



# Te Mana Hononga: the power of connection

A framework for reducing  
restrictive practices



## Mātau-a-wheako: Shaping services through lived experience

Whānau and  
tāngata whai ora  
are partners, not  
passengers



Ehara taku toa i te toa takitahi,  
engari he toa takitini

*My strength is not mine alone, but  
from many*

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## Rangatiratanga: Leading collective values-focused change and growth

Leaders model  
manaaki, unity, and  
authenticity



He waka eke noa  
*We are all in this together*

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## Whakapakari: Developing the workforce for collective wellbeing

Training builds  
confidence, cultural  
safety builds trust



Nāu tō rourou, nāku rourou  
ka ora ai te iwi

*With your food basket and mine,  
the people will thrive*

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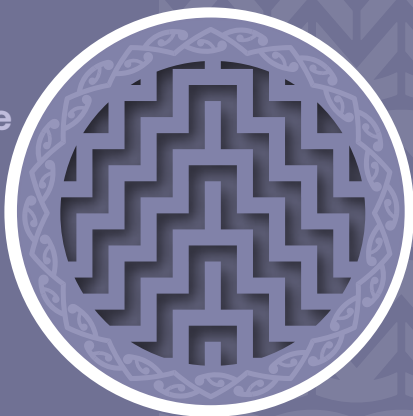
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## Raraunga: Using data to improve equitable outcomes

Data tells stories –  
share them with  
transparency and  
respect



O le ala i le pule o le tautua  
*The pathway to leadership is  
through service*

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## Haumaru: Tools that promote safety and connection

Prevention tools are  
first-line options, not  
last resort



Ko te whānau ko au, ko  
au ko te whānau  
*The collective is me, I am the  
collective*

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## Rauora: Healing and learning from harm

Debriefing restores  
relationships and  
builds learning



Motu ka na'e navei  
*The basket strap may be  
broken but it is still holding*