



Let's get real

Real Skills for working with people and whānau with mental health and addiction needs

Kia kotahi te hoe

Paddle in unison

We work in partnership with people and whānau who are accessing services. We listen, hear and respect. We support choice, shared decision-making and equity. We value the strengths and expertise that people and whānau bring. We value the expertise of all colleagues, groups and services and work in collaboration to support people and whānau.

Respect, Manaaki, Hope, Partnership, Wellbeing and Whanaungatanga are the Let's get real values



