

Hope



Let's get real 

*Real Skills for working with people and whānau
with mental health and addiction needs*

He rā ki tua, he rā mokopuna pea

**Tomorrow is another day,
a superb day perhaps**

We believe that hope is fundamental to wellbeing, and that a life that has meaning and value for the person is always possible. We support people to have hope.

Respect, Manaaki, Hope,
Partnership, Wellbeing and
Whanaungatanga are the
Let's get real values



tepou.co.nz/letsgetreal

