

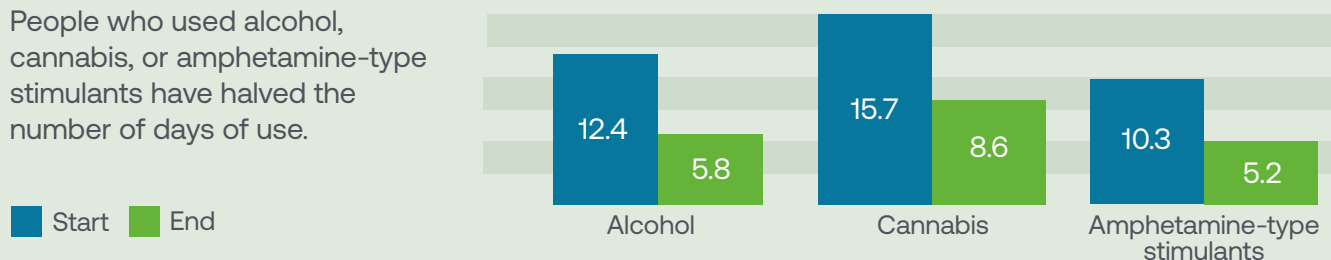
Alcohol and drug outcome measure (ADOM) – Improvements during treatment

ADOM is mandated to be offered to tāngata whai ora in community-based outpatient addiction services since July 2015. It comprises 20 questions divided into three sections covering: frequency of substance use, lifestyle and wellbeing, and satisfaction with treatment progress and recovery.

This infographic uses PRIMHD data for the period July 2024 to June 2025 and provides selected information from **ADOM report 20**. It uses matched pair data where people completed the ADOM both at the beginning and end of treatment.

Change in substance use (days used)

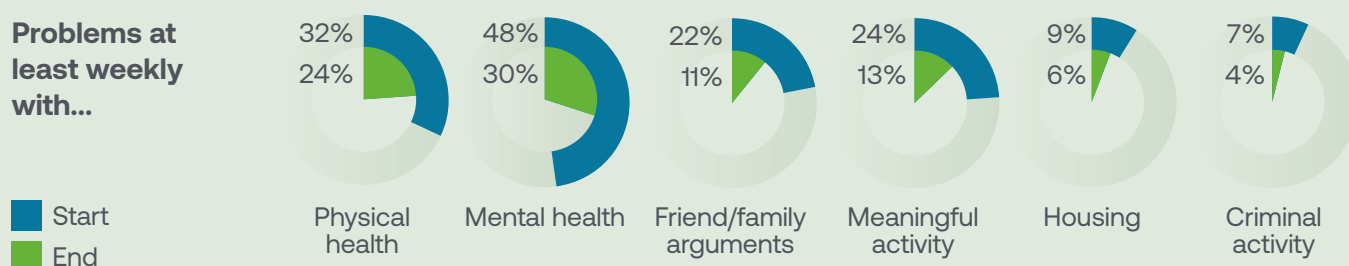
People who used alcohol, cannabis, or amphetamine-type stimulants have halved the number of days of use.



Change in lifestyle and wellbeing domains

People experienced positive changes in their lifestyle and wellbeing on average, particularly in mental and physical health, fewer arguments with whānau and friends, and engagement in meaningful activities. Stronger housing support can further improve outcomes.

Problems at least weekly with...



Change in how close people feel in their recovery

On average, people reported feeling closer and more satisfied with their recovery progress at the end of treatment.

Average rating (10 is best possible)

