%	16%	15%	11%		
Total	45%	18%	62%	27%	53%	26%	37%	14%	30%	13%	37%	16%		

Notes: Percentage of service users in the clinical range (2, 3 or 4) for each HoNOS item. Community discharge does not include discharges to an inpatient unit.

Interpretation: The higher the percentage, the more prevalent the difficulty measured by the item is amongst service users. A greater decrease between admission and discharge suggests a better outcome for the difficulty measured by the item. Items that show medium to high frequency and less change may suggest possible targets for service improvement.

Target: A greater decrease from admission to discharge and smaller percentage in clinical range at discharge.

Graph 5b: Percentage of collections in clinical range on each HoNOS item (review collections): New Zealand, Oct 2025 - Sep 2025



Notes: Percentage of service users in the clinical range (2, 3 or 4) for each HoNOS item on review collections. Due to most admission being less than 91 days, the data set for review collections in inpatient settings is relatively small.

Interpretation: The longer the bar, the more prevalent the difficulty measured by the item is amongst service users.

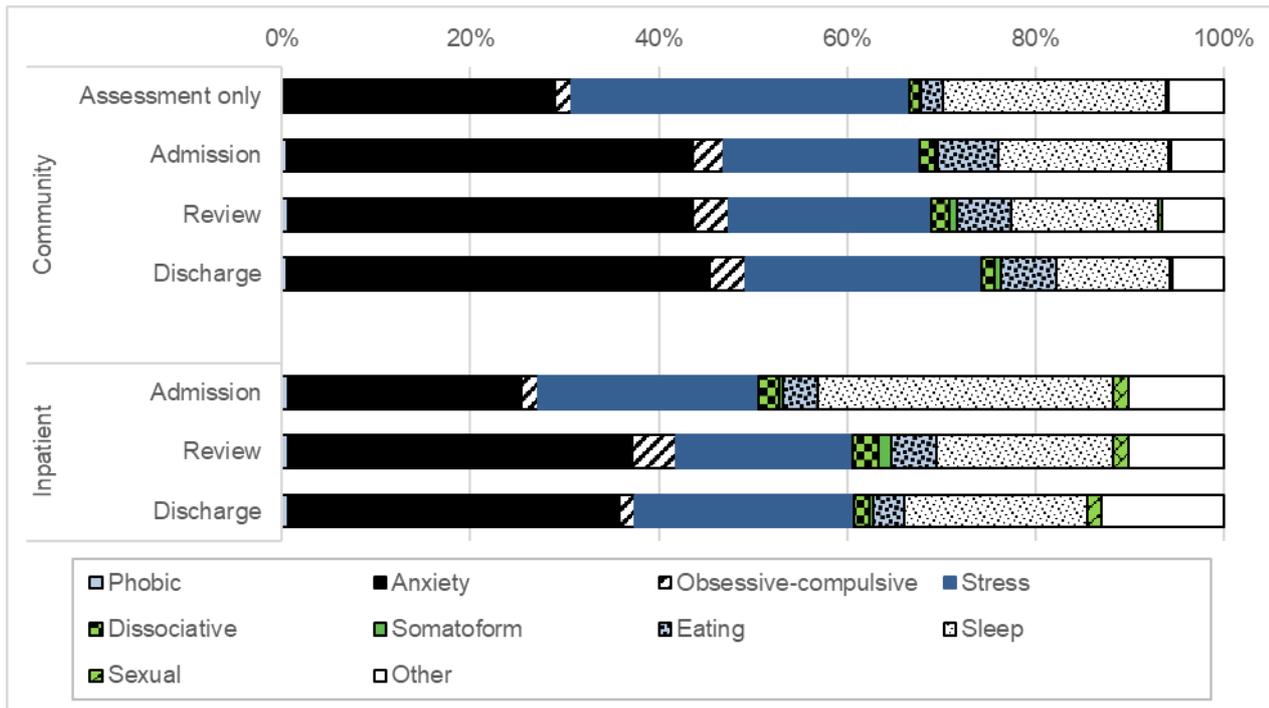
Table 5b: Percentage of collections in clinical range on each HoNOS item (review collections) by team: New Zealand, Oct 2025 - Sep 2025

Team type	N	AGR	SH	AOD	COG	PHY	DelHal	DEP	OTH	REL	ADL	LIV	OCC
Community services													
Alcohol and drug team	1,124	6%	4%	37%	13%	24%	20%	17%	38%	26%	17%	11%	17%
Child and youth team	208	9%	15%	11%	15%	24%	17%	38%	66%	39%	22%	13%	24%
Co-existing problem team	52	8%	4%	69%	21%	37%	31%	25%	60%	44%	21%	19%	23%
Community team	29,405	9%	6%	21%	14%	23%	27%	26%	46%	33%	23%	10%	20%
Early intervention team	768	8%	2%	29%	17%	9%	29%	23%	42%	32%	22%	10%	17%
Eating disorders team	466	7%	14%	10%	19%	39%	12%	55%	90%	42%	34%	7%	18%
Forensic team	81	20%	2%	31%	23%	10%	30%	19%	37%	49%	23%	12%	21%
Kaupapa Māori team	2,053	9%	4%	26%	21%	26%	31%	24%	39%	33%	25%	14%	25%
Maternal mental health team	1,151	6%	5%	4%	7%	16%	2%	53%	80%	31%	9%	6%	4%
Needs assessment and service coordination team	743	12%	7%	26%	35%	27%	48%	24%	47%	43%	40%	17%	24%
Older people team	75	12%	1%	5%	80%	43%	24%	27%	32%	29%	53%	17%	28%
Pacific people team	879	4%	3%	17%	8%	14%	27%	14%	23%	20%	18%	8%	14%
Specialty team	238	13%	9%	28%	24%	47%	28%	40%	68%	43%	42%	16%	36%
Total	37,262	9%	6%	21%	15%	23%	27%	26%	46%	33%	23%	10%	20%
Inpatient services													
Forensic team	136	21%	4%	13%	43%	35%	71%	13%	57%	64%	52%	1%	18%
Inpatient team	981	21%	8%	19%	22%	20%	46%	18%	39%	43%	37%	14%	14%
Total	1,127	22%	8%	19%	25%	22%	49%	18%	42%	46%	40%	13%	14%

Notes: Percentage of service users in the clinical range (2, 3 or 4) for each HoNOS item on review collections. Due to most admission being less than 91 days, the data set for review collections in inpatient settings is relatively small.

Interpretation: The higher the percentage, the more prevalent the difficulty measured by the item is amongst service users.

Graph 5c: Distribution of other mental health and behavioural problems in the clinical range by collection type: New Zealand, Oct 2025 - Sep 2025



Notes: This is for service users in the clinical range (2, 3 or 4) for other mental health and behavioural problems item.

