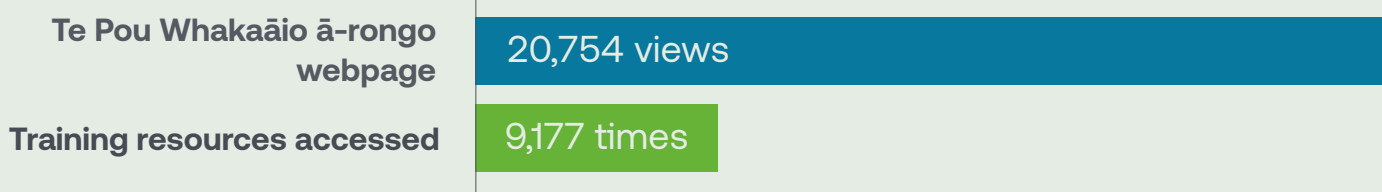


# Whakaāio ā-rongo training package evaluation summary



Te Pou launched the Whakaāio ā-rongo sensory modulation training package in July 2024 to support people in building skills and knowledge in sensory modulation. An evaluation was carried out to explore how the resources were used and their impact on people's mahi. This summary highlights key findings from that evaluation.

## From July 2024 to February 2025



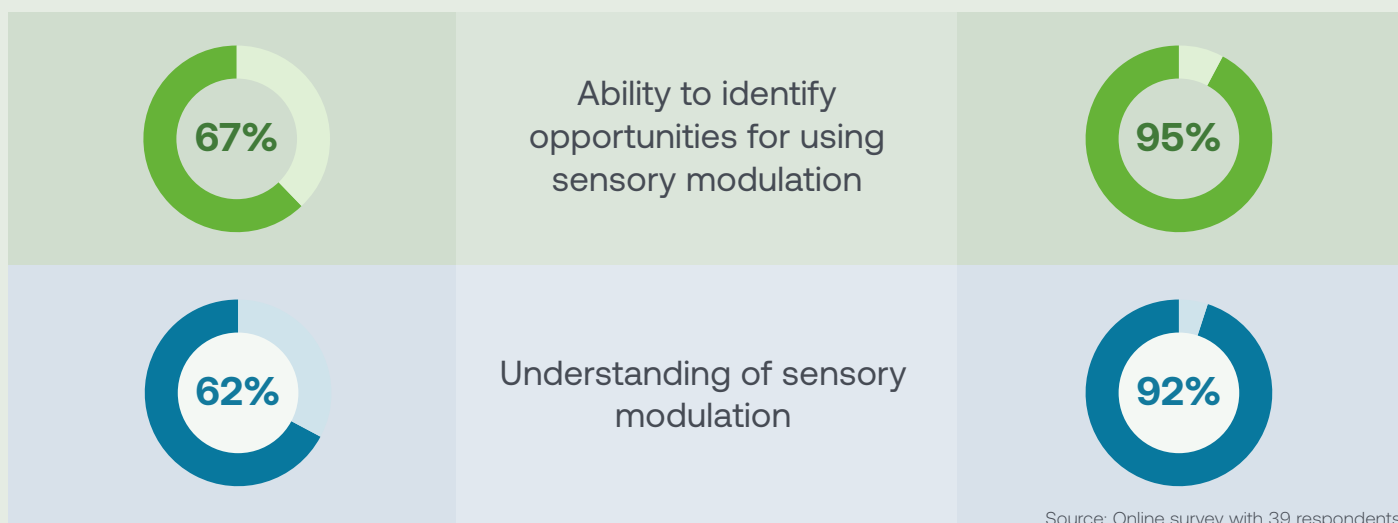
## The evaluation reports include data from



## Impact on participants' understanding of sensory modulation

Before engaging with the resources

After engaging with the resources



Read the phase one and two evaluation reports online at <https://www.tepou.co.nz/initiatives/least-restrictive-practice-2/sensory-modulation/sensory-modulation-whakaāio-ā-rongo-training-package>

## Changes in practice as a result of engaging with the training package:

### ***Better understanding of sensory needs***

“

I think enhanced critical thinking skills in the sense of they now have a bigger awareness of sensory needs as a whole opposite to just this is something we should be thinking about.

— National therapeutic recreation lead

### ***Increased awareness of culturally appropriate sensory modulation resources***

“

This resource has inspired me to consider cultural sensory modulation and broadened my perspective on using culturally appropriate tools

— Occupational therapist, older persons mental health

### ***Connecting suitable resources to people and whānau***

“

It's essential that whānau are informed about sensory modulation techniques to provide support. We share resources to help them understand de-escalation and recognise necessary strategies

— Family whānau advisor

## Suggested areas for improvement

Enhance accessibility by improving website navigation and adding features like hover-over descriptions.

Ensure inclusivity by adapting content to meet diverse cultural backgrounds and accessibility needs.

Enhance awareness by hosting regular workshops and webinars to showcase available resources