

What is important for infant services?

HoNOSI (Health of the Nation Outcome Scales for Infants) is a simple measure used in infant services (0 to 3 years). It has 15 items scored from 0 to 4 where 0 is no problem and 4 is a serious problem.

HoNOSI was mandated by Health New Zealand Te Whatu Ora to be collected by infant mental health services from July 2024. The HoNOSI collections go into PRIMHD, where this data is taken from.

HoNOSI completion for infant services

Of the infants 0 to 3 years what percentage had a collection.

Jul to Sep 2024

48%

Oct to Dec 2024

61%

Jan to Mar 2025

50%

Top 7 items with highest percentage which are clinically significant

Percentage with an items score of 2 to 4.

HoNOSI has 15 items. The 7 items that scored highest for clinical significance are presented.

Emotional & related symptoms or over-controlled emotional regulation

86%

Disruptive behaviour/irritability/under controlled emotional regulation

86%

Family life & relationships

74%

Knowledge or understanding about the nature of the infant's difficulties

66%

Regulation and integration of sensory processing

60%

Sleep

53%

Activity levels, joint and/or sustained attention

51%

Index of severity

Admission

85%

Review

71%

Discharge

24%

29%

30%

16%

Severe = at least 2 items ≥ 3 using first 13 items

Mild = at least one item > 1 and all items < 3

Moderate = at least one item ≥ 3

Sub clinical = all items < 2

The index of severity graph indicates that infant services are working with high levels of severity at admission and review. These are significantly lower on discharge.