Interpretation: This shows the distribution of what is selected for other mental health and behavioural problems. Other mental health and behavioural problems provides clinicians with the opportunity to rate the most severe clinical problem not covered elsewhere from the following list: phobic, anxiety, obsessive-compulsive, stress, dissociative, somatoform, eating, sleep, sexual, other. Other conforms to an ICD or DSM classification. The most severe clinical problem can change for each collection.

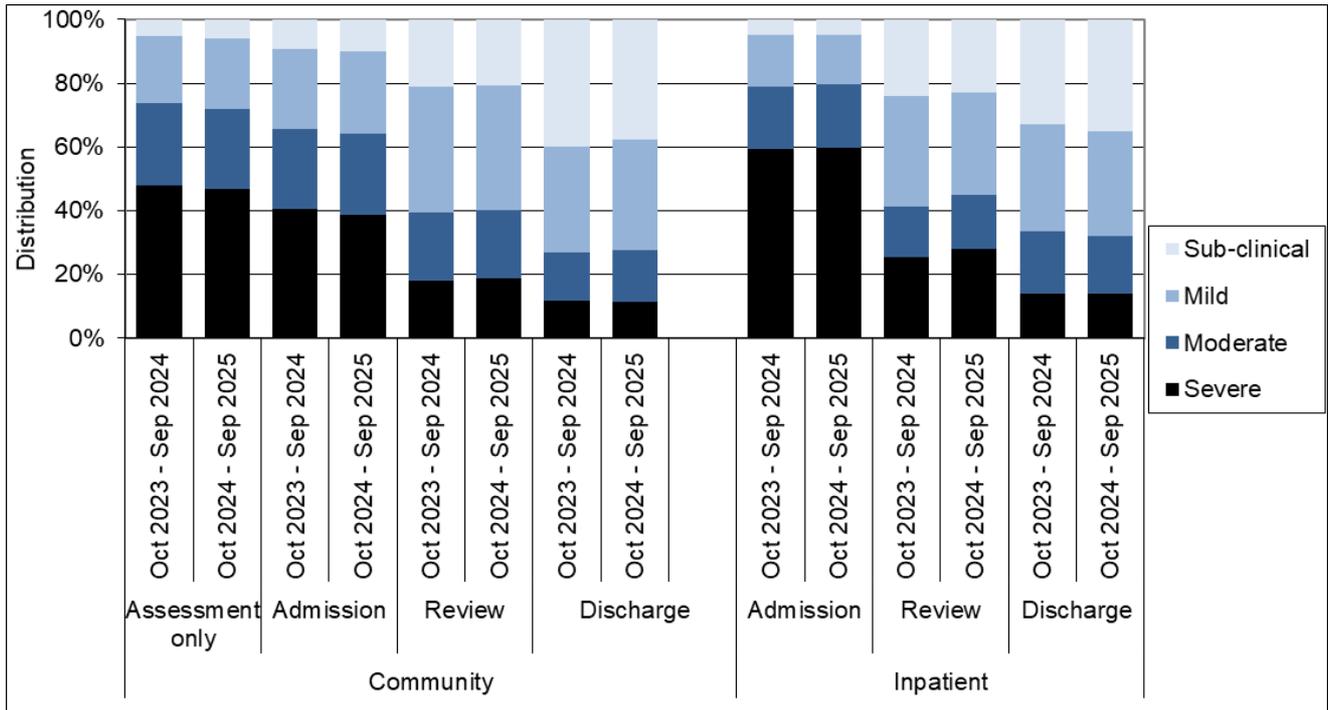
Table 5c: Distribution of other mental health and behavioural problems in the clinical range (admission and review collections) by team: New Zealand, Oct 2025 - Sep 2025

	Phobic	Anxiety	Obsessive-compulsive	Stress	Dissociative	Somatoform	Eating	Sleep	Sexual	Other	Number
Community service											
Alcohol and drug team	1%	35%	2%	29%	1%	0%	2%	22%	0%	4%	571
Child and youth team	0%	47%	5%	15%	1%	0%	8%	11%	0%	6%	156
Co-existing problem team	6%	39%	0%	22%	6%	0%	2%	22%	0%	4%	51
Community team	1%	42%	4%	22%	2%	1%	4%	16%	0%	7%	17,838
Early intervention team	0%	57%	2%	9%	1%	0%	3%	19%	1%	6%	397
Eating disorders team	0%	11%	1%	2%	0%	0%	78%	4%	0%	4%	674
Forensic team	0%	21%	0%	33%	0%	0%	3%	36%	0%	3%	37
Kaupapa Māori team	1%	40%	1%	20%	2%	1%	4%	26%	1%	3%	915
Maternal mental health team	0%	61%	4%	21%	1%	0%	1%	7%	0%	4%	1,708
Needs assessment and service coordination team	0%	31%	4%	29%	2%	0%	5%	18%	1%	11%	383
Older people team	2%	35%	4%	4%	0%	0%	2%	30%	0%	22%	46
Pacific people team	0%	35%	3%	20%	3%	1%	1%	30%	0%	8%	269
Specialty team	0%	36%	2%	17%	1%	0%	20%	21%	1%	1%	204
Total	1%	42%	4%	21%	2%	1%	6%	16%	0%	6%	23,265
Inpatient service											
Alcohol and drug team	3%	79%	0%	8%	0%	0%	1%	0%	0%	9%	89
Eating disorders team	0%	5%	0%	0%	0%	0%	95%	0%	0%	0%	20
Forensic team	0%	45%	5%	17%	2%	0%	5%	17%	2%	7%	84
Inpatient team	1%	24%	2%	24%	2%	0%	4%	31%	2%	10%	4,616
Maternal mental health team	0%	54%	0%	19%	1%	0%	1%	18%	0%	6%	79
Older people team	0%	25%	0%	17%	0%	0%	8%	38%	4%	8%	24
Total	1%	26%	2%	23%	2%	0%	4%	30%	2%	10%	4,913

Notes: This is for admission and review collections. This is for service users in the clinical range (2, 3 or 4) for other mental health and behavioural problems item.

Interpretation: The shows the distribution of what is selected for other mental health and behavioural problems.

Graph 6: Index of Severity ratings for HoNOS by collection type: New Zealand, Oct 2023 - Sep 2024 and Oct 2025 - Sep 2025



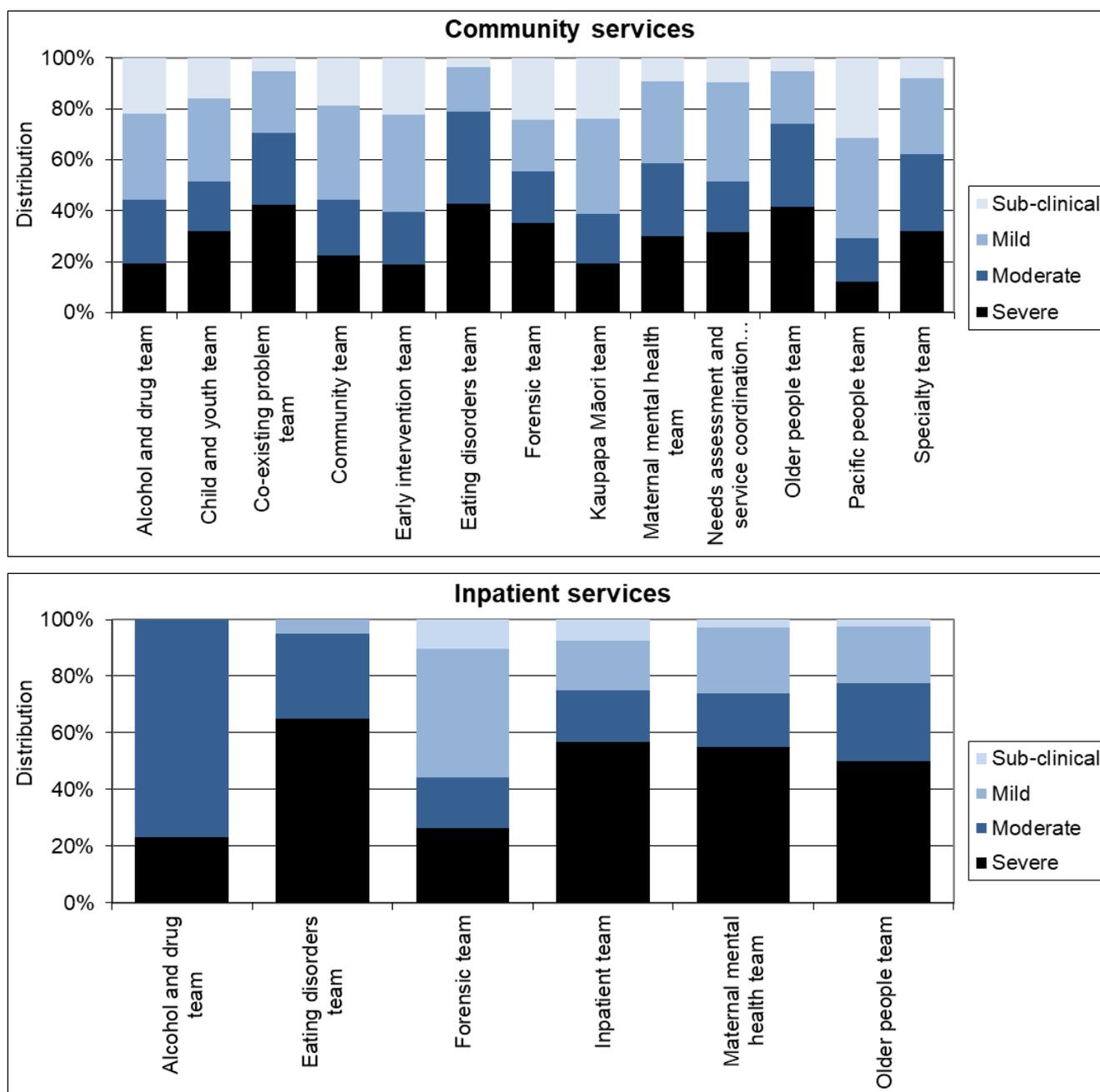
Notes: Community discharge does not include discharge to an inpatient unit. Index of Severity: Sub clinical = all items <2, mild = at least one item >1 and all items <3, moderate = at least one item >=3, severe = at least 2 items >=3 using first 10 items.

Interpretation: Darker bars indicate higher overall level of severity. More positive outcome is shown by larger decrease in darker sections of bar between admission and discharge.

2. Other measures of service activity

This section presents other information related to data collected in PRIMHD that may be helpful for understanding how teams are operating. This includes information relevant to caseload intensity and team activity.

Graph 7: Index of Severity for HoNOS (admission and review collections) by team, New Zealand, Oct 2025 - Sep 2025



Notes: Only data related to collection at admission and review is included so that results reflect the severity of service users during their engagement with the service. Index of Severity: Sub clinical = all items <2, mild = at least one item >1 and all items <3, moderate = at least one item >=3, severe = at least 2 items >=3 using first 10 items.

Interpretation: This graph gives an impression of the overall severity of the caseload for different teams at admission. The longer the darker bar, the higher the overall severity of the team’s caseload.

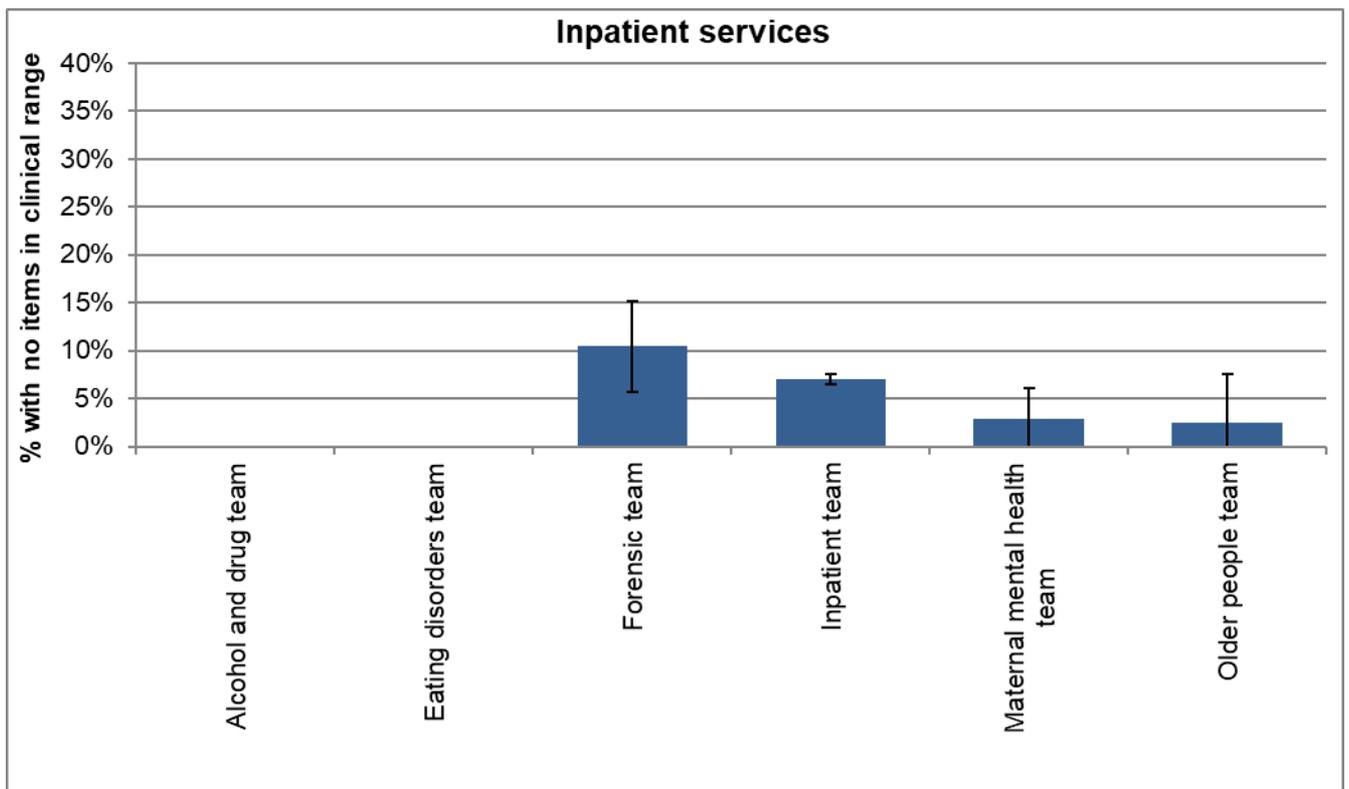
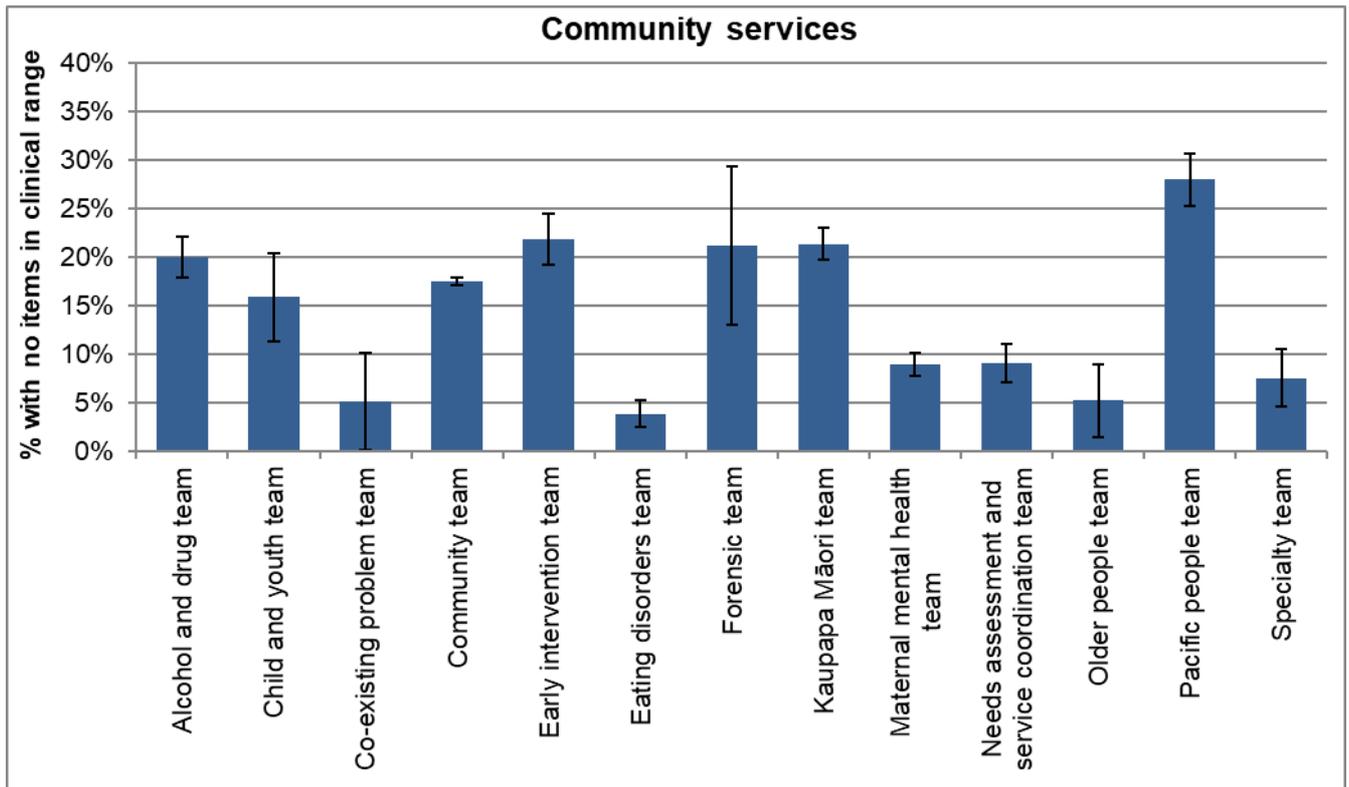
Table 7: Index of Severity for HoNOS by collection type and team: New Zealand, Oct 2025 - Sep 2025

Team type	Assessment only					Admission					Review					Discharge				
	Sub	Mild	Mod	Sev	N	Sub	Mild	Mod	Sev	N	Sub	Mild	Mod	Sev	N	Sub	Mild	Mod	Sev	N
Community services																				
Alcohol and drug team	5%	16%	25%	54%	337	4%	33%	26%	37%	245	26%	34%	25%	15%	1,124	24%	29%	28%	19%	149
Child and youth team	9%	22%	15%	54%	101	2%	25%	14%	59%	44	19%	34%	21%	26%	208	33%	35%	22%	10%	72
Co-existing problem team						8%	12%	35%	46%	26	4%	31%	25%	40%	52					
Community team	6%	22%	25%	48%	8,966	11%	26%	25%	38%	7,102	21%	40%	21%	18%	29,414	38%	35%	16%	11%	5,034
Early intervention team						12%	42%	21%	26%	171	25%	37%	21%	17%	769	31%	38%	16%	15%	115
Eating disorders team	2%	9%	28%	61%	46	1%	6%	41%	52%	272	5%	24%	34%	37%	466	29%	31%	26%	14%	146
Forensic team											25%	22%	21%	32%	81					
Kaupapa Māori team	12%	36%	27%	24%	74	15%	32%	18%	34%	265	25%	38%	19%	17%	2,053	38%	29%	15%	17%	143
Maternal mental health team	10%	31%	22%	36%	154	4%	22%	30%	44%	892	13%	40%	28%	19%	1,151	46%	37%	12%	5%	727
Needs assessment and service coordination team	7%	40%	25%	29%	133	11%	30%	19%	41%	54	10%	40%	20%	31%	743	8%	45%	21%	26%	38
Older people team						5%	15%	33%	47%	60	5%	25%	32%	37%	75	12%	31%	22%	35%	49
Pacific people team						21%	40%	19%	19%	191	34%	39%	17%	10%	879	56%	25%	16%	2%	87
Specialty team	8%	26%	32%	34%	410	4%	23%	35%	38%	69	9%	32%	29%	30%	238	38%	34%	7%	21%	29
Total	6%	22%	25%	47%	10,274	10%	26%	26%	39%	9,421	21%	39%	22%	19%	37,275	38%	35%	16%	11%	6,611
Inpatient service																				
Alcohol and drug team						0%	0%	77%	23%	177						1%	4%	77%	18%	171
Forensic team						7%	26%	22%	44%	27	11%	49%	17%	23%	136	71%	17%	7%	5%	41
Inpatient team						5%	16%	18%	61%	7,158	25%	30%	17%	28%	981	36%	34%	16%	14%	5,422
Maternal mental health team						3%	23%	19%	55%	104						29%	40%	15%	15%	92
Older people team						3%	25%	31%	41%	32						32%	23%	32%	14%	22
Total						5%	15%	20%	60%	7,517	23%	32%	17%	28%	1,127	35%	33%	18%	14%	5,762

Notes: Sub = sub clinical, Mild = mild, Mod = moderate, Sev = severe on Index of Severity. Only admission collection data is included so that results reflect the severity of service users during their engagement with the service. Index of Severity: Sub clinical = all items <2, mild = at least one item >1 and all items <3, moderate = at least one item >=3, severe = at least 2 items >=3 using first 10 items. Community discharge does not include discharge to an inpatient unit.

Interpretation: Larger percentages in the columns to the right for each type of collection, the higher the overall severity of the team's caseload.

Graph 8: Collections with no HoNOS items in clinical range: New Zealand, Oct 2025 - Sep 2025



Notes: Includes admission and review collections. Shows percentage of service users with all HoNOS items less than two, ie no HoNOS items in the clinical range.

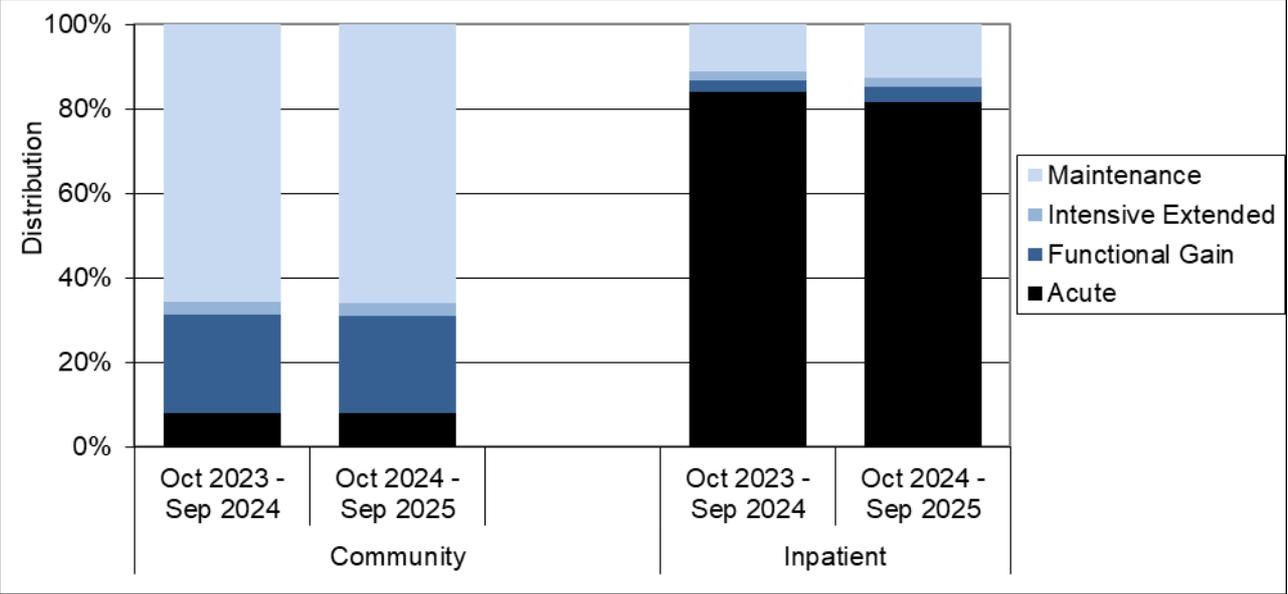
Interpretation: There are a variety of reasons that may make it appropriate for service users to remain in the service even though they show no HoNOS items in the clinical range. However, teams showing a larger or substantial percentage of service users with no HoNOS items in the clinical range could benefit from reviewing these cases to ensure that the service remains appropriate for this service user.

Table 8: Collections with no HoNOS items in clinical range: New Zealand, Oct 2025 - Sep 2025

Team type	Number of collections with no items in clinical range	Percentage with no items in clinical range
Community services		
Alcohol and drug team	273	20%
Child and youth team	40	16%
Co-existing problem team	4	5%
Community team	6,388	17%
Early intervention team	205	22%
Eating disorders team	28	4%
Forensic team	21	21%
Kaupapa Māori team	495	21%
Maternal mental health team	182	9%
Needs assessment and service coordination team	72	9%
Older people team	7	5%
Pacific people team	299	28%
Specialty team	23	7%
Total	8,038	17%
Inpatient services		
Alcohol and drug team	0	0%
Eating disorders team	0	0%
Forensic team	17	10%
Inpatient team	568	7%
Maternal mental health team	3	3%
Older people team	1	3%
Total	589	7%

Notes: For further information see notes for graph 8.

Graph 9: Focus of care categories: New Zealand, Oct 2023 - Sep 2024 and Oct 2025 - Sep 2025



Notes: Data from review and discharge collections.

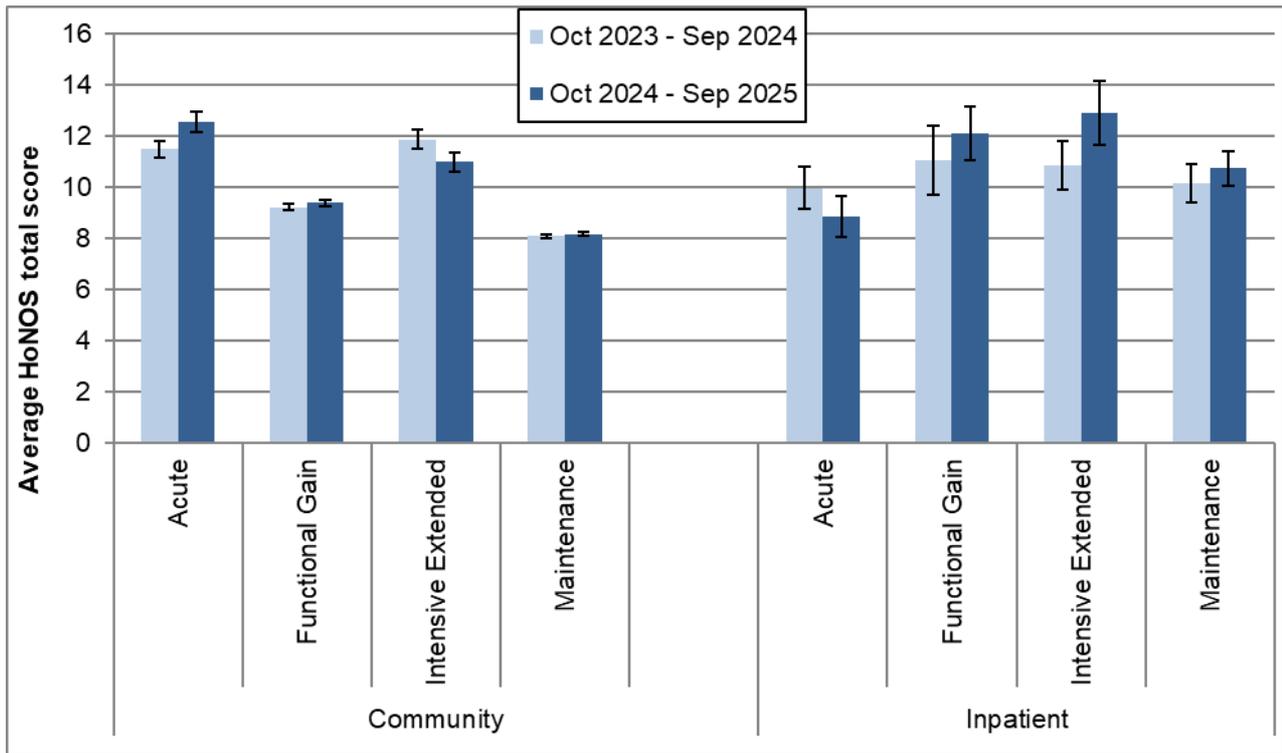
Interpretation: Darker bars indicate more intensive involvement in care, so a longer, darker bar in general suggests more intensive working. A longer functional gain bar and shorter maintenance bar potentially suggests more recovery focused ways of working.

Table 9: Focus of care categories by team: New Zealand, Oct 2023 - Sep 2024 and Oct 2025 - Sep 2025

Team type	Acute		Functional gain		Intensive extended		Maintenance		Number of collections	
	Last	This	Last	This	Last	This	Last	This	Last	This
Community services										
Alcohol and drug team	7%	5%	19%	15%	3%	7%	72%	73%	1,471	1,258
Child and youth team	4%	6%	31%	24%	7%	7%	58%	64%	277	250
Co-existing problem team	9%	11%	48%	46%	9%	0%	35%	43%	23	28
Community team	9%	8%	22%	22%	3%	3%	66%	66%	33,429	33,121
Early intervention team	4%	5%	37%	36%	2%	1%	56%	57%	985	919
Eating disorders team	6%	10%	48%	51%	9%	12%	36%	28%	630	582
Forensic team	9%	6%	12%	15%	3%	3%	76%	76%	110	95
Kaupapa Māori team	3%	4%	11%	8%	3%	1%	82%	87%	1,956	2,117
Maternal mental health team	8%	6%	52%	61%	3%	1%	37%	33%	1,733	1,783
Needs assessment and service coordination team	3%	4%	12%	11%	3%	5%	82%	80%	672	697
Older people team	10%	6%	8%	8%	1%	0%	81%	86%	136	125
Pacific people team	5%	5%	17%	13%	0%	0%	78%	82%	901	928
Specialty team	7%	12%	32%	33%	2%	3%	59%	53%	323	276
Total	8%	8%	23%	23%	3%	3%	66%	66%	42,657	42,202
Inpatient services										
Alcohol and drug team	100%	100%	0%	0%	0%	0%	0%	0%	183	171
Forensic team	7%	8%	4%	6%	39%	31%	50%	56%	187	163
Inpatient team	86%	83%	3%	4%	1%	1%	10%	12%	6,530	6,013
Maternal mental health team	83%	91%	14%	1%	0%	0%	3%	7%	63	82
Older people team		66%		0%		10%		24%		29
Total	84%	82%	3%	4%	2%	2%	11%	13%	7,001	6,471

Notes: For further information see notes for Graph 9.

Graph 10: HoNOS total score (review collections) by focus of care: New Zealand, Oct 2023 - Sep 2024 and Oct 2024 - Sep 2025



Notes: This data is just for review collections.

Interpretation: Points are significantly different if error bars do not overlap. A general downward trend in scores from acute to maintenance focus of care might be expected.

Table 10: HoNOS total score (review collections) by focus of care by team: New Zealand, Oct 2025 - Sep 2025

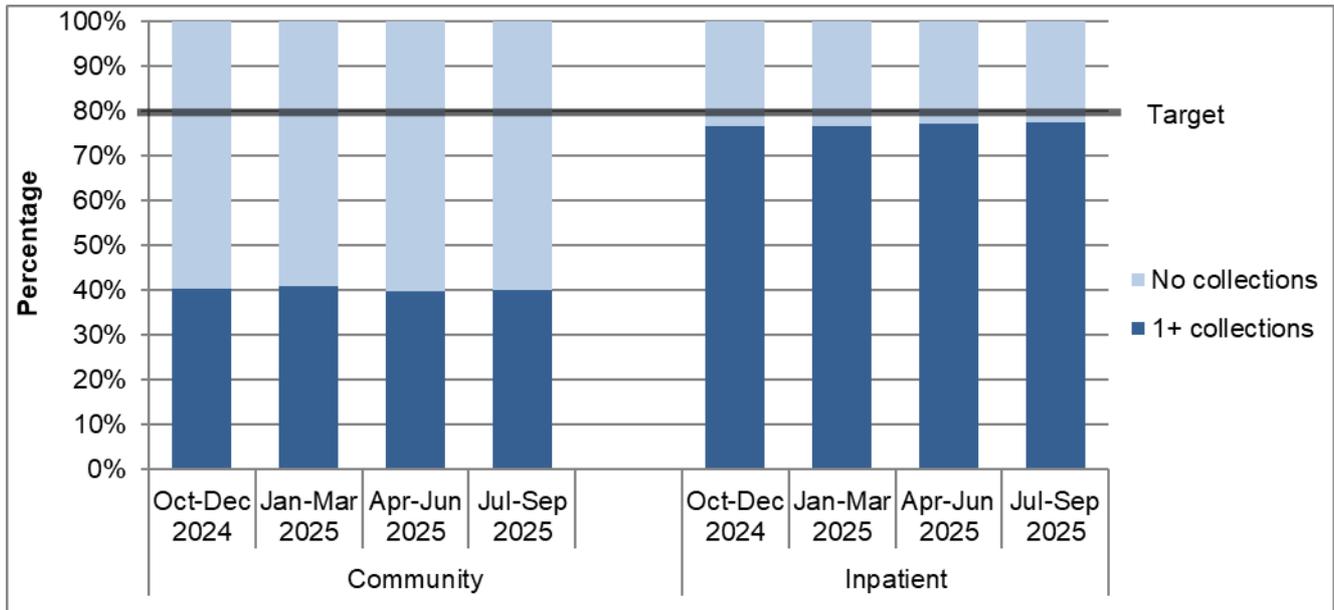
Team type	Acute			Functional Gain			Intensive Extended			Maintenance		
	N	Mean	CI	N	Mean	CI	N	Mean	CI	N	Mean	CI
Community services												
Alcohol and drug team	31	16.1	12.6-19.5	153	9.6	8.8-10.4	66	10.1	8.5-11.7	869	6.9	6.6-7.3
Community team	1,078	12.0	11.6-12.4	54	11.5	9.7-13.3				126	9.1	8.0-10.1
Community team				6,141	9.2	9.0-9.3	936	10.9	10.5-11.3	19,745	8.2	8.1-8.2
Early intervention team	24	17.3	13.3-21.4	267	9.2	8.5-9.9				408	6.9	6.4-7.5
Eating disorders team	47	13.9	12.5-15.2	196	11.1	10.2-12.0	42	12.9	11.2-14.6	145	9.1	8.4-9.9
Forensic team										72	9.8	8.4-11.2
Kaupapa Māori team	50	14.7	12.6-16.8	193	11.5	10.6-12.4	31	13.2	11.2-15.2	1,679	9.4	9.1-9.7
Maternal mental health team	23	10.2	7.5-12.9	651	7.9	7.6-8.3				315	6.7	6.2-7.1
Needs assessment and service coordination team				77	10.3	9.4-11.3	30	13.5	10.5-16.5	556	11.2	10.7-11.7
Older people team										63	11.7	10.1-13.4
Pacific people team				108	8.7	7.8-9.5				700	6.2	5.8-6.6
Specialty team				92	12.6	11.1-14.1				157	11.8	10.8-12.8
Total	1,310	12.5	12.1-12.9	7,972	9.2	9.1-9.4	1,157	11.2	10.8-11.5	24,853	8.2	8.2-8.3
Inpatient services												
Forensic team							49	12.2	10.5-13.9	80	11.6	10.3-12.8
Inpatient team	408	8.7	7.9-9.5	118	12.1	11.0-13.2	49	13.3	11.4-15.3	292	10.5	9.7-11.3
Total	415	8.8	8.0-9.6	123	12.1	11.1-13.1	101	12.9	11.6-14.1	374	10.7	10.1-11.4

Notes: For further information see notes for Graph 10.

3. Collection completion and validity

This section presents information about the completeness and validity of the data on which the remainder of this report is based. It also shows the current targets for the variables presented.

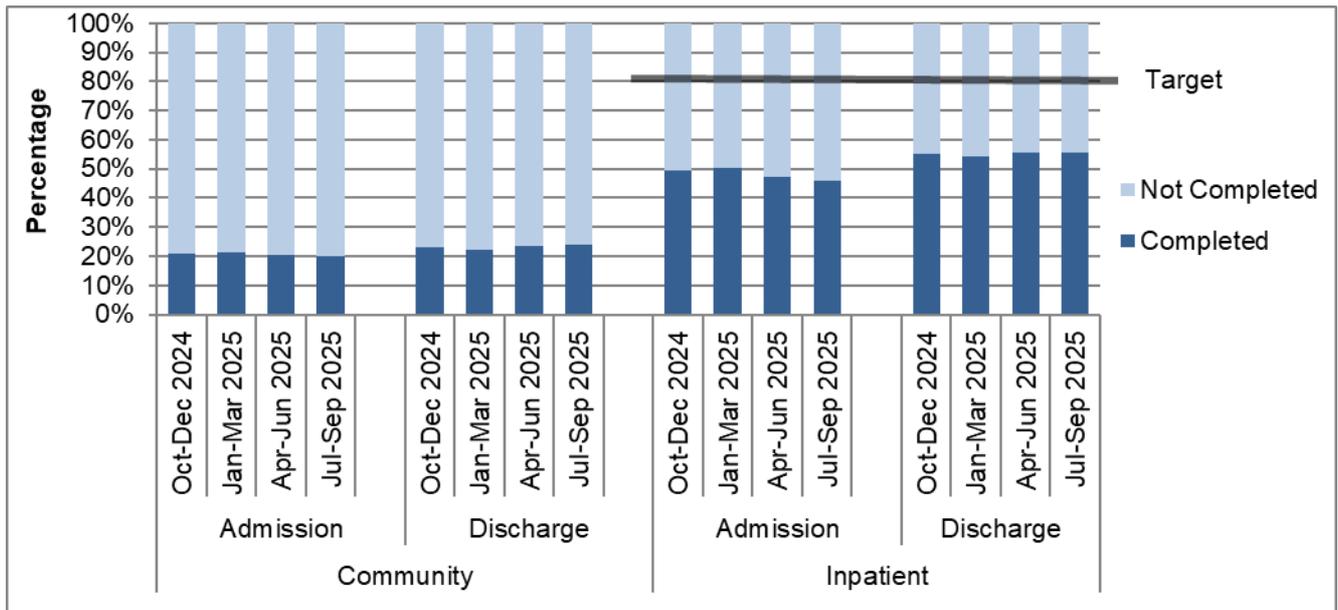
Graph 11: Percentage of service users with at least one collection during the period in a quarter: New Zealand, Oct 2024 – Sep 2025 (18 to 64 years)



Interpretation: The longer the dark part of the bar, the more completely the data set includes all service users, and the more meaningful and representative the graphs, tables, and analyses using these data will be. This data is approximate due to movement of service users between teams and similar variations; however, it does provide a reasonably accurate representation of completion of measures. Only data with valid collections is included.

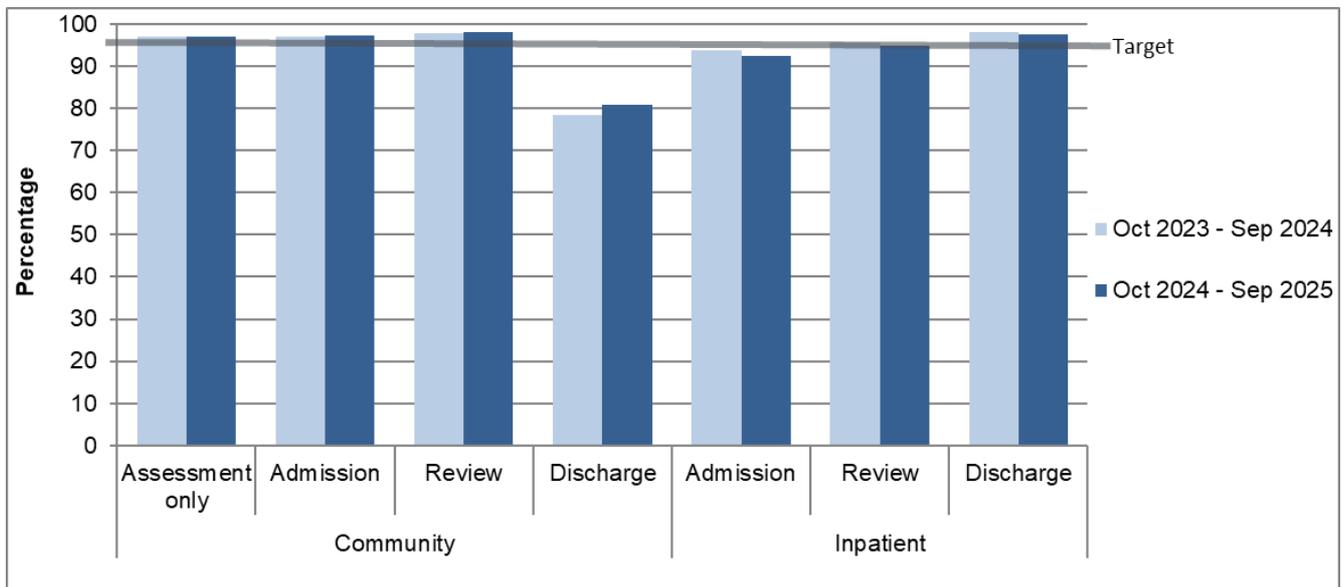
Target: To meet or exceed the target shown on the graph for the percentage of service users with at least one collection within the period.

Graph 12: Percentage of service users with admission and discharge collections completed by quarter: New Zealand, Oct 2024 – Sep 2025 (18 to 64 years)



Interpretation: The longer the dark bar, the larger the percentage of admission and discharge that had the relevant data collection type. Data is approximate due to movement of service users between teams and similar variations; however, it does provide a reasonably accurate representation of completion of measures. Only data with valid collections is included.

Graph 13: Percentage of valid collections, HoNOS: New Zealand, Oct 2023 - Sep 2024 and Oct 2024 - Sep 2025



Notes: Valid = Two or fewer of the 12 items scored as unknown or missing. Discharge excludes collection types for lost to care, discharge dead and brief episode of care. Collection in drug and alcohol teams is not required, therefore AOD data is excluded.

Interpretation: The longer the dark lines, the higher the percentage of valid scores.

Target: Aim for 95% valid collections.

Table 13: Invalid collections by team, by HoNOS item: New Zealand, Oct 2025 - Sep 2025

Team type	% Invalid			Number of invalid ratings by HoNOS item												Total number
	Adm	Rev	Dch	1	2	3	4	5	6	7	8	9	10	11	12	
Community services																
Child and youth team	2%	0%	5%	4	4	8	5	6	7	5	6	4	4	5	5	435
Community team	3%	2%	20%	2,375	2,496	3,096	2,607	2,576	2,636	2,611	2,687	2,723	2,735	2,891	3,165	55,311
Early intervention team	4%	1%	22%	60	64	72	69	57	74	62	81	67	68	78	98	1,225
Eating disorders team	1%	0%	8%	16	21	21	17	17	15	18	17	21	19	21	26	979
Forensic team		4%	0%	2	2	0	2	4	3	2	1	0	2	1	3	135
Kaupapa Māori team	4%	1%	27%	119	132	137	134	120	144	124	135	126	126	139	132	2,765
Maternal mental health team	1%	3%	18%	218	215	222	215	211	215	211	215	215	220	237	220	3,210
Needs assessment and service coordination team	0%	1%	9%	9	13	12	9	9	10	11	12	10	10	18	16	1,004
Older people team	0%	1%	5%	5	5	6	5	4	8	5	5	5	4	6	4	216
Pacific people team	1%	1%	21%	50	51	57	50	50	57	54	54	50	50	47	70	1,297
Specialty team	1%	3%	11%	13	14	31	13	13	22	20	18	18	16	23	29	774
Total	3%	2%	19%	2,872	3,019	3,663	3,127	3,068	3,193	3,126	3,232	3,240	3,255	3,467	3,769	67,390
Inpatient services																
Eating disorders team				0	0	0	0	0	0	0	0	0	0	0	0	34
Forensic team	13%	0%	2%	2	2	3	1	3	2	2	4	8	0	5	9	209
Inpatient team	8%	6%	2%	133	258	618	403	299	292	389	543	643	470	983	1,162	14,229
Maternal mental health team	0%		0%	0	0	3	0	0	2	0	0	1	1	6	7	196
Older people team	6%		12%	2	2	4	2	2	2	3	4	6	2	16	17	68
Total	8%	5%	2%	137	262	628	406	304	298	394	551	658	473	1,010	1,195	14,737

Notes: Per cent (%) invalid collections = the percentage of collections that had three or more of the 12 items scored as unknown or missing. Number of invalid ratings by HoNOS item = for each of the HoNOS items, the number of collections for which that item was unknown or missing. Discharge excludes collection types for lost to care, deceased and brief episode of care. Collection in drug and alcohol teams is not required, therefore AOD data is excluded. **Interpretation:** The lower the per cent invalid, the higher the percentage of valid scores. The lower the number of invalid collections by HoNOS item, the more collections that have valid data on that HoNOS item. **Target:** Aim for 95% valid collections (5% invalid collections) or better. Aim for as few invalid items as possible, with all items having a similar validity rate.